Glommaløpet 10 miles individuelt
Historikk

Navn	Klubb	Ant.	Bestetid	2018	2017	2016	2015	2014	2013
Aambakk, Maria T.	K-REKNESKAP AS	1	2:14:58	02:14:58					
Aarek Kidd, Shani Wilhelmina		1	1:55:07				1:55:07		
Aarekol, Jakob	COWI AS	1	1:08:33			1:08:33			
Aarmo, Sverre Sigurd	SARPSBORG SYKLEKLUBB	2	1:29:26	01:36:20		1:29:26			
Aarsbog, Svein Anders		1	1:10:14		1:10:14				
Aas, Hans Rudi		1	1:28:43				1:28:43		
Aas, Heine Kristoffer	VARTEIG BOYZ	4	1:26:47		1:26:47		1:28:37	1:30:35	1:44:32
Aas, Svein Kåre	PRIVAT	1	1:25:51					1:25:51	
Aase, Kine		2	1:25:22			1:26:58		1:25:22	
Aasen, Benjamin	SARPSBORG ORIENTERINGSLAG	1	1:05:31			1:05:31			
Aasen, Marte Marie		1	1:40:12		1:40:12				
Aasen, Ole Johnny		2	1:33:35			1:44:58	1:33:35		
Aasland, Thorleiv	SKILØPERNE - NORDEA BIL	3	1:12:06			1:12:06	1:13:18	1:18:51	
Aasli, Hilde Christin		4	1:35:10	01:48:54		1:36:59	1:35:10	1:39:41	
Abrahamsen, Karl-Ivar		1	1:38:25		1:38:25				
Adamek, Wieslaw		2	1:19:38				1:19:38	1:31:56	
Adolfsen, Morgan		1	1:25:04				1:25:04		
Adomaitis, Darius		1	1:20:35				1:20:35		
Agerup, Stina		1	1:37:29			1:37:29			
Agnalt, Sigrid Helene		1	1:38:32					1:38:32	
Aguillaume, Regis	TRENINGSCAMP	1	1:29:51						1:29:51
Aigård, Anders		1	1:38:36			1:38:36			
Akre, Anne-Mette	FRESENIUS KABITRACK BIL	1	1:39:15			1:39:15			
Akselsen, Andreas	JACKON	2	1:11:24		1:13:12		1:11:24		
Aleksandersen, David		1	1:25:11					1:25:11	
Alfei Martinsen, Arne	TEAM MARTINSEN	1	1:31:40		1:31:40				
Alim, Richard	SOON CK	1	1:23:54					1:23:54	
Alnæs, Tom Christian	-	2	1:27:24					1:27:24	1:35:08
Ambjørnsen, Truls Martin	RT 27 FREDRIKSTAD	2	1:16:51			1:16:51	1:18:11		
Amundsen, Anders		1	1:34:45				1:34:45		
Amundsen, Cathrine		1	1:23:46		1:23:46				
Amundsen, Freddy	SEFA	1	1:15:43						1:15:43
Amundsen, Frode	IL EXPRESS	1	1:06:24	01:06:24					
Amundsen, Joakim		1	1:10:10		1:10:10				
Amundsen, Marte		1	1:18:35						1:18:35

Glommaløpet 10 miles individuelt
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Amundsen, Simen	KVERNHUSET BIL	2	1:04:58		1:04:58	1:04:58			
Amundsen, Svein	EIDANGER IL	1	1:13:11		1:13:11				
Andersen, Anne Marie		1	1:35:13				1:35:13		
Andersen, Audun		1	1:20:34					1:20:34	
Andersen, Fredrik	NORTIC	2	1:23:08	01:24:44		1:23:08			
Andersen, Frits Atle	FORSVARET	1	1:20:47					1:20:47	
Andersen, Frode		3	1:14:48		1:14:48	1:17:48	1:24:38		
Andersen, Frode		2	1:44:39			1:44:39		1:45:07	
Andersen, Hilde-Marie		1	1:23:12				1:23:12		
Andersen, Håvard		1	1:36:08					1:36:08	
Andersen, Jørgen		2	1:11:11		1:11:11	1:37:26			
Andersen, Kjersti Gram	SKIMILAJOGGEN	2	1:29:37	01:44:48				1:29:37	
Andersen, Knut Viggo	FREDRIKSTAD IF	2	1:07:18			1:08:06	1:07:18		
Andersen, Lars Petter	SARPSBORG BILSENTER A/S	1	1:30:38	01:30:38					
Andersen, Lene Margarete		1	1:40:21				1:40:21		
Andersen, Magnus Cato	FREDRIKSTAD IF	1	1:05:12	01:05:12					
Andersen, Marcus	OPPEGÅRD IL SKIGRUPPEN	1	1:22:51			1:22:51			
Andersen, Maria		2	1:23:18			1:31:57	1:23:18		
Andersen, Martin Winsvold		1	1:25:48		1:25:48				
Andersen, May Britt		1	1:41:46				1:41:46		
Andersen, Mayna		1	1:45:48						1:45:48
Andersen, Mette Dahle	TEAM SMILEY	2	1:24:46		1:24:46	1:26:51			
Andersen, Ole Christian		1	1:15:07			1:15:07			
Andersen, Ole Christian		1	1:15:50			1:15:50			
Andersen, Ole Christian		1	1:11:02		1:11:02				
Andersen, Ole Petter	MOSSJONISTENE	1	1:51:43					1:51:43	
Andersen, Ole-Henrik	SARPSBORG IDRETTSRÅD	3	1:32:30		1:32:30	1:40:47		1:35:42	
Andersen, Petter		2	1:22:34			1:25:43	1:22:34		
Andersen, Rasmus		1	1:45:03					1:45:03	
Andersen, Terje	SARPSBORG ARBEIDERBLAD	1	1:37:37			1:37:37			
Andersen, Thomas	TEAM ENGELSVIKEN	1	1:09:30					1:09:30	
Andersen, Wibeke	AKTIV MOT KREFT	1	1:46:15	01:46:15					
Andersen, Øystein		1	1:22:42				1:22:42		
Andersrød, Arnt		5	1:12:39	01:24:11	1:15:18	1:14:38	1:12:39	1:19:50	
Andersrød, Odd Arne		1	1:59:53						1:59:53
Andrassen, Renate		1	2:38:55	02:38:55					

Glommaløpet 10 miles individuelt
Historikk

Andreassen, Mette		1	1:20:59				1:20:59		
Andresen, Atle	KF ENTREPRENØR AS	2	1:24:50	02:15:03		1:24:50			
Andresen, Carina		1	1:48:28	01:48:28					
Andresen, Stig	FREDRIKSTAD IF	4	1:11:22	01:20:18		1:14:08	1:11:22	1:13:59	
Andresen, Terje	SARPSBORG ARBEIDERBLAD	3	1:36:32		1:37:17		1:36:32	1:48:41	
Andresen, Thomas	VARTEIG IL	2	1:08:13			1:11:45		1:08:13	
Andresen, Øystein Jurgen	SARPSBORG IL	4	1:27:20	01:50:36	1:32:13	1:45:21	1:27:20		
Anfinsen, Wenche	FREDRIKSTAD SKIKLUBB	1	1:25:07					1:25:07	
Angelskår, Steinar	FREDRIKSTAD IF	2	1:20:05	01:20:05		1:23:19			
Angeltveit, Lise		1	1:30:59		1:30:59				
Appelgren, Kaja Rikheim	TEAM FRL	1	1:15:04		1:15:04				
Arnesen, Camilla Opstad	TRASTI OG TRINE AS	3	1:17:18	01:21:54	1:17:18		1:27:42		
Arnesen, Jan Morten		1	1:38:33					1:38:33	
Arnesen, Jon Oddvar	FREDRIKSTAD TRIATLONKLUBB	1	1:08:24	01:08:24					
Arnesen, Jostein	BRAATHE GRUPPEN	1	1:20:13		1:20:13				
Arnesen, Mads	FREDRIKSTAD SKIKLUBB	2	1:04:25		1:04:25	1:09:14			
Arnesen, Magnus	ROLVSØY VEKTLØFTERKLUBB	2	1:19:36		1:19:36		1:24:49		
Arnesen, Thor		1	1:28:23				1:28:23		
Arnesen, Vanja		1	1:36:20		1:36:20				
Arntsen, Ketil	CK ØST	1	1:15:20	01:15:20					
Arntzen, Morten Moberg	KONGSTEN IF	2	1:15:52				1:15:52	1:29:20	
Asbjørnsen, Ann-Kristin Skjelle		1	2:00:00		2:00:00				
Asbjørnsen, Jonatan		2	1:27:44	01:49:25	1:27:44				
Asklien, Marit S.		1	1:29:11				1:29:11		
Aspelund, Hilde	SKYTTERHUSET T.L.	1	1:47:25			1:47:25			
Asprem, Bjørn Ove		2	1:20:15			1:20:19	1:20:15		
Aster, Bente	RIKSKONSERTENE	1	1:23:00			1:23:00			
Aube Damsleth, Harald	ZENITH SURVEY	1	1:23:02			1:23:02			
Aubell, Helene		1	1:36:05				1:36:05		
Auberg, Anders		1	2:01:51					2:01:51	
Auberg, Tone		1	2:01:52					2:01:52	
Augustin, Vidar	TEAM AUGUSTIN	4	1:20:22	01:28:34		1:27:05	1:20:22		1:24:49
Aurebekk, Ingvild	FSK / DØLASLETTA IL	4	1:13:40			1:19:23	1:13:40	1:15:05	1:17:32
Aurebekk, Lars	FREDRIKSTAD SKIKLUBB	4	1:02:07		1:05:40	1:06:45	1:02:07	1:02:38	
Austbø, Sven Ove		1	1:21:11				1:21:11		
Baardsgaard, Linn		1	1:46:47			1:46:47			

Glommaløpet 10 miles individuelt
Historikk

Baarstad, Morten		1	2:04:01					2:04:01	
Bacari, Cass		1	1:44:07					1:44:07	
Bakke, Bente		1	1:51:55					1:51:55	
Bakke, Mona		1	1:56:38					1:56:38	
Bakke, Morten	BAKKE RANGERS	1	1:56:38					1:56:38	
Bakke, Siri	MOSS SKIKLUBB	1	1:38:23					1:38:23	
Bakken, Jon Sindre		1	1:30:27					1:30:27	
Bakken, Kent Gøran		1	1:15:25					1:15:25	
Bakkeng, Camilla Lynne		2	1:28:51		1:28:51	1:31:09			
Bakker, Alexander Huser		1	1:34:42	01:34:42					
Bakker, Robin	SKJETTEN SVØMMING TRIATHLON	1	1:09:15	01:09:15					
Bakkerud, Siv		1	1:42:21						1:42:21
Bakkevik, Anette	SPENST SKJEBERGSENTERET	1	1:41:04					1:41:04	
Balchen, Jon		1	1:23:53	01:23:53					
Balchen, Jon Andreas		2	1:15:22		1:15:22	1:33:05			
Ballangby, Terje		3	1:28:29	01:48:38	1:28:29	1:36:13			
Ballovarre, Kim-Erik	HVALER KOMMUNE	2	1:32:23		1:32:23			1:41:25	
Bamrud, Arne	SARPSBORG WHISKY SYMPOSIUM	2	1:12:42					1:12:42	1:14:30
Barstad, Christian		1	1:24:33		1:24:33				
Barstad, Ida Cecilie		1	1:22:21	01:22:21					
Barstad, Stian		2	1:27:45		1:27:45	1:33:37			
Basberg, Steinar	FREDRIKSTAD IF	3	1:10:08			1:11:52	1:10:08		1:11:35
Bausovac, Sasa		1	1:25:09		1:25:09				
Baustad, Alexander		1	1:33:56	01:33:56					
Becker, Cathrine	KOLL IL	1	1:40:03			1:40:03			
Been, Anne Signe	MOSS CK	1	1:13:08					1:13:08	
Bekkelien, Mari		1	1:45:17		1:45:17				
Bekkstrand, Rolf Henrik		1	1:03:57		1:03:57				
Bellmann, Linda		1	1:47:00						1:47:00
Bellmann, Ronnie		1	1:31:19						1:31:19
Belstad, Marius	ONSØY RUNNERS	1	1:24:40			1:24:40			
Benco, Paul	HOVEDSTADSKAMERATENE	1	1:14:38			1:14:38			
Bendiksby, Axel		1	1:06:32				1:06:32		
Benediktsdottir, Agnes	SKILØPERNE	2	1:14:45	01:39:29			1:14:45		
Bengtsson, Monica		1	2:05:16						2:05:16
Bennetsen, Jesper		1	1:21:03		1:21:03				

Glommaløpet 10 miles individuelt
Historikk

Bentsen, Marit		1	2:08:35		2:08:35				
Bentzen, Oda		1	1:38:22		1:38:22				
Berg, Andreas		1	1:36:13				1:36:13		
Berg, Christian	KELDA VIKINGS BIL	1	1:30:46	01:30:46					
Berg, Christine K	ØREÅSEN IL	2	1:22:27		1:22:27	1:29:22			
Berg, Heidi		1	1:41:19	01:41:19					
Berg, Heidi Strømnes		3	1:26:33		1:26:33	1:28:31	1:29:45		
Berg, Herman	TORP FOTBALLKLUBB	1	1:15:58			1:15:58			
Berg, Jon	HANSA BORG	1	1:31:37					1:31:37	
Berg, Kai	FREDRIKSTAD IF	1	1:12:55	01:12:55					
Berg, Magnus	VISMA BIL	1	1:58:45	01:58:45					
Berg, Robin		1	1:20:36			1:20:36			
Berg, Roger	TARGET BIL	2	1:35:36	01:45:15				1:35:36	
Berg, Ronny	TEAM ENGELSVIKEN	1	1:47:54					1:47:54	
Berg, Terje	SALENKIRKEN HALDEN	3	1:32:18			1:32:18	1:32:59	1:54:31	
Berg, Thomas		1	1:31:30	01:31:30					
Bergby, Dag Henrik	AKTIV FOR EPILEPSI	1	1:48:49	01:48:49					
Berge Johansson, Ingjerd	KURLAND SKOLE AVD. REGNBUEN	1	1:51:28					1:51:28	
Berge, Nina Borovski		2	1:32:44			1:35:26	1:32:44		
Berger, Line	STOREMYR IL	2	1:29:45			1:36:33	1:29:45		
Bergerud, Ole-Kristian	BERGERUD RUNNERS	2	1:19:44	01:19:44	1:20:49				
Berget, Håvard	MULTICONSULT	2	1:01:16		1:01:28	1:01:16			
Bergli, Anniken		1	1:37:49			1:37:49			
Bergli, Morten		4	1:07:29		1:07:29		1:23:46	1:21:49	1:24:29
Bergsland, Andreas	TRØSKEN IL	1	0:58:46		0:58:46				
Bergsland, Eirik	VARTEIG IL	1	1:11:13		1:11:13				
Bergsland, Marte	TRØSKEN IL	3	1:28:20	01:43:56	1:28:20	1:35:19			
Bergstrøm, Tina	FREDRIKSTAD IF	3	1:19:39	01:22:17	1:19:39	1:22:36			
Bergum, Cathrine	JELØY FYSIOTERAPI	1	1:27:21						1:27:21
Bergum, Svein	MOSS CK / EUROPRIS	2	1:16:47					1:16:47	1:19:47
Berhelsen, Ida	OSLO IDRETTSLAG	1	1:26:09			1:26:09			
Berntsen, Tore	MARKEDSPARTNER	2	1:23:12		1:23:12	1:29:08			
Berntzen, Catharina		1	1:48:33				1:48:33		
Berntzen, Rune		3	1:13:28		1:13:28	1:16:02	1:17:57		
Berthelsen, Gunnar	LYN	4	1:07:43		1:07:43	1:08:23		1:07:43	1:10:19
Berthelsen, Ida	OSLO IDRETTSLAG	1	1:16:39		1:16:39				

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Berthelsen, Katarina	NTNU. MARINTEKNIKK LØPEKLUBB	1	1:17:37		1:17:37				
Bertheussen, Kim	TEAM TRIA FAMILY	1	1:09:17			1:09:17			
Bertheussen, Øystein		3	1:06:03			1:06:03	1:06:38	1:10:27	
Birkeland, Susanne		1	1:43:58					1:43:58	
Bjercke, Jørn Anders		2	1:22:30				1:23:24	1:22:30	
Bjercke, Jørn Cato	JCB HAGE OG GRØNTAREALER AS	4	1:47:30	01:54:16		1:49:48	1:47:30	1:50:26	
Bjerk, Trond	BJERKEN	3	1:18:36	01:32:54	1:18:36	1:24:36			
Bjerkehagen, Bill	TRØMBORG IL	3	1:23:00		1:23:00	1:23:52	1:27:15		
Bjerkenes, Birgitte		1	1:20:41				1:20:41		
Bjerkholt, Linda		1	1:35:44				1:35:44		
Bjerknes, Linnea	GJENSIDIGE SPORT ØST	1	1:32:30			1:32:30			
Bjornstad, Frederik	BORN TO RUN	3	1:03:47			1:06:53	1:03:47		1:09:37
Bjur, Magnus	BUPP FREDRIKSTAD	1	1:06:53		1:06:53				
Bjurstrøm, Erik		1	1:19:35				1:19:35		
Bjærum, Roar		2	1:14:06				1:14:06	1:17:02	
Bjørge, Åge Kristian	FREDRIKSTAD IF	1	1:20:44						1:20:44
Bjørgulfsen, Siri	HVALER BOOTCAMP	1	1:48:42	01:48:42					
Bjørke-Hill, Jon	HØGSKOLEN I ØSTFOLD BIL	3	1:10:17		1:10:44	1:12:19	1:10:17		
Bjørkenes, Espen		3	1:20:48	01:20:48		1:25:05		1:25:32	
Bjørkli, Hallvard		2	1:09:26				1:09:26	1:13:36	
Bjørkli, Ragnhild		2	1:29:20			1:29:20	1:36:33		
Bjørkå, Remi		2	1:23:42			1:23:42	1:26:39		
Bjørland, Frode	KVERNHUSET FREDRIKSTAD	4	1:06:59	01:10:23	1:06:59	1:09:33		1:19:43	
Bjørling, Trond		1	1:26:53				1:26:53		
Bjørndal, Torger	STOREMYR IL	2	1:22:05			1:36:33	1:22:05		
Bjørnebekk, Fredrik		2	1:16:39				1:16:39		1:40:31
Bjørnebekk, Stian		3	1:26:10	01:35:20			1:30:03	1:26:10	
Bjørnebekk-Waagen, Fredrik	FREDRIKSTAD TRIATHLONKLUBB	2	1:20:59		1:20:59	1:22:02			
Bjørnerud, Kari-Anne		1	1:24:02			1:24:02			
Bjørnland, Marit		1	1:55:38	01:55:38					
Bjørnnes, Jon Fredrik		1	1:55:05					1:55:05	
Bjørnstad, Andreas	FOSBY STILLAS AS	1	1:25:09		1:25:09				
Bjørnstad, Geir		1	1:18:42				1:18:42		
Bjørnstad, Morten		1	1:30:06				1:30:06		
Bjørnstad, Tor Gunnar		1	1:01:15					1:01:15	
Bjørnstad, Viggo	SARPSBORG IL	4	1:11:57			1:21:59	1:11:57	1:13:50	1:17:10

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Blomkvist, Jan Edvin	OBOS	3	1:20:31	01:27:20	1:20:31		1:20:38		
Blomkvist, Line		2	1:56:24	02:00:27	1:56:24				
Blomkvist, Thomas	FREDRIKSTAD SKIKLUBB	1	1:24:20	01:24:20					
Bogetveit, Karoline		3	1:30:02	01:47:53		1:42:34	1:30:02		
Bolin, Merete		2	1:16:36				1:16:36	1:19:06	
Bones, Rune	TORGET TANNHELSE	1	1:17:27		1:17:27				
Borchgrevink, Lise	SKILØPERNE	1	1:40:19					1:40:19	
Borg, Øystein		2	0:58:11		0:58:11	1:02:01			
Borge, Atle	LYN REGNSKAP AS	2	1:33:50		1:39:20	1:33:50			
Borge, Camilla	LYN REGNSKAP AS	3	1:37:41	01:50:41	1:37:41	1:48:11			
Borge, Håkon	ÅS IL	1	1:11:52	01:11:52					
Borgen-Johanen, Lise Lavoll	TEAM ROBUST	1	1:04:45		1:04:45				
Borger, Thomas	IMTECH	2	1:23:10				1:23:10	1:23:54	
Borgersen, Elin		2	1:47:19	01:54:38					1:47:19
Borgmo, Kjellrun		2	1:58:02			2:09:16	1:58:02		
Borgmo, Knut Gunnar		2	1:56:07			2:00:45	1:56:07		
Bossum, Tor Erling	TEAM FYSIO	1	1:18:18					1:18:18	
Braathen, Ole Bjørn	SJÅSTAD VESTRE LIER	2	1:13:49		1:13:54			1:13:49	
Brastad, Ingrid	BØLER IF FRIIDRETT	1	1:26:40			1:26:40			
Brastad, Ole Kristian	BØLER IF FRIIDRETT	1	1:27:50			1:27:50			
Bratsberg, Vidar Buer		1	1:28:38	01:28:38					
Brattstrøm, Gøran	ASKIM IF	2	1:26:49		1:26:49	1:26:58			
Braut, Birgitte		1	1:35:44	01:35:44					
Bregård, Kjetil	UNDHEIM IL	1	1:03:43			1:03:43			
Brenne, Jonsigurd	SARPSBORG IL	2	1:06:33	01:16:53	1:06:33				
Brenne, Martin		1	1:44:31						1:44:31
Brewster, Daniel		2	1:09:40				1:09:40	1:15:51	
Briancourt, Pål		2	1:37:42	01:45:12	1:37:42				
Bringsvor, Tonje	SKILØPERNE	3	1:31:43		1:39:14		1:31:43	1:40:12	
Bristol, Pål		1	1:37:49	01:37:49					
Brox, Cecilie		1	1:33:14			1:33:14			
Brox, Håkon	NORGE	1	0:56:13						0:56:13
Brox, Knut A.	NORDREISA IL	1	1:16:52						1:16:52
Brox, Synøve	STURLA	1	1:10:10						1:10:10
Bruce, Peder		1	1:29:04		1:29:04				
Bruheim, Morten		2	1:15:21			1:15:21	1:24:55		

Glommaløpet 10 miles individuelt
Historikk

Bruknapp, Nils Petter		1	1:36:34	01:36:34					
Brunke, Nils		1	1:41:16						1:41:16
Brusevold, Cathrine		1	1:30:56			1:30:56			
Bryhn, Cato		1	1:43:51		1:43:51				
Brynildsen, Anders	BRYNILD GRUPPEN	5	1:15:22	01:20:29	1:15:22	1:16:21	1:16:06	1:19:08	
Brynildsen, Robin	FREDRIKSTAD TRIATLON KLUBB	3	1:11:43			1:13:58	1:11:43	1:17:58	
Brynildsen, Stine		1	1:33:57					1:33:57	
Brække, Magnus		1	1:43:26					1:43:26	
Bråten, Ida	VEIDEKKE BIL	2	1:19:25			1:19:25		1:27:44	
Bråten, Inger Johanne		2	1:35:51				1:43:01	1:35:51	
Bråten, Øyvind		1	1:13:28				1:13:28		
Bråthen Blekken, Vetle		2	1:16:39			1:17:22	1:16:39		
Bråthen Tangen, Trym		2	1:27:12			1:27:41	1:27:12		
Bråthen, Elin	HIRVI RIDERS	2	1:29:49				1:29:49	1:35:26	
Bråthen, Frank Robert		3	1:13:33				1:13:33	1:21:03	1:17:21
Bråthen, Fredrik		1	1:24:40				1:24:40		
Bråthen, Jahn Otto		1	1:19:05		1:19:05				
Bråthen, Michael		1	1:41:28					1:41:28	
Bråthen, Mona		1	1:20:10		1:20:10				
Bråthen, Per		1	1:12:44				1:12:44		
Bråthen, Roy	ØSTFOLD ENERGI	2	1:27:38			1:31:46	1:27:38		
Buckholm, Petter	MULTICONSULT	1	1:16:17		1:16:17				
Buflod, Hilde		2	1:31:02	01:48:04			1:31:02		
Bukholm, Trond-Reidar	HALDEN IL	1	1:08:53					1:08:53	
Bull, Håkon	TJØME LØPEKLUBB	1	1:03:14		1:03:14				
Bunes, Anne	TEAM BONS	1	1:32:59			1:32:59			
Bunes, Maria		2	1:30:55		1:30:55	1:33:23			
Bye, Stian	SOONLØP	3	1:10:06		1:10:06	1:13:28	1:14:20		
Bye, Theodor		1	1:38:19				1:38:19		
Byfuglien, Ingrid	SYNNFJELL O- LAG	1	1:33:36					1:33:36	
Byfuglien, Martin	HALDEN FENGSEL	1	1:42:08					1:42:08	
Bysted, Thomas	RT 27 FREDRIKSTAD	3	1:24:26			1:35:51	1:44:37	1:24:26	
Bø, Renate		1	1:32:26		1:32:26				
Bøckmann, Patrik		1	1:27:46	01:27:46					
Bøhle, Kristian Lous		1	1:40:16	01:40:16					
Bøhn, Claes Jørgen		1	1:19:36				1:19:36		
Bøhn, Raymond	PRIVATMEGLEREN	1	1:24:02			1:24:02			
Bøhn, Rolf E.	HALDEN IL	2	1:07:59			1:14:37	1:07:59		

Glommaløpet 10 miles individuelt
Historikk

Bølset, Synnøve Mollan		1	2:12:03			2:12:03			
Børve, Jacob	GRAABEIN	1	1:25:44			1:25:44			
Bøvre, Knut		2	1:19:55	01:29:09	1:19:55				
Bårdsen, Christine		1	1:44:50	01:44:50					
Carlsen, Annette		1	1:39:55				1:39:55		
Carlsen, Jon Harald	HALDEN	3	1:10:19		1:10:19	1:12:31	1:13:57		
Castrini, Anna Isotta		1	1:46:17			1:46:17			
Christensen, Carina		1	1:45:49	01:45:49					
Christensen, Dorthe		1	1:50:31			1:50:31			
Christensen, Hilde	HILDE CHRISTENSEN	1	1:29:30		1:29:30				
Christensen, Ida		1	1:50:32			1:50:32			
Christensen, Oddbjørn		1	1:23:58			1:23:58			
Christensen, Øystein E. D.		1	1:39:53						1:39:53
Christiansen, Frode		1	1:17:43				1:17:43		
Christiansen, Jonas		1	1:22:46	01:22:46					
Codiglia, Irene		1	1:39:05			1:39:05			
Collier, Gunvor		1	1:45:50					1:45:50	
Collier, Steve	ATOMEN HALDEN BIL	3	1:11:21		1:21:58		1:11:21	1:12:45	
Coward, Lars Gorgus		1	1:25:50	01:25:50					
Cubas, Ole-Petter	NESODDEN IF	1	1:17:30			1:17:30			
Dagfinrud, Linn Hansen		1	1:20:37				1:20:37		
Dahl, Birgitte Wold	FRIS	2	1:30:32		1:39:08		1:30:32		
Dahl, Erling		2	1:13:48	01:18:08			1:13:48		
Dahl, Gry Austvik		2	1:27:31				1:27:31	1:30:58	
Dahl, Morten	TEAM DRØBAK MULTISPORT	1	1:03:08	01:03:08					
Dahl, Vidar	ELIXIA	3	1:21:28				1:21:28	1:30:43	1:31:12
Dahlberg Karlsen, Trine		1	1:29:13				1:29:13		
Dahlby Karlsen, Bjørn		1	1:08:55				1:08:55		
Dahlby, William		1	1:34:54			1:34:54			
Dahlqvist, Thea		2	1:23:08				1:23:08	1:32:21	
Dahlsveen, Ina		1	1:35:48		1:35:48				
Dalen, Gunnar		1	1:12:40			1:12:40			
Dalen, Petter		2	1:14:39			1:14:47		1:14:39	
Dalen, Tor	OPIL	2	1:12:56		1:14:36		1:12:56		
Dalheim, Jonas		2	1:28:48	01:28:48				1:38:33	
Danielsen, Heidi		2	1:25:20				1:25:20	1:30:53	
Danielsen, Petter	KONGSTEN IF	3	1:24:17		1:39:04	1:24:17	1:25:02		
Daughton, Tara		1	1:40:14					1:40:14	
Davidsen, Kristoffer		1	1:56:28		1:56:28				

Glommaløpet 10 miles individuelt
Historikk

De Flon, Halvor	FRISKIS OG SVETTIS	3	1:15:10		1:19:46		1:15:10		1:22:12
De Flon, Monica	FRESENIUS KABI NORGE AS	2	1:38:40			1:38:40			1:42:12
De Ibarra Argiles, Alfredo		2	1:22:46				1:22:46	1:31:13	
De Lange, Morten	ALBATROSS IL	1	1:31:55					1:31:55	
De Presno, Johanne	NTNUI	1	1:26:18	01:26:18					
Dege, Anders F	FSK	1	1:16:01			1:16:01			
Degnes, Olav Gram		1	1:26:46				1:26:46		
Dehli, Linn		1	1:32:52	01:32:52					
Deighan, John Christian	FROGNER RUNNERS	1	0:53:44	00:53:44					
Delebekk, Pål Anders		3	1:18:51	01:22:24		1:18:51		1:21:33	
Delås, Ann Kristin		1	1:33:40				1:33:40		
Derbakk, Nils Jørgen		1	1:16:48					1:16:48	
Diskerud, Karl-Erik	TELL REKLAMEBYRÅ	6	1:12:51	01:26:36	1:13:07	1:12:51	1:19:21	1:25:20	1:27:15
Dobewall, Jacob	PROPELLER MUSIC DIVISION	1	1:38:13		1:38:13				
Dragvoll, Jan Terje		1	1:07:51				1:07:51		
Drevsjø, Dag Harald	OPIL	1	1:17:51					1:17:51	
Drivenes, Philip		1	1:25:47				1:25:47		
Dueholen, Linda Annette		1	1:27:55					1:27:55	
Dyve, Martin		1	1:37:47	01:37:47					
Ebeltoft, Jon Ove	SKJEBERG CYKLEKLUBB	1	1:27:56	01:27:56					
Ebeltoft, Kathrine		1	1:56:15	01:56:15					
Eberson, Hanne-Linn		1	1:29:53			1:29:53			
Edvardsen, Svein Tore		2	1:03:23	01:11:04	1:03:23				
Edvinsen, Lars		1	1:20:16				1:20:16		
Egenes, Andreas		1	1:30:43				1:30:43		
Egenes, Jon		1	1:22:51				1:22:51		
Eggen, Knut		1	1:44:51				1:44:51		
Eibakk, Thomas		1	1:09:53			1:09:53			
Eide, Bjørn E.	Ø.SLIDRE IL	1	1:02:15		1:02:15				
Eidissen, Tage		4	1:14:30	01:35:48	1:21:18		1:14:30	1:18:27	
Eikeland, Joakim	MECA B.I.L	1	1:27:52		1:27:52				
Eikli, Andreas		1	1:25:48	01:25:48					
Eile, Sofie		1	1:33:06	01:33:06					
Eilefsen, Camilla		1	1:56:57					1:56:57	
Eilertsen, Gøran		1	1:54:11	01:54:11					
Ekeberg, Martin		1	1:10:42				1:10:42		
Ekelund, Adrian		1	1:22:27		1:22:27				
Ekker, Siri		1	1:52:56				1:52:56		
Ekman, Stina		1	1:27:28				1:27:28		

Glommaløpet 10 miles individuelt
Historikk

Eliassen, Ida		1	1:50:12						1:50:12
Eliassen, Steffen		2	1:32:44			1:35:26	1:32:44		
Eliasson, Ulf		2	1:07:51				1:07:51	1:13:21	
Ellefsen, Bernhard		1	1:12:02		1:12:02				
Ellefsen, Heidi	FREDRIKSTAD IF	1	1:15:19		1:15:19				
Ellingsen, Per Morten	SMARTFISH-FUJI. FTK	2	1:00:19		1:00:19			1:01:09	
Elnes Hansen, Natalie		2	1:23:37		1:23:37		1:27:42		
Elstad, Magne		1	1:37:14				1:37:14		
Emilsen, Ole		1	1:38:21				1:38:21		
Engdahl, Geir	FREDRIKSTAD TRIATLONKLUBB	1	1:16:55						1:16:55
Engelsen, Per Ekren		4	1:20:25	01:32:18	1:25:22	1:22:29	1:20:25		
Engelstad, Franceska		1	1:24:19				1:24:19		
Engen, Kenny		1	1:30:44				1:30:44		
Engen, Terje	VARTEIG IL	1	1:23:28					1:23:28	
Enger, Steve		1	1:06:08	01:06:08					
Engh, Harald	VARTEIG I.L.	4	1:12:04		1:17:43	1:14:55	1:12:04	1:15:44	
Enghaug, Pål-Andre		1	1:23:47					1:23:47	
Engmark, Kristin	FEMIROMA	1	1:36:26		1:36:26				
Enoksen, Roy Harry	RYGGEJOGGEN	3	1:17:20	01:25:11	1:17:20	1:21:48			
Eriksdatter Mathisen, Sigrid		1	1:51:10	01:51:10					
Eriksen, Beate Thunem		1	1:37:39				1:37:39		
Eriksen, Espen Michael		1	1:19:15				1:19:15		
Eriksen, Iselin		1	2:01:34	02:01:34					
Eriksen, Joachim		2	1:17:23			1:17:23	1:19:03		
Eriksen, Kirsti	FREDRIKSTAD IF	3	1:22:45			1:24:09	1:22:45	1:29:15	
Eriksen, Lars-Andrèas		3	1:15:47			1:18:24	1:15:47	1:25:45	
Eriksen, Ole Martin		1	1:18:46					1:18:46	
Eriksen, Rune	RYGGEJOGGEN	4	1:03:37	01:04:29		1:03:37	1:03:47	1:06:55	
Eriksen, Stein		1	1:28:39				1:28:39		
Eriksson, Carl		1	1:25:16					1:25:16	
Eriksson, Marita	TRACEGRID	1	1:33:13		1:33:13				
Erlingsen, Hilde	CALL2ACTION	1	1:35:04		1:35:04				
Erstad, Magnus	ASPLAN VIAK	1	1:09:01					1:09:01	
Erthe, Tuija		1	1:29:12				1:29:12		
Ertnes, Gro		1	1:30:54				1:30:54		
Ertnes, Gro		1	1:24:40		1:24:40				
Ese, Jo	HØGSKOLEN I ØSTFOLD	1	1:17:16			1:17:16			
Espeland, Kjetil		1	1:24:53	01:24:53					
Espenes, Edel		1	1:28:24				1:28:24		

Glommaløpet 10 miles individuelt
Historikk

Espenes, Olav Vikøren	LYN SKI	1	1:01:31		1:01:31				
Evensen, Andreas		1	1:22:40				1:22:40		
Evensen, Ole Christian	FREDRIKSTAD SKIKLUBB	2	1:11:55					1:11:55	1:16:44
Evensen, Ole Jacob		1	1:19:43					1:19:43	
Evensen, Roger	MOSSJONISTENE.COM	2	1:50:34				1:56:26	1:50:34	
Falch, Dag Vidar	TRØSKEN/CENTRUM FYSIOTERAPI	2	1:14:32			1:14:32	1:15:23		
Fatland, Roy		1	1:14:44			1:14:44			
Fenstad, Ståle	RUSTAD IL	1	1:09:22			1:09:22			
Feragen, Maren	OSLOFJORD TRIATLON	1	1:43:58		1:43:58				
Ferdinand, Martin		1	1:09:13		1:09:13				
Ferguson, Jack	TROSVIK	1	1:40:41	01:40:41					
Ferguson, Stine	FREDRIKSTAD IF	3	1:21:20	01:40:57		1:21:20		1:29:31	
Ferreira, Marianne		2	1:23:09	01:35:52	1:23:09				
Fialho, Robert		1	1:15:59				1:15:59		
Fineidet, Line Mari	FET SKIKLUBB / TEAM FOSS SPORT	1	1:40:13					1:40:13	
Finjord, Pål	SARPSBORG BILSENTER	1	1:40:50	01:40:50					
Finnerud, Fredrik	CROSSFIT FREDRIKSTAD	1	1:16:36		1:16:36				
Finseth, Sunniva	TEAM FINSETH	2	1:39:20		1:41:29	1:39:20			
Finsveen, Bård	ALBATROSS IL	1	1:31:54					1:31:54	
Fisker, Christine		3	1:21:41		1:22:00	1:21:41	1:24:56		
Fiskum, Espen	NAMDAL LØPEKLUBB	1	0:59:18			0:59:18			
Fjellbakk, Ethel		1	2:03:40					2:03:40	
Fjelle, Marie		1	1:47:53					1:47:53	
Fjærli, Rita	SOON CK	1	1:24:50					1:24:50	
Fjærvik, Mats	BORGEN IL	2	1:16:30					1:24:40	1:16:30
Flandorfer, Camilla		2	1:23:21		1:23:21		1:26:05		
Flatin, Johann		1	1:47:34	01:47:34					
Flatin, Øyvind		1	1:49:15	01:49:15					
Flatland, Baard	BRYNILD GRUPPEN	1	1:35:50	01:35:50					
Flatland, Marie		2	1:22:46			1:33:01	1:22:46		
Flatø, Tore	OSHAUG I.L	1	1:34:28	01:34:28					
Flikke, Yngvild Sve		1	1:34:32			1:34:32			
Flodin, Pål		1	1:26:45	01:26:45					
Floor, Tor Hernan		1	1:34:07					1:34:07	
Fluske, Vidar	MAN SARPSBORG	3	1:35:22	01:47:42	1:36:38	1:35:22			
Flø, August	FREDRIKSTAD IF	1	0:51:01		0:51:01				
Flø, August Magnus	FREDRIKSTAD IF	1	0:58:07						0:58:07
Fodstad, Anne Sofie		2	1:29:05		1:55:59		1:29:05		
Fodstad, Jens Christian	FODSTAD FILM	1	1:36:07			1:36:07			

Glommaløpet 10 miles individuelt
Historikk

Folkvang, Anders	HEVINGEN IL	2	1:02:24		1:02:24	1:12:12			
Folmer, Arne Chr	HALDEN IL	1	1:10:25						1:10:25
Forsetlund, Henrik		2	1:27:23	01:32:47	1:27:23				
Forsetlund, Ole Marttin	LØPEGRUPPA OTTAR	3	1:20:31		1:22:18	1:20:31	1:22:00		
Fosbæk, Bjørn	KONGSBERG MARITIME	1	1:35:17		1:35:17				
Foss, Dorte		1	1:08:38				1:08:38		
Foss, Ida Christin		1	1:30:59		1:30:59				
Fosse, Lars		1	1:14:42				1:14:42		
Fosse, Sindre	IMTECH	1	1:16:27					1:16:27	
Fosser, Lars		1	1:35:11						1:35:11
Foss-Jacobsen, Tom Erik		1	1:26:42						1:26:42
Fraugerud, Linda		1	1:35:25				1:35:25		
Fredheim, Anders Schjøllert		3	1:16:26		1:37:34	1:18:58	1:16:26		
Fredheim, Christina		2	1:16:09			1:16:47	1:16:09		
Fredheim, Martin	FREDRIKSTAD IF	6	1:16:13	01:21:42	1:32:03	1:19:01	1:16:13	1:23:48	1:20:11
Fredheim, Tomas	FREDRIKSTAD TENNISKLUBB	1	1:37:34		1:37:34				
Fredriksen, Glenn Løvli	SYKEHUSET ØSTFOLD	1	1:17:51		1:17:51				
Fredriksen, Maiken		1	1:32:57		1:32:57				
Fredriksen, Ole Petter	AWESOMESAUCE	1	1:21:50		1:21:50				
Fredriksen, Sebastian	SKJEBERG SPORT	2	1:29:57		1:29:57	1:37:14			
Frey, Caroline Slattum		2	1:25:42				1:25:42	1:40:46	
Fridh, Stina		2	1:21:36	01:35:59	1:21:36				
Fridrich, Thomas		1	1:13:52	01:13:52					
Frostad, Rino Luciano	JULELOGEN	1	1:36:09	01:36:09					
Frøisland, Nils Arve		4	1:20:38			1:26:52	1:21:33	1:20:38	1:25:00
Frøland, Ole Marius Risan		1	1:36:08			1:36:08			
Frølandshagen, Anne-Lene	FREDRIKSTAD IF	2	1:35:14	01:49:03		1:35:14			
Frøyland, Jon	SKJEBERG CK	5	1:12:53		1:12:53	1:16:24	1:13:28	1:17:39	1:22:40
Frøyland, Thor-Martin	GRANDAHL EIENDOMSMEGLING	2	1:21:42					1:21:42	1:23:26
Fuglem, Tord	VARTEIG IL	1	1:13:26		1:13:26				
Furuheim, Knut Magne	FREDRIKSTAD IF	3	1:09:27	01:09:27		1:09:46	1:13:38		
Førrisdal, Tor Helge	LØPEKAMMERATENE	1	1:24:38		1:24:38				
Førsund, Erlend	MARKEDSPARTNER AS	3	1:42:42	01:43:43	1:42:42	1:44:23			
Gaarden, Camilla		1	1:59:28	01:59:28					
Gaarder, Fredrik		2	1:25:23		1:25:23		1:27:09		
Gammelsrud, Lennarth	ØSTBYGDA IL	2	1:24:48		1:24:48		1:25:31		
Gangestad, Stephen	FREDRIKSTAD IF	5	1:14:08		1:15:14	1:16:30	1:16:38	1:18:35	1:14:08
Garder Olsen, Andreas	TROSVIK IF	1	1:05:10					1:05:10	
Garder, Bjørn Petter		1	1:24:01			1:24:01			

Glommaløpet 10 miles individuelt
Historikk

Garsrud, Iver	TEAM FJELLA	3	1:25:36	01:27:44	1:26:17			1:25:36	
Gathen, Hege	FREDRIKSTAD IF	3	1:14:35	01:20:40		1:16:16	1:14:35		
Gaustad, Anders	LERVIK IF	2	0:59:40		0:59:40	1:02:13			
Gautun, Preben	FREDRIKSTAD IF	2	1:04:45				1:04:45	1:07:52	
Geelmuyden, Johnny		1	1:18:27					1:18:27	
Georgsen, Deirdre		1	1:33:05	01:33:05					
Giltvedt, Kaja	FRAMBU BIL	1	1:23:53		1:23:53				
Gimmestad, Idar	STATNETT BIL	1	1:25:31			1:25:31			
Gjerlaugsen, Lars	GLOMMA TANNKLINIKK	2	1:30:52		1:35:48		1:30:52		
Gjertsen, Lars Magne	FOPIL	1	1:23:28						1:23:28
Gjesdal, Kari-Marie	FREDRIKSTAD IF	2	1:33:46				1:35:36	1:33:46	
Gjessing, Glenn	MULTICONSULT	2	1:08:22		1:08:22	1:12:49			
Gjølstad, Kjetil	FRISKIS OG SVETTIS	1	1:22:24					1:22:24	
Gjøsæter, Eirik	TEAM BLIKKENSLAGAR FLOTVE	4	0:58:23	01:05:44	0:58:23		0:59:13	1:00:56	
Glende Eriksen, Ole Martin		2	1:13:57			1:13:57	1:19:26		
Glomsrød, Thale	BERGSVINGEN IL	2	1:15:58	01:18:13		1:15:58			
Glückstad, Ole Petter		3	1:31:05	01:54:10	1:36:18		1:31:05		
Gløersen, Herman	FREDRIKSTAD SKIKLUBB	3	1:04:12			1:04:12	1:10:52	1:16:52	
Gløersen, Jakob	FREDRIKSTAD SKIKLUBB	2	1:15:36			1:33:03	1:15:36		
Gløersen, Knut		1	1:16:16				1:16:16		
Gløersen, Mathias	TØNSBERG FIK	1	1:00:44			1:00:44			
Godager, Marianne		1	1:44:24	01:44:24					
Godtlund Bråthen, Marthe		1	1:22:42						1:22:42
Gonda, Luis	KELDA VIKINGS BIL	1	1:08:41	01:08:41					
Gonzalez, Diego	SMELLS LIKE TEAM SPIRIT	3	1:13:43	01:13:43		1:14:40	1:18:54		
Goodchild, Steinar	PRIVAT	1	1:20:21						1:20:21
Gottfridson, Linus	FREDRIKSTAD TRIATLONKLUBB	2	1:12:09	01:15:28	1:12:09				
Graarud, Harald		1	1:13:46				1:13:46		
Graasten, Kjell	BORGEN IL	2	1:19:58					1:20:05	1:19:58
Graham, Kari Elisabeth	FREDRIKSTAD IF	2	1:30:35		1:30:35	1:31:15			
Grandahl, Birgit		1	1:47:26				1:47:26		
Grandahl, Birgit	GRANDAHL EIENDOMSMEGLING AS	1	1:43:15			1:43:15			
Granli, Ole-Jan	MYSEN TENNISKLUBB	2	1:08:53		1:08:53		1:14:14		
Granlund, Per-Øyvind	LIFE KIROPRAKTIKK	1	1:02:50		1:02:50				
Grannes, Stian	TEAM EKEBERG	1	1:24:27						1:24:27
Granstrøm, Lene		1	1:47:13						1:47:13
Grendal, Tom	SKJEBERGCK	1	1:14:44			1:14:44			
Gretland, Jon-Erik	TEAM PARADISAAK	3	1:23:21				1:27:20	1:23:21	1:29:27
Grigson, Richard	TUNE IL	1	1:10:12					1:10:12	

Glommaløpet 10 miles individuelt
Historikk

Grimsby, Gjermund	RØDSVEIEN 55 FIGHTERS	1	1:13:48						1:13:48
Grindahl, Espen		3	1:06:58			1:06:58	1:08:20	1:18:13	
Grini, Halvard	FREDRIKSTAD IF	1	1:20:52	01:20:52					
Grinna, Mari	KALNES	1	1:58:29	01:58:29					
Gripsrud, Mattias		2	1:25:47	01:31:42	1:25:47				
Groth, Trine		1	1:38:11		1:38:11				
Grundstad, Thomas		1	1:23:10				1:23:10		
Grundt-Ileby, Helene Louise		1	1:48:20				1:48:20		
Grundvig, Jan Olav		1	1:25:52					1:25:52	
Grundvig, Margunn		2	1:28:23			1:28:23		1:37:30	
Grüner, Lars Petter		1	1:14:56				1:14:56		
Grønli, Christian Fredrik		1	1:25:49		1:25:49				
Grønneberg, Ketil		4	1:11:42		1:11:42	1:13:52	1:16:22	1:22:31	
Grønneberg, Marie	FREDRIKSTAD IF	5	1:08:26	01:10:24	1:08:26	1:09:01	1:10:01	1:14:21	
Grønnern, Grete	RAKKESTAD SYKKELKLUBB	2	1:25:44				1:25:44	1:29:44	
Grønsund, Are Sakarias		1	1:29:41			1:29:41			
Grønvold, Elisabeth Berg		1	1:40:20				1:40:20		
Gucwa, Gregor		1	1:42:07					1:42:07	
Gudevold, Anders	TELENOR BIL	1	1:46:19			1:46:19			
Gudevold, Karoline		1	1:42:35			1:42:35			
Gudmundstuen, Tor		2	1:28:32	01:35:14				1:28:32	
Gulbrandsen, Cecilie	BRUA FYSIKALSKE	4	1:28:45	01:38:01		1:28:45	1:30:30	1:34:03	
Gulbrandsen, Elin		1	1:33:23		1:33:23				
Gulbrandsen, Marius	TUMASTU SPORT&SPILL;	1	1:34:47					1:34:47	
Gulbrandsen, Thomas	NETTAVISEN	1	1:12:44	01:12:44					
Gundersen, Ottar	MULTICONSULT	1	1:35:15		1:35:15				
Gundersen, Terje	RYGGE IDRETSLAG	3	1:21:12	01:27:28		1:21:12			1:25:21
Gurandsrud, Jørgen	FREDRIKSTAD IF	5	1:32:03		1:34:57	1:35:21	1:32:03	1:37:28	1:35:55
Gurung, Ozzy	STIAN PAULSEN RACING	5	0:59:07		0:59:07	1:00:52	1:00:47	1:03:15	1:07:34
Gustafsson, My	STERK	1	1:42:14	01:42:14					
Gustavsen, Bjørg		2	1:41:15			1:41:16	1:41:15		
Gustavsen, Fredrik		1	1:23:39		1:23:39				
Guthu, Geir Ole	COWI	1	1:21:27			1:21:27			
Guthu, Jon	HIOA	3	1:14:19			1:16:12	1:14:19	1:19:40	
Guttormsen, Christer	HEVINGEN IL	3	1:03:43	01:03:43	1:06:33	1:10:44			
Guttulsrød, Ole	RYGGEJOGGEN	1	1:19:45		1:19:45				
Gøransson, Ida	TEAM GØRANSSON	2	1:17:20		1:17:20	1:19:57			
Gøransson, Lasse	TEAM GØRANSSON	2	1:09:23		1:09:23	1:10:29			
Gøransson, Lise	TEAM GØRANSSON	1	1:37:19		1:37:19				

Glommaløpet 10 miles individuelt
Historikk

Haabeth, Audun		1	1:02:07			1:02:07			
Haabeth, Ingeborg Marie		1	1:23:13				1:23:13		
Haabeth, Jørn	FREDRIKSTAD IF	4	1:10:37			1:18:21	1:10:37	1:18:49	1:14:58
Haabeth, Ole Audun		3	0:59:38				0:59:38	1:02:40	1:05:38
Haabeth, Sjur	KRÅKERØYTANNLEGENE	3	1:10:56			1:13:24	1:10:56		1:14:21
Haaby, Aina	RAKKESTAD FSC	1	1:25:44					1:25:44	
Haagensen, Olaf		1	1:11:25		1:11:25				
Haaland, Anders		1	1:18:21	01:18:21					
Haddeland, Gro		1	1:34:58		1:34:58				
Hafnor, Johannes		1	1:27:43		1:27:43				
Hagen, Charlotte Scott		2	1:15:19			1:17:35	1:15:19		
Hagen, Magnus		2	1:22:05	01:22:27	1:22:05				
Hagen, Morten	FREDRIKSTAD ENERGI	1	1:35:14	01:35:14					
Hagestande, Wenche Murtnes	FREDRIKSTAD	2	1:27:52			1:27:52	1:28:56		
Hajdu, Csilla		1	1:21:09					1:21:09	
Hald, Kennet	KENNET HALD	2	1:17:01				1:17:01	1:24:14	
Halle, Alexander Braseth		2	1:10:11	01:28:15	1:10:11				
Hallstensen, Per Åge		3	1:08:56	01:18:33			1:08:56		1:21:32
Halstensen, Talette Borsheim		2	1:25:09				1:25:09	1:36:11	
Halvorsen, Joachim		1	1:44:12				1:44:12		
Halvorsen, Lars Erik		2	1:25:07			1:27:50	1:25:07		
Halvorsen, Linn		1	1:56:16	01:56:16					
Halvorsen, Sara		1	1:34:21			1:34:21			
Halvorsen, Selma	KONGSTEN IF J06	1	1:55:58		1:55:58				
Halvorsen, Tora		1	1:43:37	01:43:37					
Halvorsen, Tor-Arne		3	1:19:04		1:19:04	1:25:20	1:23:03		
Halvorsen, Øyvind	FREDRIKSTAD IF	1	1:27:51			1:27:51			
Hammer, Tone	MARKEDSPARTNER	3	1:45:00	01:56:45	1:45:00	1:46:46			
Hammerseng Lund, Mari	KVERNHUSET BIL	2	1:15:43	01:24:25		1:15:43			
Hammerstad, Lars	SKJEBERG CK	3	1:15:32			1:17:24	1:15:32	1:22:52	
Hammerstad, Tom Henning	SKJEBERG CK	2	1:20:00				1:20:00	1:28:08	
Handegård, Espen	FREDRIKSTAD IF	2	1:21:22				1:21:22	1:28:17	
Hansen Bjørnland, Siri		1	1:34:41	01:34:41					
Hansen, Aleksander	FOSBY STILLAS	1	1:43:48		1:43:48				
Hansen, Anders		1	1:18:59		1:18:59				
Hansen, Arild Olsrud	SKJEBERG SK	4	1:26:20		1:27:49	1:36:37	1:26:20		1:33:20
Hansen, Cathrine		1	1:37:54	01:37:54					
Hansen, Esben	QUALITY HOTEL	1	1:24:44	01:24:44					

Glommaløpet 10 miles individuelt
Historikk

Hansen, Frank	DRAMMEN BALLKLUBB	1	1:13:33						1:13:33
Hansen, Grete Lill	ESSO RAF SPORT	1	1:38:08						1:38:08
Hansen, Hanne	INFOTJENESER	1	1:27:32			1:27:32			
Hansen, Joachim	KONGSBERG DIGITAL	1	1:19:22		1:19:22				
Hansen, Karsten F.		1	1:17:51				1:17:51		
Hansen, Kathrine Ruud	KVERNHUSET BIL	4	1:12:28	01:17:04	1:12:28	1:12:56		1:19:42	
Hansen, Lars	MARKEDSPARTNER	1	1:08:52		1:08:52				
Hansen, Lars Andre		1	1:50:13					1:50:13	
Hansen, Lise Borgen		1	1:07:09			1:07:09			
Hansen, Marius	TEAM HANSEN	4	1:42:05			1:48:13	1:42:05	1:44:36	1:44:13
Hansen, Mette	FREDRIKSTAD KOMMUNE	1	2:20:10			2:20:10			
Hansen, Morgan	PRODOK AS	1	1:31:49			1:31:49			
Hansen, Morten	FREDRIKSTAD IF	6	1:23:49	01:38:51	1:23:49	1:26:36	1:26:02	1:32:42	1:41:46
Hansen, Nils Henrik Bjæring	SOLKYSTEN LK	1	1:29:21					1:29:21	
Hansen, Nina Bakke	OCR NORWAY	1	1:32:54		1:32:54				
Hansen, Rolf		1	2:40:26						2:40:26
Hansen, Ronny		1	2:03:22	02:03:22					
Hansen, Stine	TEAM SMARTFISH FUJI /SKILØPERNE	2	1:29:12		1:29:12	1:32:11			
Hansen, Terje	FREDRIKSTAD IF	6	1:13:55	01:27:00	1:18:43	1:17:54	1:13:55	1:15:38	1:17:20
Hansen, Terje		1	1:53:03	01:53:03					
Hansen, Therese Marie		1	1:35:18					1:35:18	
Hansen, Thomas		1	1:24:42	01:24:42					
Hansen, Thomas Rene	OSLOFJORD TRIATLON	2	1:11:50	01:11:50		1:21:50			
Hansen, Tone B	MARKEDSPARTNER	1	1:48:53			1:48:53			
Hansen, Tone Merete		1	1:56:18	01:56:18					
Hansen, Torkil Skancke	IMTECH	1	1:44:12					1:44:12	
Hansen, Tron	IMTECH	1	1:35:14					1:35:14	
Hansen, Trond V.		1	1:31:54				1:31:54		
Hansen, Vidar Boye		3	1:20:21	01:48:39		1:22:57	1:20:21		
Hansen, Wenche Brodtkorb		2	1:35:38	01:45:54		1:35:38			
Hanssen, Jan Frode	RÅDE LØPEKLUBB	1	1:34:46						1:34:46
Hansteen, Cato		1	1:06:51		1:06:51				
Haraldsen, Anna		1	1:54:35					1:54:35	
Haraldsen, Sindre		2	1:19:46	01:31:38	1:19:46				
Haraldsson, Snorre		1	1:09:29				1:09:29		
Hareide Berg, Tobias		1	1:45:48			1:45:48			
Hareide, Kenneth	TEAM LUMBAGO	2	1:11:31			1:11:31		1:16:57	
Harstad, Elisabeth	BEGBYFURIA	1	1:26:40			1:26:40			
Hasle-Finstad, Jannicke	FSC RAKKESTAD	2	1:31:03			1:31:03		1:32:14	

Glommaløpet 10 miles individuelt
Historikk

Hasle-Finstad, Oddbjørn	RAKKESTAD SK	1	1:20:00			1:20:00			
Haslerud Stjern, Sondre		1	1:24:44				1:24:44		
Hasselgård, Vegard Ringsby		1	1:18:16			1:18:16			
Hasselstrøm, Kaja		3	1:14:54		1:14:54	1:22:46	1:26:38		
Hassing, Tove Elisabeth	FREDRIKSTAD IF	2	1:30:51		1:38:47	1:30:51			
Hasvold, Helge	FREDRIKSTAD KOMMUNE	1	1:33:19			1:33:19			
Hatlelid, Maria		1	1:30:31					1:30:31	
Hattevig, Ralph		1	1:09:43					1:09:43	
Hauer, Robert		1	1:16:15				1:16:15		
Haug, Lene		1	1:42:02		1:42:02				
Haugan, Rune	TILTAKSGRUPPA FOKUS	1	1:12:06					1:12:06	
Haugbro, Tom Andreas	TEAM PURESIENCE FUJI/SAGA	1	1:41:57	01:41:57					
Hauge, Hilde		2	1:33:19	01:45:22	1:33:19				
Hauge, Jon Petter		1	1:40:20		1:40:20				
Hauge, Lars	GREÅKER IF	5	1:07:26	01:12:21	1:07:54	1:08:40	1:07:26		1:14:20
Hauge, Ole Fredrik	TEAM EUROPRIS	1	1:29:26	01:29:26					
Haugen Bråthen, Lisbet	RUDSBYGD	1	1:34:13					1:34:13	
Haugen, Kim	BLODSMAK SK	1	1:22:05					1:22:05	
Haugen, Renate	RENATE HAUGEN	1	1:28:11			1:28:11			
Haugerud, Fredrik Myhre		1	1:18:47				1:18:47		
Haugerud, Henning	DSV ROAD	1	1:07:43			1:07:43			
Haugland, Per Ove	NYLENDE IF	4	1:10:01	01:11:31	1:10:01		1:10:14	1:19:20	
Haukeli, Eirik		1	1:49:12						1:49:12
Haukeli, Espen		1	1:33:18						1:33:18
Haukeli, Hans Øivind	SPK FONNA	1	1:25:00					1:25:00	
Haukeli, Linda	RFF	1	1:25:00					1:25:00	
Hedin, Anne Kari		1	1:30:57					1:30:57	
Hedin, Pål Espen	BORGEN IL	1	1:08:28					1:08:28	
Hedlund Andersen, Hege		1	1:40:31		1:40:31				
Hedlund Fredriksen, Marie		1	1:42:59		1:42:59				
Hegge, Rene	TEAM RABBIT	3	1:19:45	01:36:50			1:19:45	1:32:29	
Heggenes, Tommy Tveter	TRØSKEN IL	1	1:09:20		1:09:20				
Heia, Tom Erik		1	1:08:54				1:08:54		
Heiberg, Anette		3	1:37:02			1:37:27	1:37:02	1:43:43	
Heidenberg, Marius		1	1:21:36		1:21:36				
Heier, Hege		1	1:44:24	01:44:24					
Heier, Per Arne		1	1:22:36			1:22:36			
Heier, Ragnar		1	1:21:59				1:21:59		
Heieren Hansen, Cathrine		1	1:41:40	01:41:40					

Glommaløpet 10 miles individuelt
Historikk

Heines, Hans Erik	STATENS VEGVESEN	1	1:31:32		1:31:32				
Heines, Per Christian	ZENITH SURVEY	2	1:28:40		1:31:23		1:28:40		
Helgesen, Jane		1	1:47:19					1:47:19	
Helgesen, Martin		4	1:02:28	01:13:56	1:02:28			1:06:47	1:08:48
Helgesen, Melonie		1	1:37:10					1:37:10	
Helgesen, Simone Vikran		1	1:23:08					1:23:08	
Heli-Hansen, Morten		1	1:28:05				1:28:05		
Hellerud, Nanna		1	1:33:36				1:33:36		
Helli, Erik	GIF SKI	2	1:15:49		1:15:49			1:20:24	
Helminsen, Kristoffer	FREDRIKSTAD SKIKLUBB	1	1:12:54		1:12:54				
Hendset, May Kristin		4	1:47:02	01:51:03	1:59:10	2:00:16	1:47:02		
Henriksen, Aleksander	TEAM SWOOSH	1	1:33:57						1:33:57
Henriksen, Bengt	DC EIENDOM	2	1:27:06	01:27:06	1:35:53				
Henriksen, Espen		1	1:28:49		1:28:49				
Henriksen, Jan Erling		1	1:48:08		1:48:08				
Henriksen, Silje Grande		1	1:41:33				1:41:33		
Henriksen, Sindre	BETONMASTHÆHRE	1	1:48:16	01:48:16					
Heramb Johansen, Anders	SWECO	1	1:23:42		1:23:42				
Hermansen, Hanne Jeanett Bang		1	1:59:04				1:59:04		
Hermansen, Jarle S.	NAVERNE	1	1:24:12						1:24:12
Hermansen, Kristine	FREDRIKSTAD IF	3	1:15:43		1:15:43	1:19:40	1:22:46		
Hermansen, Per		1	1:13:59				1:13:59		
Hermansen, Thomas A	ROLVSØY VEKTLØFTERKLUBB	2	1:23:20			1:23:23		1:23:20	
Hermansen, Vidar	FREDRIKSTAD SKIKLUBB	2	1:13:26	01:28:03	1:13:26				
Hetland, Henning		1	1:26:28					1:26:28	
Hetlelid, David		1	1:33:59	01:33:59					
Hildebrand, Fredrik	JM NORGE AS	1	1:23:18	01:23:18					
Hinsch, Malte	SISSIES SIND SCHULD	3	1:04:51	01:07:15	1:04:51	1:05:50			
Hjardar, Espen	KVERNHUSET BIL	3	1:10:03	01:15:16	1:10:03	1:12:56			
Hjelle, Øivind		1	1:44:43	01:44:43					
Hjelvin, Erik	PFIZER AKTIV	1	1:28:43					1:28:43	
Hjemdal, Ingeborg	ASKIM	1	1:34:09	01:34:09					
Hjemly, Håkon		1	0:56:29				0:56:29		
Hjermstad, Marianne	FOSSUM IF	1	1:16:21		1:16:21				
Hjermstad, Ragnhild	FOSSUM IF	1	1:10:47		1:10:47				
Hjerpseth, Dag	TEAM SPORTSMANDEN	1	1:19:33	01:19:33					
Hjerpseth, Monika	TEAM SPORTSMANDEN	1	1:31:29	01:31:29					
Hoff, Yvonne		1	1:27:27						1:27:27
Hofmo, Elise	MARKEDSPARTNER	1	1:58:09			1:58:09			

Glommaløpet 10 miles individuelt
Historikk

Hofosseter, Øyvind		1	1:22:51			1:22:51			
Hogsted, Jens Petter	TEAM PRINCESS	1	1:22:37		1:22:37				
Holberg, Janne		2	1:34:26	01:38:38		1:34:26			
Hole, Jørgen	ÅS IL / SKILØPERNE	3	1:11:09			1:14:11	1:11:09	1:18:44	
Holen, Jarl-Håvard	SEMPRO AS	1	1:43:10			1:43:10			
Holm Hansen, Ida-Anette		1	1:18:56				1:18:56		
Holm, Erling Dokk		1	1:18:35				1:18:35		
Holme, Egil	FREDRIKSTAD IF	3	1:09:55	01:20:41		1:12:18	1:09:55		
Holme, Simen		1	1:39:32					1:39:32	
Holmestrand, Anna Kristine		1	1:52:07		1:52:07				
Holmestrand, Bjørn		1	1:32:59		1:32:59				
Holmskau, Kristine		1	1:35:48				1:35:48		
Holmskog, Stian	PENTEX AS	3	1:23:42	01:23:42		1:25:54	1:28:48		
Holte, Tonny	TEAM SOLBERGVARDEN OPP	4	1:11:53		1:11:53	1:21:42	1:14:26	1:29:56	
Holten, Line Henriette		2	1:23:24	01:34:09	1:23:24				
Holth, Anette	ASPIRE BRANDS	1	1:44:11	01:44:11					
Holth, Jonas		5	1:25:59	01:33:31	1:26:26	1:32:52	1:31:41	1:25:59	
Holth, Kristine		1	1:38:31		1:38:31				
Holth, Merethe		1	1:25:18		1:25:18				
Homstvedt, Oddbjørn	F.I.L. BORG	1	1:04:23		1:04:23				
Hongve, Torkjel	DRIV	2	1:15:44	01:17:29	1:15:44				
Horgheim, Julius	KONGSTEN IF	2	1:16:33			1:16:33	1:24:54		
Horgheim, Oda	KONGSTEN IF J06	1	1:38:55		1:38:55				
Horne, Lasse		1	1:14:19				1:14:19		
Horpestad, Bjørn Håkon	HORPESTAD NØDSLAKT	1	1:34:11					1:34:11	
Hovde, Kristine	TEAM HEIDERØD	3	1:35:44			1:37:49	1:35:44	1:52:04	
Hovind, Eirik Kamstrup		1	0:58:19			0:58:19			
Hox, Lars	KONGSTEN IF	2	1:14:16				1:14:16	1:16:28	
Hryn, Piotr	ADAMEKS	2	1:15:40			1:15:40	1:18:55		
Hugubakken, Trond	OSLOFJORD TRIATLON	1	1:14:08		1:14:08				
Hult, Christer	LIRE BK	5	1:04:01	01:04:01	1:05:03	1:07:58	1:06:05	1:08:16	
Humberset, Marianne		1	1:26:02						1:26:02
Humlekjær, Cathrine		1	1:37:43			1:37:43			
Humlekjær, Merethe	HUMLEFJELLET	2	1:41:57				1:41:57	1:48:20	
Humlekjær, Rino	HUMLEFJELLET	2	1:27:27				1:27:27	1:39:59	
Huneide, Henning		1	1:20:22			1:20:22			
Hunn, Linn		1	1:31:54				1:31:54		
Husaini, Pazar		1	1:39:03	01:39:03					
Huse, Alexander		1	1:14:21		1:14:21				

Glommaløpet 10 miles individuelt
Historikk

Huser Bakker, Alexander		1	1:05:35		1:05:35				
Hustoft, Yngve	YNGVE HUSTOFT	1	1:30:39		1:30:39				
Huth, Emma	HVALER KOMMUNE	1	1:47:55	01:47:55					
Hystad, Inger Lise	RAKKESTAD SYKKELKLUBB	3	1:09:41			1:09:41	1:11:09	1:14:36	
Häbler, Morten	FREDRIKSTAD IF	2	1:11:01		1:11:01				1:14:19
Hæren, Tina	TRØSKEN IL	1	1:31:59						1:31:59
Høgberg Johansen, Mikael		2	1:21:32	01:24:16			1:21:32		
Høgberg Johansen, Theres		2	1:20:11	01:24:18			1:20:11		
Høgsæt, Frøydis		1	1:33:16				1:33:16		
Høidahl, Henrik		1	1:05:47				1:05:47		
Høier, Birthe Lundestad	FREDRIKSTAD TRIATLONKLUBB	1	1:39:57					1:39:57	
Høier, Maria Therese	BRYNILD GRUPPEN B.I.L.	1	1:34:56			1:34:56			
Høisæther, Erik	FOPIL	1	1:29:18		1:29:18				
Høyaas, Lene		2	1:51:46	02:14:27	1:51:46				
Høydal, Audun		1	1:51:56					1:51:56	
Høye, Andreas	SLEVIK IL	1	0:52:59		0:52:59				
Høyvik, Erik		1	1:05:03			1:05:03			
Håkensen, Janne		1	1:21:59		1:21:59				
Idland, Cicilia	HALDEN TRIATHLON	1	1:14:17	01:14:17					
Igdun, Sarah		1	1:28:18		1:28:18				
Ihle, Ulrika		1	1:28:36		1:28:36				
Imrik, Elisabeth		1	1:43:09						1:43:09
Imrik, Lasse		1	1:45:35	01:45:35					
Imrik, Voica		1	1:45:34	01:45:34					
Indrevoll, Ann-Hege	FEMIRUN	2	1:39:26	01:43:24	1:39:26				
Indstøy, Morten		2	1:23:33		1:28:18	1:23:33			
Ingdahl, Inger Marie		1	1:18:58				1:18:58		
Ingebrigsten, Marthe Christine		1	1:40:26					1:40:26	
Ingebrigtsen, Sandra Merete		1	1:33:02				1:33:02		
Isaksen, Jan Erik	BORREGAARD	1	1:08:53			1:08:53			
Iversen, Arne	ABB BIL	1	1:19:18					1:19:18	
Iversen, Hans Petter	BRAVIDA	2	1:09:45		1:09:45	1:18:31			
Iversen, Hege		1	1:43:38	01:43:38					
Iversen, Lisbeth	HVALER BOOT CAMP	1	1:48:48	01:48:48					
Iversen, Monica		1	1:20:08		1:20:08				
Iversen, Pete	FREDRIKSTAD IF	2	1:27:12					1:27:51	1:27:12
Jacobsen, Chris	TEAM PT	1	1:37:04	01:37:04					
Jacobsen, Dan-Petter	COWI	2	1:36:04			1:36:04	1:38:16		

Glommaløpet 10 miles individuelt
Historikk

Jacobsen, Elin	SEFA	4	1:18:57			1:18:57	1:19:24	1:24:56	1:25:16
Jacobsen, Jacob Wierenfeldt	DANISH DYNAMITE	1	1:39:39	01:39:39					
Jacobsen, Karsten		1	1:16:33				1:16:33		
Jacobsen, Knuterik	SOON	1	1:53:13	01:53:13					
Jacobsen, Paal Espen		1	1:26:30					1:26:30	
Jacobsen, Petter Magnus	BOOKKEEPER FREDRIKSTAD	1	1:36:51		1:36:51				
Jacobsen, Renate		1	1:29:18					1:29:18	
Jacobsen, Roy Victor	VÆRSTE	1	1:22:22	01:22:22					
Jacobsen, Steinar	SARPSBORG BANDYKLUBB	2	1:26:31			1:29:27		1:26:31	
Jakobsen, Lau		1	1:04:33					1:04:33	
Jakobsen, Margareth	FSC MYSEN	2	1:21:56			1:21:56	1:25:12		
Jakobsen, Tone	PRIVAT	1	1:36:56	01:36:56					
Jamissen, Leif Morten	SATS SARPSBORG	3	1:07:41	01:15:44		1:14:12	1:07:41		
Jansen, Cathrin		2	1:32:07		1:32:07	1:33:05			
Jansen, Svein Oskar	FREDRIKSTAD IF	4	1:31:34		1:36:21	1:31:34		1:34:32	1:41:11
Jansen-Bekke, Merethe		1	1:41:57					1:41:57	
Jeksrud, Arne Aleksander		3	1:18:07			1:18:07	1:19:05	1:25:36	
Jemieljanczyk, Rafal		1	1:20:01		1:20:01				
Jensen, Heine	GREÅKER GLASS OG RAMMEFORRETNIN	3	1:17:35		1:17:35	1:19:19	1:19:54		
Jensen, Jørgen	IMTECH KRISTIANSAND AS	1	1:21:05					1:21:05	
Jensen, Kikki	KIKKI JAY	4	1:13:13		1:13:13	1:19:59	1:16:04	1:20:54	
Jensen, Kristoffer Reinholt		1	1:44:27		1:44:27				
Jensen, Morten	NORRENSAS	3	1:10:47		1:14:30		1:10:47		1:18:22
Jensen, Ole		2	1:19:35		1:19:35		1:23:07		
Jensen, Petter Kvamme		2	1:13:10		1:15:57		1:13:10		
Jensen, Stein		4	1:15:38	01:34:10		1:15:38	1:15:42	1:20:29	
Jensen, Steinar		1	1:42:44				1:42:44		
Jensen, Tom Gunnar		1	1:20:16		1:20:16				
Jensen, Torstein	TJC	3	1:27:10	01:37:23		1:27:10		1:36:16	
Jenshagen, Frode		2	1:29:32	01:29:32	1:40:19				
Jenssen, Kristian Riise		1	1:17:19		1:17:19				
Jensø, Børre	ABBON AS	1	1:27:23	01:27:23					
Jernberg, Vigdis		2	1:22:47			1:28:39	1:22:47		
Jessesen, Jon-Vidar		1	1:28:45	01:28:45					
Johannessen, Bjørn	HALDEN IL	2	1:01:12				1:01:12		1:03:37
Johannessen, Espen	TEAM BTS	4	1:20:08		1:27:24	1:27:45	1:20:08	1:31:34	
Johannessen, Freddy		1	1:45:46	01:45:46					
Johannessen, Joar Martin	BLINKEN AS	1	1:22:31		1:22:31				
Johannessen, Jørgen	JØRGEN JOHANNESSEN	1	1:27:57	01:27:57					

Glommaløpet 10 miles individuelt
Historikk

Johannessen, Malin	TEAM BTS	1	1:31:34					1:31:34	
Johannessen, Mona	POSTEN NORGE	1	1:25:33	01:25:33					
Johannessen, Monika Sand		1	1:45:26	01:45:26					
Johannessen, Robin	GAARDS-SERVICE AS	1	1:23:36					1:23:36	
Johannessen, Trine		1	1:39:22						1:39:22
Johansen, André Sahlin		1	1:48:12	01:48:12					
Johansen, Anne-Christin		1	1:33:57				1:33:57		
Johansen, Belinda Marie		1	1:50:11						1:50:11
Johansen, Bengt Petter	ØSTFOLD ENERGI	2	1:27:46			1:35:54	1:27:46		
Johansen, Elin Marie		2	1:27:49				1:27:49	1:34:37	
Johansen, Espen R.		2	1:26:30			1:28:16			1:26:30
Johansen, Finn Markes	FREDRIKSTAD IF	1	1:08:17						1:08:17
Johansen, Henning	COWI BIL	2	1:18:08				1:18:08	1:20:12	
Johansen, Henrik	SWIX	1	1:03:07					1:03:07	
Johansen, Jan Roger		1	1:19:25						1:19:25
Johansen, Janne Kjellberg	FREDRIKSTAD IF	1	1:10:02					1:10:02	
Johansen, John Are		1	1:22:12	01:22:12					
Johansen, Jørgen	SOLKYSTEN LK	2	1:17:31				1:17:31	1:24:58	
Johansen, Ken Michael	SARPSBORG BILSENTER AS	1	1:52:21	01:52:21					
Johansen, Kim	ROUND TABLE FREDRIKSTAD	2	1:35:36			1:35:36		2:00:21	
Johansen, Kjell Arne	FREDRIKSTAD IF	5	1:15:37	01:22:43	1:17:38	1:15:37	1:17:15	1:19:30	
Johansen, Lindis	FREDRIKSTAD TRIATLONKLUBB	1	1:41:15	01:41:15					
Johansen, Linn Desire	FREDRIKSTAD TRIATHLON	2	1:25:18				1:25:26	1:25:18	
Johansen, Linn-Therese		1	1:26:27		1:26:27				
Johansen, Martin Christopher		1	1:20:52		1:20:52				
Johansen, Mona	COWI BIL	2	1:20:50				1:20:50	1:24:52	
Johansen, Odd Hilberg	RSL	4	1:15:40	01:24:34			1:18:07	1:15:40	1:23:03
Johansen, Ole Reidar		1	1:24:54	01:24:54					
Johansen, Per Kristian		1	1:14:21				1:14:21		
Johansen, Pål Andre	FREDRIKSTAD FOTBALLKLUBB	1	1:26:01					1:26:01	
Johansen, Rita		1	1:30:56			1:30:56			
Johansen, Stein		1	1:11:42				1:11:42		
Johansen, Stein Ivar	HANDELSBANKEN	3	1:11:00	01:21:04	1:11:00	1:12:11			
Johansen, Tanja		3	1:44:06				1:53:33	1:44:06	1:45:21
Johansen, Tore André	KRÅKERØY UNGDOMSSKOLE	3	1:14:39	01:15:21	1:14:39		1:19:30		
Johansen, Truls		1	1:05:48					1:05:48	
Johansen, Turid	FREDRIKSTAD SKIKLUBB	2	1:35:26				1:36:09	1:35:26	
Johansen, Turid		1	1:29:42				1:29:42		
Johansen, Turid	HVALER KOMMUNE	1	1:38:58			1:38:58			

Glommaløpet 10 miles individuelt
Historikk

Johansen, Vegard Ulrik		1	1:34:56						1:34:56
Johansson, Anette	SPENST	1	1:40:52						1:40:52
Johansson, Jan	HCK	1	1:55:27			1:55:27			
Johansson, Mikael	HCK	1	1:19:00			1:19:00			
Johasson, Jan		1	1:50:10				1:50:10		
Joheim, Øyvind	FRISKIS&SVETTIS TØNSBERG-NØTTERØ	2	1:25:44	01:38:25		1:25:44			
Johnsen, Brynjel	TRONVIK SKAENKERS	1	1:27:40		1:27:40				
Johnsen, Heidi		1	1:41:47				1:41:47		
Johnsen, Ingrid Marie		1	1:38:43		1:38:43				
Johnsen, Jane Lie		1	2:11:17	02:11:17					
Johnsen, Lasse		1	1:35:47				1:35:47		
Johnsen, Linda		1	1:58:07				1:58:07		
Johnsen, Mette Lise		1	1:37:19					1:37:19	
Johnsen, Siri Madeleine		1	1:54:14			1:54:14			
Jonassen, Lone		1	1:50:14					1:50:14	
Jonassen, Magnus	FREDDY REINERTS LØPELAG	1	1:52:28		1:52:28				
Jonassen, Markus		1	1:20:05			1:20:05			
Jonassen, Martin		1	1:17:16			1:17:16			
Jonsson, Gunnar	SKILØPERNE	1	1:13:23	01:13:23					
Jonsson, Mikael		1	1:11:57						1:11:57
Josipovic, Jelena	NAV FREDRIKSTAD	2	1:34:04		1:38:53	1:34:04			
Josipovic, Vedran		1	1:34:18		1:34:18				
Julusmoen, June		2	1:17:31					1:17:31	1:19:45
Jønland, Endre Olav		5	1:23:33	01:43:45		1:33:18	1:23:33	1:27:13	1:30:11
Jøransen, Mona		1	1:21:13			1:21:13			
Jørgensen, Geir	FREDRIKSTAD IF	4	1:08:12		1:10:53	1:17:13	1:08:12	1:12:50	
Jørgensen, Hege		1	1:31:44				1:31:44		
Jørgensen, Jarle	FREDRIKSTAD IF	2	1:10:51	01:20:50	1:10:51				
Jørgensen, Leif Roar	FREDRIKSTAD IF	3	1:28:17	01:31:19	1:28:17	1:29:23			
Jørgensen, Petter	DANSKE BANK	1	1:01:27						1:01:27
Jørnholt, Christer		1	1:37:52	01:37:52					
Jørstad, Erik	MANSTAD SPRINT- OG ULTRALØPERFO	5	1:04:50	01:08:33	1:04:50	1:18:43	1:10:15	1:24:22	
Kahrs, Christian Riddervold	SLEVIK IL	1	0:58:29			0:58:29			
Kahrs, Marianne Riddervold	COWI	1	1:05:58			1:05:58			
Kairelis, Irmantas		2	1:08:20	01:09:32	1:08:20				
Kanestrøm, Dag Viggo		1	1:44:54		1:44:54				
Karesch, Joshua		1	1:25:29				1:25:29		
Karlsen, Bjørn Dahlby		1	1:07:59		1:07:59				
Karlsen, Geir	TEAM ROMSÅS ROADRUNNERS	2	1:43:09	01:44:26	1:43:09				

Glommaløpet 10 miles individuelt
Historikk

Karlsen, Jan Erik	SENTRUM KAMPSPORT - SARPSBORG	1	1:24:35					1:24:35	
Karlsen, Jon Andre		1	1:33:46			1:33:46			
Karlsen, Kristian		1	0:53:26		0:53:26				
Karlsen, Maria Dahle		1	1:37:08			1:37:08			
Karlsen, Morten	COGNACLOSJEN	2	1:07:48		1:07:48			1:10:23	
Karlsen, Rolf	BUL	2	1:05:09			1:05:09			1:09:14
Karlsen, Svein-Åge	RYGGE IL	3	1:00:48	01:08:28	1:00:48	1:05:56			
Karlsen, Vidar Lothe	BRYNILD GRUPPEN	2	1:10:40	01:20:27	1:10:40				
Karlsson, Anders		1	1:19:56				1:19:56		
Karlsson, Kjærstin		2	1:26:22		1:26:22	1:29:44			
Karlsson, Mikael	TEAM ISARPSBORG	1	1:31:20	01:31:20					
Karlstad, Tore		1	1:20:21				1:20:21		
Karslsen, Ina Susanne		1	1:52:34			1:52:34			
Karstensen, Linn Therese		2	1:34:28				1:34:28	1:48:11	
Kasbohm, Ellen Karine	FREDRIKSTAD TRIATHLONKLUBB	3	1:17:48		1:25:51		1:17:48	1:24:09	
Kaspersen, Steve	ROMERIKE ULTRALØPERKLUBB / TEAM	4	1:05:50	01:13:35	1:05:50		1:07:21		1:22:50
Kaur, Satpal		1	1:45:40	01:45:40					
Kavli, Micheline		1	1:19:55				1:19:55		
Kavli, Stig		1	1:19:06				1:19:06		
Kazinci, Kirsti		1	2:04:11	02:04:11					
Kedziora, Norbert		2	1:11:58	01:16:01	1:11:58				
Kielland, Erik		2	1:26:19					1:34:42	1:26:19
Kirkeng, Anne Marit	ØSTBYGDA IL	3	1:23:51	01:31:32		1:24:58	1:23:51		
Kirkeng, Hans Olaf	ØSTBYGDA IL	3	1:23:43	01:32:54	1:23:43		1:39:14		
Kirkeng, Tommy Andre	ØSTBYGDA IL	2	1:15:21	01:19:13		1:15:21			
Kirkerød, Jonas		2	1:08:57	01:43:41	1:08:57				
Kivedal, Bjørnar Karlsen		1	1:26:53		1:26:53				
Kjellesvig, Tellef	FREDRIKSTAD SKIKLUBB	4	1:15:24	01:33:40	1:15:24	1:19:15		1:25:02	
Kjellvik, Richard	MANSTAD SPRINT & ULTRALØPFORENI	4	1:09:13		1:09:13	1:13:45	1:12:13	1:24:43	
Kjerkreit, Halvor	SARPSBORG KULTURSKOLE	1	1:21:31					1:21:31	
Kjølberg Klonteig, Eirik	BRUNOSTEN IL	2	1:04:15				1:04:15		1:20:20
Kjølberg Klonteig, Laila		1	1:30:38				1:30:38		
Kjøll, Øystein Harley	IDE&DEKORVERKSTEDET IL	2	1:30:43			1:30:43	1:31:56		
Kjøniksen, Magne		1	1:22:15				1:22:15		
Kjørvik, Tormod	FREDRIKSTAD IF	1	1:22:25						1:22:25
Klausen, Glenn		1	1:14:43				1:14:43		
Klausen, Per Kristian	KONGSTEN IF	1	1:30:58					1:30:58	
Klauset, Kristine		1	1:48:14			1:48:14			

Glommaløpet 10 miles individuelt
Historikk

Kleiveland, Olav		2	1:03:34		1:03:34		1:07:07		
Klevås, Tora	HVALER KOMMUNE	2	1:36:08		1:41:25			1:36:08	
Knape, Magnus	FREDRIKSTAD SYKKELKLUBB	1	1:07:56			1:07:56			
Knudsen, Anne-Karine Winther	FAMILY SPORTS CLUB FREDRIKSTAD	1	1:40:07			1:40:07			
Knudsen, Bente	HVALER	1	1:34:39					1:34:39	
Knudsen, Gunnar		2	1:15:30	01:33:27	1:15:30				
Knudsen, Ronny		1	1:07:45				1:07:45		
Knutsen, Stine		2	1:46:36		1:46:36	1:54:24			
Kolstad, Hilde		1	1:38:17				1:38:17		
Kolverud, Kine		1	1:44:13	01:44:13					
Kongsberg, Henrik	CALL2ACTION	1	1:35:04		1:35:04				
Korsell, Øyvind	INFOTJENESTER AS	1	1:33:11		1:33:11				
Korsmo, Frode	MOELVEN IL	1	1:11:26	01:11:26					
Korum, Jørgen	HENNING QUIZNES	2	0:57:55	00:57:55	1:00:16				
Krabberød, Vegard	IFRONT	3	1:19:12		1:36:00		1:19:12	1:30:18	
Kraugerud, Frode		3	1:04:44	01:38:57	1:04:44	1:06:14			
Kraugerud, Randi		2	1:25:44		1:29:49		1:25:44		
Kristensen, Espen Teksle	IØPS	2	1:18:39		1:18:39	1:19:34			
Kristensen, Monica	SOLKYSTEN LK	1	1:44:50					1:44:50	
Kristiansen Rustad, Kine		1	1:22:05	01:22:05					
Kristiansen, Aleksander Vold	MANNHULLET	1	1:27:04			1:27:04			
Kristiansen, Eilen Marie		1	1:47:24					1:47:24	
Kristiansen, Glenn		1	1:15:29				1:15:29		
Kristiansen, Gry	INFOTJENESTER	1	1:27:31			1:27:31			
Kristiansen, Jeanette		3	1:17:50	01:27:31	1:17:50	1:21:26			
Kristiansen, Johanne Kvernstuen		1	1:29:27				1:29:27		
Kristiansen, Jørn	TEAM WESTTOWN	1	1:47:16	01:47:16					
Kristiansen, Malin		1	1:34:09					1:34:09	
Kristiansen, Ole Martine	MARKEDSPARTNER	1	1:45:50			1:45:50			
Kristiansen, Pia Therese		1	1:35:30						1:35:30
Kristiansen, Pål		1	1:18:37						1:18:37
Kristiansen, Pål Oliver		1	1:14:48				1:14:48		
Kristiansen, Stian		1	1:34:12				1:34:12		
Kristiansen, Stian		1	1:41:52			1:41:52			
Kristiansen, Thomas		1	1:39:51			1:39:51			
Kristiansen, Tom Erik		1	1:38:48				1:38:48		
Kristiansen, Tonje Bøhn	SK VIDAR	1	1:13:57			1:13:57			
Kristoffersen, Ann Charlott		1	1:38:11		1:38:11				
Kristoffersen, Bente Kihl		1	1:38:21						1:38:21

Glommaløpet 10 miles individuelt
Historikk

Kristoffersen, Nina		1	1:43:24				1:43:24		
Kristoffersen, Thomas	SPENNCON/HØNEFOSS	1	1:16:05					1:16:05	
Kristoffersen, Tom		1	1:18:59		1:18:59				
Kristoffersen, Vidar		2	1:18:54	01:39:20				1:18:54	
Krog, Gro		1	1:40:36		1:40:36				
Krogsrud, Lars	GRESVIK IF	4	1:06:06	01:08:17		1:06:06		1:08:10	1:10:10
Krogstad, Rita		2	1:46:28	01:57:21	1:46:28				
Krosby, Anders Johan	FREDRIKSTAD SKIKLUBB	3	1:17:17	01:32:52	1:17:17		1:19:02		
Krossby, Magnus	HVALER IL	3	1:17:11			1:18:43	1:17:11	1:26:28	
Kruse, Erik		1	1:15:16		1:15:16				
Kubberød, Elise		1	1:32:55				1:32:55		
Kubberød, Marie		1	1:21:28				1:21:28		
Kull, Trine		2	1:33:36	01:45:37			1:33:36		
Kullberg, Cathrine	RUSTAD IL	1	1:24:21			1:24:21			
Kullberg-Marcussen, Just		3	1:18:53			1:19:17	1:18:53	1:28:42	
Kullerud, Anette		1	1:49:26		1:49:26				
Kumela, Dominik		1	1:07:22		1:07:22				
Kummervold, Ivar		1	1:03:36				1:03:36		
Kure, Hans Magnus	COWI	1	1:11:12	01:11:12					
Kvalsvik, Geir	FREDRIKSTAD IF	1	1:20:18		1:20:18				
Kvalsvik, Guttorm	NORSK HYDRO BIL	2	1:18:05	01:35:24		1:18:05			
Kvalsvik, Lars	KRÅKERØY IL	2	1:14:16			1:21:12	1:14:16		
Kvalsvik, Magnus	KVALSVIK BYGG AS	1	1:20:04					1:20:04	
Kvalvik, Daniel	TORVIKBUKT IL	1	1:34:28	01:34:28					
Kvalvik, Lars	KVALVIK BYGG AS	1	1:15:06		1:15:06				
Kvame, Anders	SALTNES SPORTSKLUBB	1	1:08:04	01:08:04					
Kvammen, Tone Lyngvær		1	1:53:57						1:53:57
Kvernmo, Fride		1	1:29:38				1:29:38		
Kvisberglien, Håvar	MOSS CK	1	1:17:56			1:17:56			
Kynningsrud, Daniel		1	1:28:41	01:28:41					
Laabak, Reidar	FREDRIKSTAD POLITIIDRETTSLAG	1	1:24:43			1:24:43			
Lader Bruhn, Øyvind		1	1:27:28		1:27:28				
Landeklint, Henrik	FREDRIKSTAD IF	3	1:08:35	01:11:21		1:08:35	1:11:37		
Langballe, Tore	DRIV TRENING	1	1:22:48						1:22:48
Langnes, Rune		6	1:08:03	01:15:46	1:10:32	1:11:03	1:08:03	1:11:46	1:16:20
Langsholdt, Elisabeth		1	1:28:58				1:28:58		
Langva, Frank	KONGSTEN IF	2	1:19:57		1:22:34		1:19:57		
Lars, Hansen	MARKEDSPARTNER	1	1:13:53			1:13:53			
Larsen Isøy, Preben		1	1:45:39	01:45:39					

Glommaløpet 10 miles individuelt
Historikk

Larsen, André		2	1:12:04			1:12:04	1:19:25		
Larsen, Andreas	ASIK FLAMES	3	1:08:18			1:08:32	1:08:18	1:12:42	
Larsen, Anita		3	1:31:20		1:31:20	1:42:49	1:32:19		
Larsen, Annette	ROCKDRIVERS	4	1:37:14	01:56:46	1:37:14	1:44:17	1:44:30		
Larsen, Annika		1	1:48:27			1:48:27			
Larsen, Bjørn Einar		1	1:16:58				1:16:58		
Larsen, Dennis		2	1:17:02		1:20:35			1:17:02	
Larsen, Elisabeth	NAV FREDRIKSTAD	2	1:24:29		1:24:29	1:28:23			
Larsen, Erlend		1	1:16:29		1:16:29				
Larsen, Erna	MOSSJONISTENE	1	1:41:10		1:41:10				
Larsen, Fred Morgan	FREDRIKSTAD IF	5	1:03:58	01:11:06	1:03:58	1:05:52	1:07:43	1:11:20	
Larsen, Henriette Elisabeth		1	1:28:42		1:28:42				
Larsen, Julie	SARPSBORG IL	1	1:00:01		1:00:01				
Larsen, Julie		1	1:33:31		1:33:31				
Larsen, Kenneth		2	1:17:27	01:17:27				1:20:31	
Larsen, Knut-André		4	1:05:39	01:06:44		1:05:39	1:06:33	1:11:13	
Larsen, Lasse		1	2:13:18	02:13:18					
Larsen, Martha		2	1:21:46		1:21:46		1:29:20		
Larsen, Martin Syver	NEXANS BIL	1	1:32:05	01:32:05					
Larsen, Mona		2	1:36:53			1:36:53	1:41:36		
Larsen, Ole-Hermann		1	1:40:55					1:40:55	
Larsen, Petter Sten		1	1:09:30				1:09:30		
Larsen, Svend Aage	ROCKDRIVERS	3	1:26:09	01:29:30		1:26:09	1:29:28		
Larsen, Tim-Christian		1	1:21:45	01:21:45					
Larsen, Tom-Erik		1	1:19:33				1:19:33		
Larsen, Wenche		1	1:36:10						1:36:10
Larseng, Petter		1	1:18:08		1:18:08				
Larssen-Aas, Kari		1	1:21:14	01:21:14					
Lasken Nilsen, Line	GRANDAHL EIENDOMSMEGLING AS	1	1:41:18			1:41:18			
Lauritsen, Jim		1	1:23:40				1:23:40		
Lauritzen, Elisabeth	RAKKESTAD SYKKELKLUBB	1	1:31:00					1:31:00	
Lauritzen, Karina Sandell	INFOTJENESTER	1	1:39:51			1:39:51			
Lauvstad, Espen	HANDICARE	3	1:17:39	01:28:50	1:17:39	1:24:11			
Lavik Nordby, Andreas		1	1:32:43				1:32:43		
Lawton, Daniel		1	1:24:07		1:24:07				
Lee, Jim	TEAM AWESOME	1	1:00:17		1:00:17				
Lefsaker, Anita		1	1:59:04				1:59:04		
Lefsaker, Sverre		1	1:26:38				1:26:38		
Lehmann Syversen, Kian	LEHMANN & CO	1	1:21:37		1:21:37				

Glommaløpet 10 miles individuelt
Historikk

Leira, Hanne	FREDRIKSTAD IF	1	1:26:58			1:26:58			
Leira, Hilde		1	1:36:17				1:36:17		
Lerkerød, Kjersti	IL I BUL	1	1:06:16					1:06:16	
Lervik, Andreas	SARPSBORG SYKLEKLUBB	5	1:26:49	01:47:30		1:32:41	1:26:49	1:49:05	1:48:58
Lervik, Trygve	FPOB	3	1:22:19	01:32:58	1:22:19	1:23:52			
Liane, Lars-Ketil	FREDRIKSTAD SKIKLUBB	2	1:22:57	01:38:38		1:22:57			
Lie Bjerke, Karl Oskar		1	1:55:54	01:55:54					
Lie, Kjersti	MULTICONSULT	1	1:24:37			1:24:37			
Lie, Mille	FREDRIKSTAD IF	2	1:13:46		1:13:46	1:14:47			
Lieberknecht, Lasse	FREDRIKSTAD IF	1	1:13:23	01:13:23					
Lien, Amalie Hauge	FREDRIKSTAD IF	1	1:26:25		1:26:25				
Lien, Steinar		1	1:05:07				1:05:07		
Lier, Henrik	SKY BLAZERS	2	1:04:42	01:04:59	1:04:42				
Lier, Ole Christian	FREDRIKSTAD IF	3	1:10:24		1:10:24	1:11:22			1:22:41
Lilleborge, Marthe		1	1:43:34	01:43:34					
Lilleby, Oscar		1	1:25:25			1:25:25			
Lillebø, Bjørn Arne		3	1:14:55				1:14:55	1:20:26	1:28:13
Lillemoen, Stein Georg	FREDRIKSTAD IF	1	1:31:07					1:31:07	
Lillestrand, Cathrine	TRØSKEN IL	1	1:41:48						1:41:48
Lillestrand, Finn Henry		1	1:20:38				1:20:38		
Lind Gaarden, Martin		1	1:19:38			1:19:38			
Lind, Knut		1	1:25:57			1:25:57			
Lind, Sven-Erik		1	1:34:20				1:34:20		
Lindalen, Håvard	FLAMSK LØPEGRUPPE	1	1:27:33	01:27:33					
Lindberg, Terje	NAV	1	1:53:51	01:53:51					
Lindblad, Geir	STRØMMEN VIDEREGÅENDE SKOLE	2	1:06:56	01:06:56				1:07:25	
Lindblad, Mette Lise		2	1:36:18	01:47:19		1:36:18			
Lindekleiv, Ole	FK VIGØR	2	1:28:45		1:30:17	1:28:45			
Linden, Noah	FREDRIKSTAD IF	1	1:27:48			1:27:48			
Lindgjerdet, Michael		1	1:53:33				1:53:33		
Lindh, Monica		2	1:33:57			1:34:48	1:33:57		
Lindkvam, Barbro		1	1:18:06			1:18:06			
Lindskog, Eva	FREDRIKSTAD IF	1	1:26:15						1:26:15
Lindstad, Beate	MOTEK	1	1:18:33					1:18:33	
Lindstad, Christian	MOTEK AS	1	1:09:39					1:09:39	
Lindstrøm, Richard		3	1:16:34	01:17:55			1:16:34	1:21:56	
Lindvig, Jarl Andre		1	1:19:21	01:19:21					
Lingaas, Sissel Henriette		1	1:44:05					1:44:05	
Loennecken, Cathrine		1	1:12:12				1:12:12		

Glommaløpet 10 miles individuelt
Historikk

Loftaas, Lars		1	1:08:19			1:08:19			
Lohrmann, Marie	VISMA	1	1:33:02					1:33:02	
Lokøy, Asbjørn		1	1:49:27					1:49:27	
Lorentzen, Henrik		1	1:14:55				1:14:55		
Lorentzen, Maria	ROCKWOOL KONDIS	1	1:23:16	01:23:16					
Ludvigsen, Christopher	SOFTLOGS	2	1:42:27	01:47:04	1:42:27				
Ludvigsen, Håkon Kruse	FAGERHØY LEIRSKOLE	1	1:03:42	01:03:42					
Ludvigsen, Jonathan		1	2:07:54		2:07:54				
Lund, Anders		1	1:40:59						1:40:59
Lund, Hans-Jørgen		2	1:08:13				1:08:13	1:11:26	
Lund, Ida Hammerseng	VIND IL	1	1:45:49	01:45:49					
Lund, Mari Hammerseng	KVERNHUSET BIL	1	1:21:32		1:21:32				
Lund, Per Kristian	VIND IL	1	1:25:44	01:25:44					
Lundberg, Terje	COMPUSOFT BIL	2	1:18:58			1:18:58	1:20:11		
Lunde, Harald		1	1:19:56				1:19:56		
Lunde, Kristian	KARDIGAN AS	1	2:10:06					2:10:06	
Lunde, Lars-Kristian		1	1:01:24	01:01:24					
Lunde, Sondre Bauer		1	1:21:35				1:21:35		
Lundestad - Høier, Birthe		2	1:23:01		1:23:28		1:23:01		
Lundestad, Sven		1	1:35:22						1:35:22
Lundh, Kathrine		1	1:47:22	01:47:22					
Lundstrøm, Ivar		5	1:27:25	01:35:27	1:27:25	1:29:16	1:29:45	1:48:31	
Lybeck, Torodd	FAGERNES IL	1	1:17:33			1:17:33			
Lybæk, Tanja	FREDRIKSTAD IF	2	1:32:34			1:37:47		1:32:34	
Lynne, Camilla	OPPEGÅRD KOMMUNE	2	1:38:21	01:56:52		1:38:21			
Lynne, Geir	RAADHUSGRUPPEN	3	1:26:24	01:56:51	1:26:24	1:38:21			
Lyrek, Trine	TRASTI & TRINE	1	1:24:41	01:24:41					
Lysaker, Sjur		1	1:20:53				1:20:53		
Lystad, Hans-Petter	PRIVAT	2	1:15:39				1:15:39	1:16:03	
Lystad, Pål Robert	SAUGBRUGS BIL	2	1:10:25			1:10:25		1:11:24	
Lystad, Stian Berg		1	1:46:58	01:46:58					
Lyø Jeppesen, Christina		1	1:37:43						1:37:43
Løken, Egil	CK TOTENTRÅKK	2	1:12:57		1:12:57	1:17:50			
Løken, Jørgen		2	1:02:31				1:04:13	1:02:31	
Løkke, Anders	CK ØST	2	1:21:36				1:21:36	1:28:07	
Løkke, Karianne		1	1:21:51				1:21:51		
Løkken, Stian	MOSSJONISTENE	1	1:14:42						1:14:42
Løland, Ole	TRIOVING	1	1:28:41			1:28:41			
Lørdahl, Mari		1	1:41:40			1:41:40			

Glommaløpet 10 miles individuelt
Historikk

Løvfold, Jan		2	1:24:10			1:37:31	1:24:10		
Løvfold, Lene		1	1:50:02		1:50:02				
Løvvig Lind, Hilde		1	1:37:18			1:37:18			
Løvås, Even Bentzen	HALDEN IL	1	1:00:00	01:00:00					
Løvås, Even Buer		2	1:01:36		1:01:36	1:12:01			
Løvås, Ingjerd Buer	HALDEN IL	2	1:29:10	01:45:08	1:29:10				
Madsen, Asbjørn	FRISKIS OG SVETTIS	1	1:30:38					1:30:38	
Magnussen, Emil Orten		2	1:02:17		1:02:17		1:05:15		
Magnussen, Heine	FREDRIKSTAD TRIATLONKLUBB	3	1:08:57	01:14:21	1:08:57	1:11:07			
Magnussen, Jørn Gisle	SKJEBERG CK	1	1:27:56	01:27:56					
Magnussen, Kurth Asle		1	1:06:05				1:06:05		
Magnusson, Karin	FIK REN-ENG	1	1:07:36			1:07:36			
Maican Lara, Santo Angel	MOSSJONISTENE	2	1:12:05			1:12:05		1:13:45	
Maiset, Dag	FRISKIS & SVETTIS FREDRIKSTAD	1	1:34:37					1:34:37	
Maiset, Herman Femtehjell	FRISKIS & SVETTIS FREDRIKSTAD	1	1:33:39					1:33:39	
Malm, Erik Andreas		3	1:23:38	01:35:08				1:25:12	1:23:38
Mandji, Marcel		1	1:33:24				1:33:24		
Mandji, Therese Leonardsen		2	1:34:22		1:38:10		1:34:22		
Marco-Arroyo, Ruben		1	0:59:02				0:59:02		
Marhaug, Andre Østbye		1	1:14:50					1:14:50	
Mariedatter, Maya	FREDRIKSTAD IF	1	1:34:21			1:34:21			
Marken, Nikolai		2	1:15:02					1:15:02	1:35:53
Markussen, Magne	KINGSRØD TRANSPORT	1	1:09:42		1:09:42				
Marman, Matias		1	1:40:12		1:40:12				
Marthinsen, Hanne	MARKEDSPARTNER	1	1:40:19			1:40:19			
Martins, Alex		1	1:38:42	01:38:42					
Martinsen, Arne-Johan	FREDRIKSTAD IF	1	1:11:10						1:11:10
Martinsen, Bjørn Arild	AKTIV FOR EPILEPSI	2	1:33:20	01:44:34				1:33:20	
Martinsen, Erik		1	1:22:01				1:22:01		
Martinsen, Fredrik	TEAM THORVALD	4	1:07:24		1:07:24	1:09:21	1:17:23	1:30:17	
Martinsen, Ingar		3	1:17:52		1:17:52		1:19:19	1:23:12	
Martinsen, Jan	NESODDEN	1	1:36:27					1:36:27	
Martinsen, Katrine		1	1:59:16					1:59:16	
Martinsen, Mathis	FAMILY SPORTS CLUB FREDRIKSTAD	1	1:40:07			1:40:07			
Martinsen, Mia		1	1:33:53				1:33:53		
Martinsen, Ole-Jacob		1	1:16:31				1:16:31		
Martinsen, Rune		1	1:40:18		1:40:18				
Martinsen, Siw		1	1:40:18		1:40:18				
Martinsen-Evje, Sindre		5	1:20:22	01:32:54	1:20:22	1:26:10	1:28:49	1:31:47	

Glommaløpet 10 miles individuelt
Historikk

Mathiasen Oldervik, Ingrid	TEAM INGRID	1	1:12:49		1:12:49				
Mathiasen, Ingrid Oldervik		1	1:23:16				1:23:16		
Mathiassen, Maria		1	1:20:29				1:20:29		
Mathisen, Frida		1	1:26:18				1:26:18		
Mathisen, Glenn		2	1:15:23			1:18:28			1:15:23
Mathisen, Ida		1	1:35:35				1:35:35		
Mathisen, Raymond	ROCKWOOL MOSS	1	1:09:25	01:09:25					
Mathisen, Roger	JACKON	2	1:24:51					1:24:51	1:29:02
Mathisen, Stian	FREDRIKSTAD TRIATHLONKLUB	1	1:08:17						1:08:17
Mathisen, Stian		1	1:57:29	01:57:29					
Matland, Lene Bro		1	1:26:43		1:26:43				
Mcgrath, Margaret	ATOMEN HALDEN BIL	3	1:17:45		1:21:56		1:17:45	1:21:37	
Medic, Amra		1	1:46:58	01:46:58					
Meisingset, Magne	STATNETT BIL	1	1:13:56						1:13:56
Melby, Jøran		1	1:54:13						1:54:13
Melby, Mads	FRAMBU BIL	1	1:18:27		1:18:27				
Melby-Olsen, Lena		1	1:25:50			1:25:50			
Melgaard, Kristian	RRBIL	1	1:30:18					1:30:18	
Mellberg, Eva Marie		1	1:27:22				1:27:22		
Mellem, Kristine		1	1:53:45				1:53:45		
Messelt, Berit	TEAM MESSELT	1	1:11:41			1:11:41			
Michaelsen, Camilla		1	1:24:45			1:24:45			
Minge, Martin		1	1:14:04			1:14:04			
Minge, Torill	KONDIS	1	1:53:25						1:53:25
Mjønes, Marit		1	1:37:49			1:37:49			
Mo, Dagfinn	MOSS CK/LIGHT FLIGHT	2	1:05:51			1:06:38	1:05:51		
Mo, Fridtjov	LIGHT FLIGHT JR.	1	1:20:18		1:20:18				
Mobakken, Ellen		2	1:27:38	01:37:33	1:27:38				
Modahl, Einar	FREDERIK II VGS	1	1:17:52	01:17:52					
Moe, Karoline		1	1:32:16					1:32:16	
Moe, Marianne	ROMERIKE ULTRALØPERKLUBB	3	1:13:58	01:16:40	1:29:07		1:13:58		
Moe, Mia	BEGBI IL	1	1:08:50		1:08:50				
Moe, Terje		1	1:12:14		1:12:14				
Moen Pinås, Marianne		1	1:35:22				1:35:22		
Moen, Aleksander	IMTECH KRISTIANSAND AS	1	1:23:11					1:23:11	
Moen, Daniel	VARTEIG ELVELØP	1	1:44:31						1:44:31
Moen, Kristian		1	1:35:44	01:35:44					
Moen, Morten		5	1:26:34	01:26:56	1:26:34		1:32:55	1:39:14	1:44:33
Moen, Thor	FREDRIKSTAD SKIKLUBB	2	1:24:03	01:32:43				1:24:03	

Glommaløpet 10 miles individuelt
Historikk

Moen, Øyvind	RAGA ROCKERS	1	1:58:22	01:58:22					
Moeskau, Malin		1	1:49:19	01:49:19					
Monen, Knut	ALBATROSS IL	1	1:38:41					1:38:41	
Monkvik, Per	FREDRIKSTAD IF	1	1:11:18		1:11:18				
Monsen, André		1	1:33:13				1:33:13		
Monsen, Ingunn		2	1:15:00	01:25:33		1:15:00			
Monsen, Trude		1	1:33:13				1:33:13		
Morger, Runa	GLOMMA TANNKLINIKK	2	1:30:52		1:36:11		1:30:52		
Morset, Tora Larsen		1	1:46:58			1:46:58			
Morstad, Karin Mathilde	PRIVAT	1	1:35:06			1:35:06			
Mortensen, Fredrik		1	1:39:12	01:39:12					
Mortensen, Marius		1	1:31:18				1:31:18		
Mostad Hansen, Jonas		1	1:26:22	01:26:22					
Motzfeldt, Inga		1	1:49:04					1:49:04	
Mouland, Sven O.	TIRC	1	1:36:07					1:36:07	
Mujkanovic, Dzenana		1	1:53:38	01:53:38					
Munikar, Mahesh		1	1:20:06	01:20:06					
Myhre Haugerud, Fredrik		1	1:17:18		1:17:18				
Myhre, Anne		1	1:46:59	01:46:59					
Myhre, Kjersti	FRISKIS & SVETTIS	2	1:18:18		1:18:18				1:20:40
Myhrvold, Anita	BOLT DESIGNSTUDIO	1	1:38:21			1:38:21			
Müller, Heidi		1	1:43:09		1:43:09				
Mylrangam Gopalan, Bharath Kumar		1	1:21:27		1:21:27				
Myran, Rolf Arild		3	1:10:57	01:14:04	1:10:57	1:11:05			
Myrhaugen, Gørill Lødding		1	1:50:53			1:50:53			
Myrstad, Jonas		1	1:19:27	01:19:27					
Mysen, Julie Marie		1	1:17:31				1:17:31		
Møller, Lars Petter	FREDRIKSTAD SYKKELKLUBB	1	1:26:44	01:26:44					
Møller, Simen		1	1:10:10		1:10:10				
Møller-Eriksen, Morten		2	1:29:13					1:35:32	1:29:13
Navestad, Espen	SARPSBORG IL	1	1:11:48						1:11:48
Nergård, Thomas	TRE TETTE OG EI BADEHETTE	1	1:20:13		1:20:13				
Nesengen, Bjørge	FREDRIKSTAD TRIATLONKLUBB	2	1:04:46				1:04:46	1:06:25	
Ness, Ivar	HVALER VOLLEYBALLKLUBB	3	1:17:34			1:19:59	1:17:34	1:19:04	
Neuhaus, Stephan	OSI FRIIDRETT	1	1:04:46						1:04:46
Nguyen, Claudia		1	1:46:36	01:46:36					
Nguyen, Simon Pettersen		1	1:26:23	01:26:23					
Nichele, Stefano		1	1:13:06		1:13:06				
Nicholson, Colin	TEAM AWESOME	1	1:16:47		1:16:47				

Glommaløpet 10 miles individuelt
Historikk

Nielsen, Grethe		2	1:40:32		1:42:34	1:40:32			
Nielsen, Per	COWI BIL	2	1:15:12				1:15:12	1:15:13	
Nielsen, Trine		2	1:28:20			1:28:20	1:39:30		
Nilsen, Erik Moursund	BETONMASTHÆHRE	2	1:31:04	01:39:31	1:31:04				
Nilsen, Jørgen	STADIONKLINIKKEN A/S	2	1:17:57	01:17:57				1:18:31	
Nilsen, Jørn		1	1:17:04					1:17:04	
Nilsen, Jørn Espen		2	1:06:04		1:06:04		1:07:59		
Nilsen, Laila Strand	SARPSBORG KOMMUNE, TEAM OMSOR	1	1:51:06		1:51:06				
Nilsen, Lene		2	1:26:24		1:26:24	1:33:38			
Nilsen, Line Helene		1	1:45:20					1:45:20	
Nilsen, Line Lasken		1	1:36:58				1:36:58		
Nilsen, Marlene		1	1:42:16	01:42:16					
Nilsen, Pål	RUNAWAY	1	1:20:48						1:20:48
Nilsen, Thormod	GLASSTEAM	3	1:19:34	01:42:17	1:19:34				1:23:03
Nilsen, Tom	MOSSJONISTENE	2	1:28:09					1:29:15	1:28:09
Nilsen, Trine Bjerkeli		1	1:50:45				1:50:45		
Nilsen, Trond	FREDRIKSTAD IF	1	1:10:57		1:10:57				
Nilsen, Trond Vidar		1	1:35:39			1:35:39			
Nilsen, Vidar	TEAM SPORTSMANDEN	1	1:02:31		1:02:31				
Nilssen, Pål-Helge	NORTHERN RUNNERS	5	1:07:34		1:07:34	1:10:59	1:10:00	1:08:29	1:12:30
Nilsson, Kristofer		1	1:54:14			1:54:14			
Njå, John-Olav		1	3:02:15	03:02:15					
Nodland, Geir	MARKEDSPARTNER	1	1:23:12		1:23:12				
Nome, Astrid	TRENINGSCAMP	1	1:29:16						1:29:16
Nome, Torfinn	TRENINGSCAMP	1	1:21:12						1:21:12
Nord, Emil	TEAM HANNESTAD	1	1:18:32		1:18:32				
Nordbeck Jøransen, Mona		1	1:17:47		1:17:47				
Nordbrøden, Hanna Haugen	COWI	1	1:10:15			1:10:15			
Nordeide, Linda		1	1:39:44			1:39:44			
Nordenberg, Freddy	GIF-JOGGEN	1	1:50:38	01:50:38					
Nordli, Hanne	FREDRIKSTAD KOMMUNE	1	1:41:30			1:41:30			
Nordli, Pernille		1	1:35:29	01:35:29					
Nordli, Vilja	TUNESKIPET BARNEHAGE	3	1:31:11		1:33:26		1:31:11	1:39:28	
Nordlie, Henrik		2	1:20:51	01:29:12				1:20:51	
Nordmelan, Kasper	KJØLHOLTÅSEN LANGLØPERLAG	1	1:13:23	01:13:23					
Nordnes, Mona Lavoll		4	1:30:27	01:37:45	1:30:27	1:37:23			1:47:01
Nordrum Rakvåg, Irene	TEAM LUMBAGO	2	1:23:49			1:24:29		1:23:49	
Nordskog, Anette	SOL	1	1:58:01					1:58:01	
Nordtveit, Siri		1	1:22:47				1:22:47		

Glommaløpet 10 miles individuelt
Historikk

Norema, Ivar	NOREMA	1	1:09:39					1:09:39	
Norli, Petter	VERITAS BIL	1	1:16:36					1:16:36	
Norum, Bjørn	COOP ØST	1	1:30:32					1:30:32	
Norvang, Christine	AKTIVITETSGJENGEN	1	1:42:25	01:42:25					
Nundal, Terje	FRISKIS & SVETTIS TØNSBERG - NØTTER	2	1:28:45	01:43:42		1:28:45			
Nyaas, Wenche		1	1:38:37			1:38:37			
Nybakk, Daniel		1	1:37:50	01:37:50					
Nyegaard Johansen, Camilla		1	1:16:24				1:16:24		
Nygaard, Anne Mette		4	1:27:34			1:27:51	1:27:34	1:29:00	1:30:30
Nygaard, Morten	RT27	2	1:17:17		1:17:17	1:21:50			
Nygaard, Tore		1	1:40:04				1:40:04		
Nygård, Jon-Ivar	FREDRIKSTAD KOMMUNE	1	1:23:34			1:23:34			
Nyland, Cathrine Graff		1	1:28:56				1:28:56		
Nymo, Frank	LUNDBECK BIL	1	1:38:11					1:38:11	
Nystad, Espen		1	1:12:41				1:12:41		
Nysted, Hans-Kristian	EUROPRIS	1	1:26:55		1:26:55				
Nyvoll, Sigmund		1	1:14:50				1:14:50		
Nyvoll, Sindre		1	1:20:48				1:20:48		
Nøstvik, Bjørn	HALDEN TRIATHLON KLUBB	3	1:03:11	01:14:18	1:03:11	1:06:25			
Odvold Sivertsen, Gunn		1	1:28:33					1:28:33	
Ogre, Marcus		1	1:23:00				1:23:00		
Oksavik, Jostein Brå	NESODDEN IF	1	1:08:27			1:08:27			
Olafsen, Line		2	1:30:59					1:30:59	1:37:18
Olafsrud, Lars-Petter		1	1:27:28			1:27:28			
Olavesen, Morten	FREDDY REINERTS LØPELAG	1	1:52:28		1:52:28				
Olin, Hege		2	1:40:24			1:47:16	1:40:24		
Oliversen, Daniel	TRØSKEN IL	1	1:23:21					1:23:21	
Oliversen, Synne	TRØSKEN IL	1	1:34:39					1:34:39	
Olsen Wang, Heidi		1	2:38:55	02:38:55					
Olsen, Andreas Garder	KVERNHUSET BIL FREDRIKSTAD	1	1:01:05			1:01:05			
Olsen, Bengt		1	1:21:56			1:21:56			
Olsen, Bent Olav	FREDRIKSTAD TRIATHLON	1	1:39:16					1:39:16	
Olsen, Cecilie Brox		2	1:33:19	01:40:40			1:33:19		
Olsen, Dan Thomas		1	1:18:05				1:18:05		
Olsen, Håkon Strand	FREDRIKSTAD IF	2	1:18:01		1:18:01				1:20:32
Olsen, Ine Marlene		1	1:35:41				1:35:41		
Olsen, Inge Harald	FREDRIKSTAD SYKKELKLUBB	1	1:37:53	01:37:53					
Olsen, John Vidar	RYGGEJOGGEN	2	1:27:32		1:30:35		1:27:32		
Olsen, Jorunn		1	1:24:40			1:24:40			

Glommaløpet 10 miles individuelt
Historikk

Olsen, Kent		1	1:18:14						1:18:14
Olsen, Kim	FREDRIKSTAD IF	2	1:03:39					1:03:39	1:09:35
Olsen, Kim Roger		1	1:42:29			1:42:29			
Olsen, Magne Strand	FREDRIKSTAD IF	1	1:20:38						1:20:38
Olsen, Monica	FEMIRUN	1	2:00:06		2:00:06				
Olsen, Per Marius		1	1:12:03				1:12:03		
Olsen, Roar	GIF-JOGGEN	1	1:48:55	01:48:55					
Olsen, Silje Skarning		3	1:44:25			1:44:58	1:47:04	1:44:25	
Olsen, Stig	MULIGHETSRIKET	3	1:32:32	01:36:23	1:32:32	1:35:45			
Olsen, Tommy-André		2	1:18:07	01:18:07	1:22:37				
Olsen, Tor-Eilert	FREDRIKSTAD IF	1	1:18:46						1:18:46
Olsen, Ulf Roger		4	1:13:11	01:21:41			1:13:11	1:15:36	1:20:13
Olsen, Victor	KF BIL	2	1:30:07		1:30:07		1:31:11		
Olsson, Anders	SARPSBORG BANDYKLUBB	1	1:20:37					1:20:37	
Olsson, Anton	SARPSBORG BANDYKLUBB	1	1:23:31					1:23:31	
Olsson, Monica		1	1:45:33						1:45:33
Olstrøm, Inge	GRIMSRØD KAMERATENE	1	1:34:33					1:34:33	
Omberg, Kirsti	SKILØPERNE	3	1:31:43		1:39:11		1:31:43	1:43:01	
Ones, Monica Linnea		1	1:58:28	01:58:28					
Onstad, Britt Katharina		1	1:31:21			1:31:21			
Opdal, Morten	TEAM FIH	1	1:14:20					1:14:20	
Opsahl, Gaute Hemming	TRØMBORG I.L	2	1:14:51		1:14:51	1:15:35			
Opsahl, Marianne		2	1:11:50			1:11:50			1:46:54
Opstad, Fredrik		1	1:23:03					1:23:03	
Oraug, Pål	SARSPSBORG IL	3	0:54:43		0:54:43	0:57:51	0:57:59		
Oraug, Tone		2	1:19:04			1:22:32	1:19:04		
Ormholt, Stian		1	1:32:45			1:32:45			
Orring, Lasse	RT 27 FREDRIKSTAD	3	1:20:49		1:20:49	1:22:46	1:23:48		
Orud, Eva	REGNBUEN	1	1:35:53					1:35:53	
Ostad, Tom	BLODSMAK BAND	2	1:29:34		1:29:34	1:38:27			
Ottersen, Ann-Kathrin		1	2:11:17	02:11:17					
Ottersen, Henrik		4	1:20:42	01:31:17	1:20:42	1:24:28	1:23:05		
Ottesen, Elin	SARPSBORG SPESIALISTSENTER	1	1:24:46		1:24:46				
Oustad, Hanne	VISMA CONSULTING	1	1:15:35	01:15:35					
Oustad, Morten		1	1:49:12	01:49:12					
Owren, Ingjerd	OEC	1	1:22:45			1:22:45			
Pagoli, Audrey		1	1:55:47					1:55:47	
Pahle, Christian		1	1:39:11						1:39:11
Patrick, Birger	MARKEDSPARTNER	1	1:22:45			1:22:45			

Glommaløpet 10 miles individuelt
Historikk

Paulen, Asgeir Austdal	PAULEN CATERING	1	1:45:34	01:45:34					
Paulsen, Andreas		1	1:32:21				1:32:21		
Paulsen, Hege	TUNESKIPET BARNEHAGE	2	1:42:30				1:42:30	1:48:48	
Pedersen, Camilla Tenvig		2	1:28:47			1:28:47	1:32:11		
Pedersen, Daniel	BERTEL O.STEEN FREDRIKSTAD	1	1:14:49					1:14:49	
Pedersen, Elna Marie		1	1:37:20		1:37:20				
Pedersen, Erik		1	1:35:36	01:35:36					
Pedersen, Frank G.	SKJEBERG CK	2	1:17:31					1:17:31	2:05:21
Pedersen, Jan Erik	VEIDEKKE BIL	1	1:14:11			1:14:11			
Pedersen, Linn- Marita	SKJEBERG CK	1	2:05:21						2:05:21
Pedersen, Ole-Richard	SLEVIK IBK	1	1:28:22	01:28:22					
Pederstad, Lars	FREDRIKSTAD TRIATLONKLUBB	1	1:07:04		1:07:04				
Pejby, Martin		2	1:19:52					1:19:52	1:27:26
Persen, Svend	FREDRIKSTAD IF	1	1:16:25		1:16:25				
Pettersen, Eli Birgitte		3	1:23:10		1:23:10	1:28:14	1:31:48		
Pettersen, Geir	JACKON	4	1:16:30		1:16:30		1:21:38	1:27:57	1:35:56
Pettersen, Henrik	CROSSFIT FREDRIKSTAD	1	1:25:50		1:25:50				
Pettersen, Ida		1	1:45:44	01:45:44					
Pettersen, Jon	TEAM EUROPRIS	1	1:20:30		1:20:30				
Pettersen, Kathrine Almvik	LISLEBY HÅNDBALL	2	1:25:11		1:25:11			1:32:58	
Pettersen, Lise Marie	BANE NOR BIL	2	1:15:28	01:19:14		1:15:28			
Pettersen, Mats	ORKLA FOODS NORGE	3	1:00:38	01:03:13			1:00:38	1:02:41	
Pettersen, Mina		1	1:54:23	01:54:23					
Pettersen, Per Åge	FREDRIKSTAD KOMMUNE	2	1:37:59	01:57:35	1:37:59				
Pettersen, Thomas		1	1:54:29	01:54:29					
Pettersen, Venche		2	1:42:10		1:42:10	1:43:14			
Pihlstrøm, Kristin		2	1:21:01				1:21:01		1:31:31
Pihlstrøm, Ole-Andreas	SATS SARPSBORG	1	1:16:34			1:16:34			
Pilestrand, Christian	TROLLDAEN	2	1:21:19	01:28:17			1:21:19		
Pinås, Tor Christian	T.T.SERVICE	2	1:03:34					1:03:34	1:11:22
Pladsen, Solveig		3	1:16:36	01:25:48	1:16:36	1:18:35			
Plata Franco, Oliver		1	1:10:57	01:10:57					
Pleym, Kjersti		1	1:29:01		1:29:01				
Pollen, Thfinstad		1	1:26:17		1:26:17				
Polyainov, Velimir		1	1:19:22		1:19:22				
Presno, Andrea Garcia De	OSI FRIIDRETT	2	1:12:04	01:16:16	1:12:04				
Presterud, Karl Erik	GRIMSRØD KAMERATENE	1	1:28:57					1:28:57	
Prøitz, Isak Homlung	SPARTA IHK	1	1:23:57		1:23:57				
Prøitz, Tommy		2	1:07:10			1:07:10		01:07:16	

Glommaløpet 10 miles individuelt
Historikk

Puck, Tor-Anders	CL	1	1:21:39					1:21:39	
Putkowski, Andre Gerard	FREDRIKSTAD IF	2	1:17:05		1:17:05	1:20:32			
Qarbosh, Mukhtar		1	1:59:24				1:59:24		
Raagaard, Henrik Lund	FREDRIKSTAD IF	2	1:24:57	01:24:57			1:39:09		
Radgowska, Karolina		1	1:36:27		1:36:27				
Raknes, Marie Therese		1	1:40:19				1:40:19		
Raknes, Per	MARKEDSPARTNER	2	1:55:03		1:57:35	1:55:03			
Rambøl, Sigrid	SCHIBSTED ASA	1	1:44:53			1:44:53			
Ramon Sanches, Alex	HARD TRAIN EASY LIFE	1	1:18:18						1:18:18
Ramstad-Ekeberg, Solveig	PALKOM FREDRIKSTAD	1	1:43:16	01:43:16					
Rasmussen, Helge	HVALER KOMMUNE	1	1:15:00		1:15:00				
Rasmussen, Robert	ØSTBYGDA IL	1	1:08:58		1:08:58				
Rasmussen, Thomas E.	FREDRIKSTAD IF	2	1:10:49		1:12:12		1:10:49		
Rasmussen, Tom-Arvid		1	1:15:54					1:15:54	
Rebni, Even	TEAM MJØSEN	1	1:11:45					1:11:45	
Reece, Robert	TEXAS	1	1:25:28	01:25:28					
Reid, Lene		1	1:33:25				1:33:25		
Reiersen, Oscar	TRØSKEN IL	1	1:13:56			1:13:56			
Reiersgård, Jørn Kåre	FRISKIS&SVETTIS TØNSBER-NØTTERØY	2	1:20:07	01:30:16		1:20:07			
Rekvin, Andreas		1	1:56:11	01:56:11					
Rekvin, Kristian		1	1:45:51	01:45:51					
Renberg, Roger		4	1:26:16		1:30:18	1:29:36	1:26:16	1:33:44	
Rennemo, Mette-Marit		1	1:26:52		1:26:52				
Richardsen, Morten		1	1:33:03				1:33:03		
Riis, Anne Margot	TEAM NONSTOP	2	1:40:32			1:40:32	1:41:19		
Riise Jenssen, Elisabeth		1	1:37:07	01:37:07					
Ringdahl, Espen	SKI LØPERNE	1	1:23:23			1:23:23			
Ringsrud, Christer		1	1:32:00				1:32:00		
Risa, Trond		1	1:24:50				1:24:50		
Rist, Marte Løvås	HALDEN IL	2	1:24:49	01:37:36	1:24:49				
Robertsen, Daniel	D&C EIENDOM	2	1:17:03	01:20:26	1:17:03				
Robertsen, Raymond		1	1:58:22	01:58:22					
Rogndalen, Bjørn	BORREGAARD	1	1:38:49	01:38:49					
Rohde-Moe, Tom	IMTECH	1	1:44:12					1:44:12	
Rolland, Thomas		2	1:38:14			1:39:22	1:38:14		
Rolstad, Guro		1	1:31:58			1:31:58			
Rolstad, Jon Øystein	SARPSBORG IL FRIIDRETT	1	1:06:18					1:06:18	
Rosnes, Helge	PRIVAT	2	1:13:58			1:15:15			1:13:58
Rosnes, Magne	FREDRIKSTAD SKIKLUBB	2	1:10:11				1:10:11	1:14:04	

Glommaløpet 10 miles individuelt
Historikk

Rosten, Stine		1	1:40:11					1:40:11	
Roulund, Kjetil		1	1:45:53			1:45:53			
Roverso, Davide	ESMART SYSTEMS	1	1:18:21	01:18:21					
Rudsrud, Ståle		1	1:31:57		1:31:57				
Rugsveen, Tor Kenneth		1	1:19:50		1:19:50				
Runhovde, Gerd		1	1:37:06				1:37:06		
Rustan, Knut Ole	ANTON CYKLETEAM	1	1:34:28			1:34:28			
Rustan, Knut Patrick		1	1:41:19				1:41:19		
Ruud, Anne Therese		5	1:31:52	01:44:07	1:34:45	1:31:52		1:35:30	1:49:50
Ruyter, Thomas		1	1:16:17				1:16:17		
Ruyter, Werner	CICIGNON OLDBOYS	1	1:22:33			1:22:33			
Ryan, Jostein		2	1:24:02					1:24:49	1:24:02
Rychlicki , Pawel	INFOTJENESTER	1	1:48:03		1:48:03				
Rydland, Randi Beate		2	1:46:35		1:46:35	1:54:24			
Rød, Terje	FREDRIKSTAD IF	4	1:13:21		1:18:33	1:29:53	1:16:07	1:13:21	
Rødland, Heidi	STADION	1	1:36:55		1:36:55				
Rødningsby, Tine		1	1:25:32				1:25:32		
Røed, Eiolf	FREDRIKSTAD IF	1	1:05:02						1:05:02
Røhr, Ole-Hermann	RYGGEJOGGEN	4	0:55:38	00:59:26		0:58:22	0:55:38	0:58:24	
Rønneberg, Hedda Horn	RØA	1	1:26:09			1:26:09			
Rønning, Glen Roger		1	1:18:51					1:18:51	
Rønning, Karoline	FREDRIKSTAD TRIATHLONKLUBB/ TEAM	2	1:22:02	01:22:02	1:23:01				
Røraas, Else Grete	FEMIRUN	1	1:51:20		1:51:20				
Rørberg, Alexander		1	1:08:46				1:08:46		
Røren, Tonny		1	1:44:13				1:44:13		
Røste, Jan Arild Wallin		2	1:20:59				1:29:05	1:20:59	
Røsten, Oddvar	SK RYE / -NEITILLISENS	1	1:26:27					1:26:27	
Røysted, Ulf		1	1:28:23				1:28:23		
Rådahl, Heidi		1	1:32:09				1:32:09		
Rådahl, Rino		4	1:15:57	01:27:13	1:15:57	1:21:55	1:27:09		
Råen, Vegard	KRØDSHERAD IL	1	1:04:15					1:04:15	
Sagen Andersen, Martin	RT 27 FREDRIKSTAD	3	1:17:32			1:19:50	1:17:32	1:22:25	
Samuelsen, Anders		1	1:15:23					1:15:23	
Samuelsen, Finn	HØGSKOLEN I ØSTFOLD	1	1:28:09			1:28:09			
Samuelsen, Rigmor		1	1:40:00					1:40:00	
Samuelsen, Synnøve Wisløff	NØSTE HUSMORTRIM	1	1:17:02			1:17:02			
Sandbakk, Even		1	1:24:10			1:24:10			
Sandegren, Theo		1	1:12:34					1:12:34	
Sandem, Kjetil	VARTEIGLOSJEN KONDISBYGGERI	1	0:59:30		0:59:30				

Glommaløpet 10 miles individuelt
Historikk

Sandem, Thorbjørn		1	1:30:22			1:30:22			
Sandersen, Ole Petter		1	1:16:31				1:16:31		
Sandersen, Ole-Petter Mork	ULFVEN AS	1	1:19:39			1:19:39			
Sandmæl, Hilde	BRYNILD GRUPPEN	1	1:29:16			1:29:16			
Sandnes, Anne	PIR II	1	1:08:39					1:08:39	
Sandstad Røising, Marius		2	1:49:28		1:54:20	1:49:28			
Sandtangen, Christine	KPMG PULS	1	1:31:45	01:31:45					
Sandtnagen, Leif	IHK SPARTA SARPSBORG	1	1:31:46	01:31:46					
Sandvand, Johanne	NTNUI TRIATHLON	1	1:07:26		1:07:26				
Sandvand, John Einar		1	1:41:37		1:41:37				
Sandvik, Eivind		6	1:15:54	01:26:02	1:21:43	1:19:39	1:15:54	1:24:08	1:20:48
Sandvik, Knut Jostein	ULLERØY IL	3	1:12:54		1:15:35	1:14:08	1:12:54		
Sanengen, Sverre	FREDRIKSTAD IF	2	1:32:50				1:34:24	1:32:50	
Sanna, Ove		1	1:30:17	01:30:17					
Sanne, Nils	SOLKYSTEN LK	1	1:32:12					1:32:12	
Sannerholt, Merete		1	1:23:36			1:23:36			
Sannerholt, Tom Ivar		1	1:23:35			1:23:35			
Saugestad, Kjell	KRÅKERØY SPURTKOMPANI	1	1:38:13	01:38:13					
Saxegaard, Jørgen	BEKKELAGET IFK	1	1:06:49					1:06:49	
Schei, Øyvind		1	1:37:42				1:37:42		
Schiager, Tore	BRYNILD GRUPPEN	1	1:23:58		1:23:58				
Schjefstad, Kim		1	1:31:15			1:31:15			
Schjerpen, Thomas		1	1:15:08		1:15:08				
Segui, Natali		1	1:37:13						1:37:13
Segui-Schimpke, Natali		1	1:36:36	01:36:36					
Seifert, Linn		1	1:26:10		1:26:10				
Seim, Maria		1	1:56:53	01:56:53					
Seland, Petter	FREDRIKSTAD SKIKLUBB	1	1:15:37			1:15:37			
Selliseth, Tom		1	1:02:57		1:02:57				
Setekleiv, Veronica		1	2:06:38	02:06:38					
Seterdahl, Ayna		1	2:08:41			2:08:41			
Simenstad, Marte Dyve		1	1:47:09	01:47:09					
Simenstad, Mathias Dyve		1	1:35:43	01:35:43					
Simons, Nick		3	1:17:01		1:23:50		1:17:01	1:30:30	
Simons, Nick	SPROCKET AS	1	1:25:31	01:25:31					
Simonsen, Helge	SKILØPERNE	2	1:29:21		1:29:21	1:33:20			
Simonsen, Lars-Christian	SKILØPERNE	1	1:06:40		1:06:40				
Simonsen, Sven	FREDRIKSTAD IF	4	1:08:56	01:18:07	1:08:56	1:10:02		1:10:50	
Simonsen, Tobby		1	1:26:57				1:26:57		

Glommaløpet 10 miles individuelt
Historikk

Sjaastad, Jørgen	TEAM THEO	1	1:02:12	01:02:12					
Sjelmo, Sigrid		1	1:27:12			1:27:12			
Sjøberg, Paterick	BEGBY IL / BDO	1	1:07:20					1:07:20	
Sjødahl, Helge Ronny		2	1:40:18	01:50:20	1:40:18				
Sjølie, Njål		2	1:23:56					1:23:56	1:25:59
Sjølie, Njål		2	1:13:24		1:13:24	1:28:22			
Skaaden, Håvard		1	1:26:32				1:26:32		
Skaar, Espen	FORTUM	3	1:12:47	01:19:08			1:14:05	1:12:47	
Skaara, Geir	NORDEA BIL	3	1:39:10			1:42:42	1:39:10		2:04:44
Skaftun, Håkon	SARPSBORG IL	1	1:25:04	01:25:04					
Skajaa, Andreas	OSLOFJOR TRIALHLON	1	1:12:34					1:12:34	
Skar, Einar	FREDRIKSTAD IF	3	1:24:46		1:24:46	1:27:55		1:39:45	
Skattebøl, Stine		1	1:30:13						1:30:13
Skaug, Arne		1	1:48:29					1:48:29	
Skaug, Rino	GAARDS-SERVICE AS	3	1:17:38				1:19:38	1:25:30	1:17:38
Skaug, Sondre	FREDRIKSTAD IF	2	1:01:17				1:01:17	1:05:48	
Skaug, Steinar		1	1:19:33				1:19:33		
Skavern, Stian	MULTICONSULT	1	1:18:24			1:18:24			
Skeid, Ola		1	1:04:58				1:04:58		
Skjelle Asbjørnsen, Ann-Kristin		1	2:01:57			2:01:57			
Skjenken, Freddy	TEAM SKJENKEN	1	1:17:18					1:17:18	
Skjenken, Hans-Åge	TEAM SKJENKEN	1	1:50:57					1:50:57	
Skogen, Flemming		1	1:22:22					1:22:22	
Skoglund, Tina	FREDRIKSTAD IF	2	1:28:17				1:28:17	1:30:19	
Skovly, Jarle	KIL	2	1:14:26		1:19:46		1:14:26		
Skrøder, Kjetil	NORDEA BANK NORGE	1	1:19:52			1:19:52			
Skår, Darlen		1	1:38:31				1:38:31		
Slamova, Sarka	RT REVISJON AS	1	1:21:38					1:21:38	
Sletner, Dag Inge	KALNES VGS.	1	1:36:51	01:36:51					
Sletten, Eirik		1	1:22:48	01:22:48					
Sletten, Ulrikke		1	1:41:34				1:41:34		
Smaaberg, Bjørn Arild		1	1:18:22	01:18:22					
Smeby-Diederich, Andreas	BANKID	1	1:03:46		1:03:46				
Smith, Fredrik		1	1:18:50						1:18:50
Snilsberg, Torgeir		1	1:23:32				1:23:32		
Sognlien, Tom	FREDRIKSTAD IF	6	1:09:32	01:26:53	1:10:08	1:09:46	1:09:32	1:17:56	1:13:23
Sohlberg, Merete		2	1:24:38	01:35:46	1:24:38				
Sohlberg, Thomas	PRODOK SAMSUNG BUSINESS PARTNER	2	1:31:38		1:37:07	1:31:38			
Sokhan-Sanj, Sassan		1	1:35:59						1:35:59

Glommaløpet 10 miles individuelt
Historikk

Sola, Per Willy		1	1:12:59				1:12:59		
Sola, Øyvind		1	1:18:35				1:18:35		
Solberg, Birgit	FEMIRUN	1	1:28:21		1:28:21				
Solberg, Linda	COWI BIL	1	1:11:35			1:11:35			
Solberg, Per Tore	INSTALLATØREN SARPSBORG AS	2	1:27:50		1:27:50	1:36:35			
Solberg, Pål Espen	IUS KOMPETANSE	1	1:24:51		1:24:51				
Solberg, Øivind	SOONLØP	4	1:06:53	01:06:53	1:08:58		1:20:06	1:25:48	
Solberg-Skogh, Anne-Beathe		1	1:26:14		1:26:14				
Solerød, Even	BENGAN`S FASION	1	1:34:47			1:34:47			
Solgaard, Jon Magnus	OSLOFJORD TRIATLON KLUBB	4	1:10:09	01:21:21		1:10:09		1:17:59	1:22:24
Solheim, Eirik		1	1:05:14		1:05:14				
Solheim, Tor Helge		2	1:24:15	01:31:23	1:24:15				
Solli, Geir	BRYNILD GRUPPEN	2	1:27:48	01:49:02	1:27:48				
Sondaj, Martin		3	1:08:15		1:14:15	1:13:41	1:08:15		
Song, Lili		1	1:29:13				1:29:13		
Soot, Kari	SKILØPERNE	1	1:40:27		1:40:27				
Sperlin, Espen	EIDSBERG IL	2	1:16:28			1:16:32	1:16:28		
Spro, Joakim		1	1:16:28		1:16:28				
Staal Engebretsen, Thorild Cathrine		1	1:35:17					1:35:17	
Stabbetorp, Harald	SARPSBOG IL SVØMMEGRUPPA	1	1:39:02						1:39:02
Stabbetorp, Hilde		2	1:44:02				1:44:02		1:49:08
Stabursvik, Kaja	ÅS IL/TEAM SKIGO	1	1:09:40			1:09:40			
Stallvik, Kent-Åge Tokstad		1	1:14:46				1:14:46		
Stang, Annette Solgaard		1	1:42:18				1:42:18		
Stang, Kristoffer	#TEAMCHEMTRAIL	3	1:21:35			1:29:18	1:21:35	1:25:04	
Stang, Lars Henning		1	1:10:24				1:10:24		
Stangeland Fredheim, Christina		1	1:15:46		1:15:46				
Steffen, Michael	FREDRIKSTAD IF	2	1:20:40			1:21:29		1:20:40	
Steinsmo, Ida Marie	VÅLER MK	1	1:29:42		1:29:42				
Stenbekk, André	NETT-TJENESTER AS	1	1:36:21	01:36:21					
Stenseng, Reidar	KONNERUD IL	1	1:26:00	01:26:00					
Stensland, Benedikte		3	1:44:18	01:51:23	1:44:18		1:59:41		
Stensrud, Johnny	RYGGE IL	5	1:01:13	01:02:37	1:01:13	1:03:42	1:02:27		1:09:38
Stigberg, Susanne	STRÖMSTAD LK	1	1:24:34		1:24:34				
Stigen, Astrid	FREDRIKSTAD SKIKLUBB	1	1:06:52	01:06:52					
Stigen, Erik	FREDRIKSTAD SKIKLUBB	1	1:02:48			1:02:48			
Stigen, Jørgen	FREDRIKSTAD SKIKLUBB	4	1:00:07	01:02:35	1:00:07	1:03:17		1:09:16	
Stigen, Rolf	FREDRIKSTAD SKIKLUBB	1	1:07:21					1:07:21	

Glommaløpet 10 miles individuelt
Historikk

Stobbe, Jan		1	1:38:28	01:38:28					
Storbakken, Jon		1	1:55:23	01:55:23					
Stordal, André	CROSSFIT SARPSBORG	1	1:14:24		1:14:24				
Storeheier, Even	ØSTBYGDA IL	1	1:03:30	01:03:30					
Storehjelm, Thine		1	1:15:06				1:15:06		
Strand, Anette		2	1:37:32				1:42:50	1:37:32	
Strande, Børge	FOSS & STRANDE ELEKTRO AS	2	1:15:07		1:15:07	1:17:33			
Strupstad, John Henry	FIK REN-ENG	1	0:55:34					0:55:34	
Strøm Sandtangen, Petter		1	1:08:18	01:08:18					
Strømberg, Solveig		1	1:48:20	01:48:20					
Strømland, Lars Frode	LUKE THE DRIFTER´S RUNNING TEAM	2	1:08:01			1:11:08	1:08:01		
Strømme, Christian	DC EIENDOM	1	1:23:30		1:23:30				
Strømstad, Per Arve		1	1:35:05				1:35:05		
Stubberud, Atle	SARPSBORG IL	2	1:24:41				1:24:41	1:32:56	
Sture, Martin		4	1:03:44		1:03:44		1:05:54	1:09:26	1:09:40
Sture, Victor		1	1:26:06						1:26:06
Stæa Johannesen, Stian		1	1:14:13				1:14:13		
Stølan, Helge	JACKON	2	1:17:16					1:17:16	1:26:38
Stølen, Ketil		1	1:33:08	01:33:08					
Størmer, Siri	SK VIDAR	1	1:04:40			1:04:40			
Størset, Terje		1	1:06:21				1:06:21		
Støten, Hege	RAKKESTAD SYKKELKLUBB	1	1:41:04					1:41:04	
Sunde, Kathrin	MOSSJONISTENE	2	1:17:34				1:17:34	1:22:40	
Sunde, Turid Holemark	PRIVAT	1	1:23:05					1:23:05	
Sundell, Per Øivind	ØRJE IL	2	1:06:52					1:06:52	1:09:03
Svandal, Magne	FREDRIKSTAD SKIKLUBB	2	1:09:48				1:09:48	1:15:53	
Svankil, Kristian		1	1:45:45	01:45:45					
Sveen, Malene		1	1:48:22				1:48:22		
Svello, Janne Helene		1	1:27:20					1:27:20	
Svello, Stine Marit		1	1:40:07					1:40:07	
Svendsby, Vibeke	KJØLHOLTÅSEN LANGLØPERLAG	1	1:18:52	01:18:52					
Svendsen, Andrè		1	1:29:43						1:29:43
Svendsen, Cathrine Haneng		1	1:39:44				1:39:44		
Svendsen, Dag Berg	YVEN IF	1	1:19:00			1:19:00			
Svendsen, Jon Eivind		3	1:24:36			1:28:41	1:39:55	1:24:36	
Svendsen, Linn		1	1:26:23				1:26:23		
Svendsen, Odin		1	1:15:05				1:15:05		
Svendsen, Ole Petter		2	1:19:22	01:29:56	1:19:22				
Svendsen, Thomas Horvath	GRESVIK IF	1	1:16:33			1:16:33			

Glommaløpet 10 miles individuelt
Historikk

Svendsen, Victor Borge	HALDEN TRIATHLONKLUBB/ TEAM ROB	1	0:57:48		0:57:48				
Svenning, Astrid Engh		1	1:26:17		1:26:17				
Svensen, Morten	TRIOVING	1	1:28:41			1:28:41			
Svensen, Øyvind		1	1:31:46				1:31:46		
Svensson, Terje	FREDRIKSTAD IF	5	1:13:59	01:28:00	1:17:04	1:22:23	1:13:59	1:22:32	
Svingen, Ina-Merethe		1	1:44:54		1:44:54				
Syed Ahmad, Fairuz		1	1:28:13		1:28:13				
Syversen, Geir	FREDRIKSTAD IF	2	1:26:15				1:41:38	1:26:15	
Syversen, Janne	FREDRIKSTAD TRIATHLONKLUBB	3	1:34:59				1:48:32	1:34:59	1:37:32
Syversen, Roger	GRESVIK IF	4	1:04:51	01:12:10	1:04:51	1:10:05		1:12:58	
Syversen, Stig Ove	TRANSCOM	4	1:20:18		1:20:18	1:34:36	1:37:20		1:24:58
Syversen, Tonje		1	1:23:38				1:23:38		
Syverstad, Dag Eivind	RÅDE IL	1	1:06:56			1:06:56			
Syvertsen, Knut Reidar		1	1:37:01				1:37:01		
Syvertsen, Martin Mikkelborg		1	1:19:04				1:19:04		
Sæll, Ole Christian	RUNNINGRABBITS	4	1:23:31	01:27:58		1:23:31	1:26:36	1:32:30	
Sæter, Evy Kristine	NORCONTROL BIL	1	1:40:17		1:40:17				
Sætremyr, Anita		1	2:00:21					2:00:21	
Søby, Heine		2	1:51:00					1:51:00	1:54:39
Søby, Jørn		1	2:04:26						2:04:26
Søby, Leif Arne		1	1:18:35						1:18:35
Søgaard, Andrew		1	1:41:06						1:41:06
Sølvberg, Dag		1	1:13:56			1:13:56			
Sølvberg, Svein Arne	OPPEGÅRD IL	3	1:04:26			1:08:04	1:04:26	1:05:17	
Sønsthagen, Jorunn	IL JUTUL	1	1:35:23					1:35:23	
Sørensen, Geir-Steve		1	1:19:58		1:19:58				
Sørensen, Ole Kristian		5	1:14:52	01:20:24	1:14:52	1:19:01	1:16:05	1:28:32	
Sørensen, Sven Johan	RAKKESTAD SK	1	1:22:40					1:22:40	
Sørensen, Tom	MECA B.I.L	1	1:27:50		1:27:50				
Sørlie, Aleksander Walberg	SARPSBORG SYKLEKLUBB	2	1:19:05				1:19:05	1:23:42	
Sørlie, Arnfinn	SARPSBORG SYKLEKLUBB	2	1:20:14				1:20:14	1:30:43	
Sørum Hansen, Espen		1	1:39:07			1:39:07			
Sørvoll, Alexander	BRYNILD	2	1:21:24			1:26:32	1:21:24		
Søtorp, Ole Petter	GLOMMA TANNKLINIKK	1	1:15:56		1:15:56				
Søyland, Erling	CAD QUALITY	3	1:20:00				1:20:00	1:22:14	1:26:06
Takelund, Morten		1	2:34:01						2:34:01
Talberg Stang, Eli Kristin		1	1:47:08	01:47:08					
Tallis, Kathrine	SENTRUM KAMPSPORTKLUBB SARPSBORG	1	1:58:43						1:58:43

Glommaløpet 10 miles individuelt
Historikk

Tandberg, Pål	RSL	2	1:22:56				1:22:56	1:28:22	
Tangen, Linda Cathrine		1	1:39:57	01:39:57					
Tangen, Margit		1	1:35:40					1:35:40	
Tangen, Morten		1	1:24:17			1:24:17			
Tangerud, Mina Olava		1	1:28:41						1:28:41
Tegneby, Elisabeth	BRYNILD GRUPPEN	1	1:22:39		1:22:39				
Teig, Christine	SK VIDAR	1	1:13:46					1:13:46	
Teig, Kjersti Aarum	BÅSTAD IL SKØYTER	1	1:23:01		1:23:01				
Teig, Robert	BÅSTAD IL SKØYTER	2	1:23:55		1:23:55	1:24:32			
Tepelis, Juras		1	1:15:06		1:15:06				
Tharaldsen, Ann Kristin	FREDRIKSTAD IF	2	1:20:47					1:20:47	1:39:10
Tharaldsen, Ole	FREDRIKSTAD IF	3	1:16:19	01:23:09	1:16:19				1:21:49
Tharaldsen, Rune		1	1:27:27	01:27:27					
Thime, Anders		1	1:30:08					1:30:08	
Thirud, Edvard		1	1:34:24			1:34:24			
Thomassen, Christoffer	FREDRIKSTAD TRIATLONKLUBB	2	1:13:58			1:13:58	1:14:48		
Thon, Camilla Krsticevic		1	1:28:27		1:28:27				
Thonvald, Eli		1	1:26:27				1:26:27		
Thoresen, Geir		1	1:33:53		1:33:53				
Thoresen, Linn	TRARA SKOLE	1	1:54:07	01:54:07					
Thoresen, Ole Kristian		1	1:22:17		1:22:17				
Thoresen, Sandra		1	1:33:23		1:33:23				
Thoresen, Tone Camilla		1	1:35:53		1:35:53				
Thorgaard, Jens		3	1:17:33	01:32:04			1:17:33	1:24:26	
Thoring-Strømner, Åsmund	RYGGE IL	5	1:14:28	01:20:39	1:14:28	1:19:08		1:20:15	1:23:15
Thorsen, Arne	KOLL IL	1	1:40:03			1:40:03			
Thorsen, Håvard Hauge		2	1:26:33	01:26:33	1:37:21				
Thorsen, Lill	KREFTFORENINGEN BIL	1	1:27:30			1:27:30			
Thorsen, Magnus		1	1:09:39				1:09:39		
Thorvaldsen, Beate		1	1:40:32			1:40:32			
Thorvaldsen, Karine Letting	TEAM HEIDERØD	3	1:27:56			1:27:56	1:29:33	1:32:26	
Thorvaldsen, Knut		1	1:32:46				1:32:46		
Thorvaldsen, Ole-Martin		1	1:20:25		1:20:25				
Thunæs, Lars	LEONBERG	3	1:18:18				1:18:18	1:20:00	1:24:26
Thunæs, Lars Olav	LEONBERG AS	1	1:20:52		1:20:52				
Thunæs, Pål Anders	SKJEBERG CYKLEKLUBB/FREDRIKSTAD T	1	1:13:41		1:13:41				
Tinbod, Tommy		2	1:14:07			1:15:24	1:14:07		
Titlestad, Gjermund		1	1:40:28	01:40:28					
Tjernes, Fredrik		1	1:16:48			1:16:48			

Glommaløpet 10 miles individuelt
Historikk

Tjernshaugen, Jon Ivar	VARTEIG IL	2	1:01:08				1:01:08	1:05:48	
Tofteberg, Anett		5	1:30:05	01:41:43	1:30:05	1:33:33	1:35:21	1:39:46	
Toftegård, Bjørg Mari		2	1:57:23		2:04:22				1:57:23
Toftner, Per Olaf	EGEN	1	1:33:18						1:33:18
Tokerud, Hege	FREDRIKSTAD IF	1	1:28:45					1:28:45	
Tomren, Espen	TEAM FLODHEST	1	1:27:43		1:27:43				
Tonhauser, Laszlo		1	1:07:06	01:07:06					
Torgersbråten, Kjell Ivar	PRIVAT	1	1:26:36	01:26:36					
Torgersen, Trond	TROND TORGERSEN	2	1:04:27		1:04:27	1:09:15			
Torgrimsby, Marianne	MULTICONSULT	1	1:22:44			1:22:44			
Torp, Leni Wilhelms	FREDRIKSTAD IF	2	1:23:59	01:39:04		1:23:59			
Torp, Mads	TMTBYGG AS	2	1:26:32	01:48:40		1:26:32			
Trandem, Nina		1	1:59:22	01:59:22					
Trandum, Daniel	RT 27 FREDRIKSTAD	3	1:35:50	01:55:23		1:35:50	1:44:37		
Tranøy, Jarle		2	1:15:29			1:18:29	1:15:29		
Treimo, Snorre	MULTICONSULT BIL	2	1:11:03			1:15:14	1:11:03		
Tretterud, Øyvind	TEAM BTS	1	1:19:33					1:19:33	
Tretvoll, Beate	BRANDBU IF	1	1:33:43			1:33:43			
Trilljärv, Timo		1	1:16:11			1:16:11			
Trondsen, Tor	SK VERKET	1	1:20:03					1:20:03	
Trotter, Louise Helen	TEAM THORVALD	3	1:42:37		1:42:37		1:43:03	1:51:23	
Tvedt, Morten	TEAM NONSTOP	2	1:16:55			1:18:03	1:16:55		
Tveit, Anders		1	1:23:32					1:23:32	
Tveit, Lasse		1	1:14:12				1:14:12		
Tveter, Gry Heidi		1	1:39:13				1:39:13		
Tveter, Kirsten Therese		2	1:35:08			1:45:10	1:35:08		
Twigg, Barry		1	1:29:42						1:29:42
Tyldum, Håvard		1	1:31:25					1:31:25	
Tytlandsvik, Sigrun		1	1:20:48		1:20:48				
Tänav, Armin	SK KEREMEISTER	1	1:27:05			1:27:05			
Tølche, Marta		1	1:57:53				1:57:53		
Tømmer, Pål	MEDIAMENN AS	1	1:06:11		1:06:11				
Tømte, Sjur	FREDRIKSTAD IF	3	1:12:55		1:14:30	1:15:55	1:12:55		
Tønnesen, Egil		2	1:31:56		1:34:48	1:31:56			
Tønnesen, Lasse	ELIXIA	1	1:17:14						1:17:14
Tørmoen, Jørn		1	1:35:50				1:35:50		
Tørring, Hans Are		1	1:30:18					1:30:18	
Ulfsrød, Thomas		2	1:21:46				1:21:46	1:36:21	
Ulriksen, Mads Erik		1	1:55:23	01:55:23					

Glommaløpet 10 miles individuelt
Historikk

Ulstein Holand, Tabita		1	1:41:15						1:41:15
Ulvin, Eivind Johnsen		1	1:13:33				1:13:33		
Ulvåen, May	FREDRIKSTAD IF	4	1:24:41	01:54:10	1:27:09		1:24:41		1:28:34
Undrum, Marius	SKJEBERG CK	1	1:13:45					1:13:45	
Unnerud, Vidar	TRACTORBOYS IL	1	1:12:27					1:12:27	
Uran, Steinar		1	1:05:38				1:05:38		
Urstad, Ann Kristine	MOSS SKIKLUBB	1	1:31:06	01:31:06					
Urstad, Johanne	MOSS SKIKLUBB	1	1:31:06	01:31:06					
Urstadmyr Tønnesen, Marius	SARPSBORG SPORTSCLUB	1	1:17:14						1:17:14
Utgaard, Alexandra	TEAM SAGA	1	1:41:57	01:41:57					
Utne, Tone		1	1:41:41				1:41:41		
Uttisrud, Erling		1	1:29:23					1:29:23	
Vaagaasar, Ola	TRACEGRID	1	1:33:13		1:33:13				
Valle, Amalie	TEAM EUROPRIS	1	1:22:31		1:22:31				
Vallestrand, Cathrine		1	1:33:40			1:33:40			
Valstad, Inger Marit Stark		1	1:21:27					1:21:27	
Valstad, Keino	BØLER IF FRIIDRETT	1	1:05:42					1:05:42	
Varnes, Camilla		1	1:50:18				1:50:18		
Vassås, Tor Ivar		1	1:31:47			1:31:47			
Vatvet, Tormod	FREDRIKSTAD IF	1	1:39:18	01:39:18					
Veberg, Karianne		1	1:38:24						1:38:24
Veby, Nina Visjø	SKILØPERNE	3	1:31:39		1:39:17		1:31:39	1:40:17	
Vedø, Lars Sigurd		1	1:19:49	01:19:49					
Vegsgård, Anders	RØDSMYRA SKOLE	1	1:21:01					1:21:01	
Verdu Martinez, Ruben		1	1:23:17				1:23:17		
Vestrheim, Kåre Christoffer	PROPELLER MUSIC DIVISION	2	1:36:06		1:38:13	1:36:06			
Vidsjå, Harald		1	1:17:02				1:17:02		
Vik, Arne Håkon	TFL HALDEN	1	1:12:04						1:12:04
Vingelsgaard, Ole		1	1:14:46				1:14:46		
Vister Jensen, Anders		1	1:38:34	01:38:34					
Vold, Eva	FEMIRUN	1	1:35:42		1:35:42				
Væge, Kjersti	NAV	1	1:15:34		1:15:34				
Værnes, Hilde Christine		1	1:54:00			1:54:00			
Værnesbranden, Magdalena	VÆRNESBRANDEN	2	1:23:43	01:23:43		1:27:13			
Vålvannet, Ann-Louise		1	1:15:41		1:15:41				
Waagbø, Jon	FREDRIKSTAD TRIATHLON	2	1:34:36	01:34:36		1:35:01			
Waage, Richard	GRIMSRØD KAMERATENE	1	1:22:40					1:22:40	
Waagen, Elise		1	1:16:39				1:16:39		
Wahlgren, Tom	SARPSBORG ORIENTERINGSLAG	4	1:29:46	01:42:03		1:29:46	1:35:49	1:35:18	

Glommaløpet 10 miles individuelt
Historikk

Wahlgren, Tove	SARPSBORG ORIENTERINGSLAG	1	1:54:09	01:54:09					
Wahlgren, Tove Skiri	SARPSBORG ORIENTERINGSLAG	3	1:35:56			1:46:45	1:35:56	1:38:39	
Walberg, Lena		1	1:11:14					1:11:14	
Walbom, Therese Løvås	MOSS SKIKLUBB	1	1:26:55					1:26:55	
Wallin, Anniken	SALMING NORGE	2	1:11:22	01:11:51	1:11:22				
Walther, Bernt Ludvig	ØSTSIDEN IF	1	1:26:15			1:26:15			
Walther, Lise-Merethe		1	2:04:28				2:04:28		
Wang, Tomas	TEAM ETTERSLEP	3	1:08:15	01:14:43		1:11:57	1:08:15		
Wang, Øyvind	SKIBOTN IL	2	0:58:47		0:58:47		1:05:23		
Wang-Johannessen, Ann Mari	TEAM ENGROSFRUKT	1	1:48:30					1:48:30	
Watson, Guro		3	1:33:08	01:51:02		1:39:24	1:33:08		
Watvedt, Jørn Sigvart		1	2:05:41				2:05:41		
Weber, David		1	1:20:52				1:20:52		
Welhaven, Leif	VG	1	1:01:49	01:01:49					
Wellendorf, Daniel		1	1:13:48	01:13:48					
Wenberg, Thomas	SARPSBORG SYKLEKLUBB	2	1:21:25					1:21:25	1:22:41
Werbrouch, Oelrik		2	1:12:00				1:12:00	1:17:16	
Werbrouck, Oelrik		2	1:11:55		1:19:30	1:11:55			
Wernersen, Regin	FREDRIKSTAD IF	1	1:14:35	01:14:35					
Westberg, Raymond		2	1:10:39			1:10:39	1:10:40		
Westby, Andreas	SPENST SKJEBERGSENTERET	2	1:17:34		1:19:07			1:17:34	
Westby, Jo	HVALSØ LØBEKLUB	1	1:24:42	01:24:42					
Westengen, Elisabeth		1	1:48:29			1:48:29			
Westlie, Gunn Elisabeth		1	1:36:21			1:36:21			
Westlund, Stine		1	1:40:55		1:40:55				
Westre, Mari		1	1:23:04		1:23:04				
Weum Johansen, Sondre		1	1:23:05						1:23:05
Weydahl, Sindre	BÅSTAD IL SKI	3	1:03:49	01:08:15	1:03:49	1:06:03			
Wiig, Nils	FRIKSIS OG SVETTIS FREDRIKSTAD	3	1:17:38	01:29:24	1:17:38	1:18:53			
Wiik, Anita		2	1:39:43			1:39:43	1:46:38		
Wiik, Ann-Kristin		2	1:46:02			1:49:05	1:46:02		
Wiik, Nils-Petter	DRIV I.L	1	1:16:08					1:16:08	
Wik, Simen		1	1:32:01	01:32:01					
Wikestad, Torbjørn	TEAM SPORTSMANDEN	1	1:45:59	01:45:59					
Wilhelmsen, Jan Olav	ASKIM IF	2	1:12:52				1:12:52	1:17:11	
Wilhelmsen, Petter		1	1:21:43					1:21:43	
Willadsen, Geir Aa.	ØSTFOLD POLITIIDRETTSLAG	4	1:00:37		1:01:24	1:03:00	1:00:37		1:07:31
Wille, Anette		1	1:55:35			1:55:35			
Wille, Gwen		1	1:46:16	01:46:16					

Glommaløpet 10 miles individuelt
Historikk

Wille, Karoline		1	1:32:46			1:32:46			
Winther Knudsen, Espen		1	1:44:39			1:44:39			
Winther, Ole Jørgen	TOTTENHAM	2	1:32:33		1:38:38			1:32:33	
Wisbech, Hanne	FREDRIKSTAD IF	3	1:24:22	01:41:39		1:24:22		1:30:41	
Wisbech, Joachim		1	1:41:35	01:41:35					
Wister, Tom Ivar		1	1:40:42	01:40:42					
Wold, Monica	FREDRIKSTAD TRIATLONKLUBB	3	1:09:27			1:09:27	1:09:52		1:19:48
Wolden, Petter	OPPEGÅRD	1	1:42:00			1:42:00			
Wormdahl, Eirik		1	1:15:18	01:15:18					
Wright, Baard		1	2:03:41					2:03:41	
Wullum-Lindberg, Ida		2	1:33:41		1:33:41	1:36:23			
Wærnes, Barbro		1	1:45:10				1:45:10		
Wærstad Hansen, Silje	INGEN	1	1:11:04		1:11:04				
Yrvum, Svend	MOSSJONISTENE	5	1:21:21		1:21:21	1:24:37	1:27:36	1:26:17	1:37:59
Ytterdal, Renate		1	1:32:11	01:32:11					
Øby, Gina Sofie		1	1:28:54		1:28:54				
Øby, Nils	HANDELSHØYSKOLEN BI	1	1:28:32		1:28:32				
Øde, Lars Erik	MOPIL	1	1:06:23		1:06:23				
Øde, Selma	RYGGEJOGGEN	1	1:09:22		1:09:22				
Ødegaard, Henry Michael	AURSKOG-HØLAND FRIIDRETTSLAG	1	1:18:49	01:18:49					
Ødegård, Jorid	TRØSKEN IL	1	1:18:33						1:18:33
Øhlckers, Petter	RWE DEA BIL	1	1:25:28						1:25:28
Øiseth, Henrik	COGNACLOSJEN	1	1:34:03					1:34:03	
Økland, Line Kristin Jemtland	HVALER KOMMUNE	3	1:47:22	01:59:53	1:47:22	1:51:02			
Ørdal, Therese	HVALER KOMMUNE	2	1:39:03	01:47:54	1:39:03				
Ørmen, Elin		1	1:47:24					1:47:24	
Ørseng, Kenneth	TEAM YX	1	1:33:19	01:33:19					
Ørseng, Thor Kenneth	TEAM YX	4	1:12:56		1:12:56	1:25:31	1:15:36	1:21:01	
Ørås, Terje	FREDRIKSTAD TRIATLONKLUBB	5	1:04:07		1:04:07	1:07:34	1:05:06	1:06:24	1:09:27
Østby, Erik	SFS	1	1:14:49		1:14:49				
Østby, Martin		2	1:18:38			1:18:38	1:41:34		
Øy, Lars	GJELLERÅSEN IF	3	1:03:03	01:03:39		1:03:03	1:05:54		
Åstorp, Bjørn	SARPSBORG O-LAG	3	1:18:55			1:19:09	1:18:55	1:20:32	
Antall deltatt				**474**	**555**	**569**	**588**	**483**	**216**