

Glommaløpet 10 miles individuelt

Historikk

Navn	Klubb	Ant.	Bestetid	2023	2022	2019	2018	2017	2016	2015	2014	2013
Fredheim, Martin	KRÅKERØY	9	1:16:13	01:20:07	01:20:23	01:20:00	01:21:42	1:32:03	1:19:01	1:16:13	1:23:48	1:20:11
Hansen, Morten	Fredrikstad IF	9	1:23:49	01:46:41	01:41:53	01:30:41	01:38:51	1:23:49	1:26:36	1:26:02	1:32:42	1:41:46
Hansen, Terje	Fredrikstad IF	9	1:13:55	01:29:43	01:35:53	01:21:00	01:27:00	1:18:43	1:17:54	1:13:55	1:15:38	1:17:20
Frøyland, Jon	FST	8	1:12:53	01:28:22	01:26:06	01:20:25		1:12:53	1:16:24	1:13:28	1:17:39	1:22:40
Holth, Jonas	Rema 1000 Hvaler	8	1:25:59	01:32:24	01:39:09	01:38:32	01:33:31	1:26:26	1:32:52	1:31:41	1:25:59	
Johansen, Kjell Arne	Fredrikstad IF	8	1:15:37	01:23:45	01:22:46	01:20:43	01:22:43	1:17:38	1:15:37	1:17:15	1:19:30	
Jønland, Endre Olav	Borgenhaugen	8	1:23:33	01:40:05	01:43:23	01:27:19	01:43:45		1:33:18	1:23:33	1:27:13	1:30:11
Sandvik, Eivind	GRESSVIK	8	1:15:14		01:15:14	01:22:14	01:26:02	1:21:43	1:19:39	1:15:54	1:24:08	1:20:48
Stensrud, Johnny	Rygge IL	8	1:01:13	01:03:44	01:05:12	01:03:05	01:02:37	1:01:13	1:03:42	1:02:27		1:09:38
Berthelsen, Gunnar	Lyn Ski / Amedia	7	1:07:43	01:09:29	01:12:46	01:09:40		1:07:43	1:08:23		1:07:43	1:10:19
Diskerud, Karl-Erik	TELL REKLAMEBYRÅ	7	1:12:51			01:19:52	01:26:36	1:13:07	1:12:51	1:19:21	1:25:20	1:27:15
Gurung, Ozzy	Fredrikstad	7	0:59:07	00:59:39	01:03:57			0:59:07	1:00:52	1:00:47	1:03:15	1:07:34
Hauge, Lars	Greåker IF	7	1:07:26	01:11:41	01:12:52		01:12:21	1:07:54	1:08:40	1:07:26		1:14:20
Jacobsen, Elin	Sarpsborg	7	1:15:58	01:20:42	01:16:38	01:15:58			1:18:57	1:19:24	1:24:56	1:25:16
Jørstad, Erik	Fredrikstad IF / Plantbased Runners	7	1:04:50	01:05:24		01:06:31	01:08:33	1:04:50	1:18:43	1:10:15	1:24:22	
Moen, Morten	Grålum	7	1:26:34	01:33:08	01:30:19		01:26:56	1:26:34		1:32:55	1:39:14	1:44:33
Nilssen, Pål-Helge	Northern Runners	7	1:07:34	01:18:13		01:14:43		1:07:34	1:10:59	1:10:00	1:08:29	1:12:30
Olsen, Ulf Roger	Torp	7	1:03:41	01:03:41	01:04:23	01:08:12	01:21:41			1:13:11	1:15:36	1:20:13
Svensson, Terje	Fredrikstad IF	7	1:13:59	01:26:48		01:20:18	01:28:00	1:17:04	1:22:23	1:13:59	1:22:32	
Bergstrøm, Tina	Fredrikstad IF	6	1:19:39	01:22:54	01:24:49	01:21:21	01:22:17	1:19:39	1:22:36			
Bjørland, Frode	Kvernhuset Goldstars!	6	1:04:58	01:04:58		01:05:50	01:10:23	1:06:59	1:09:33		1:19:43	
Brynildsen, Anders	Brynild Gruppen Bil	6	1:15:22			01:16:14	01:20:29	1:15:22	1:16:21	1:16:06	1:19:08	
Eriksen, Rune	Rygge IL	6	1:01:35		01:04:53	01:01:35	01:04:29		1:03:37	1:03:47	1:06:55	
Forsetlund, Ole Martin	Fredrikstad IF	6	1:07:23	01:07:23	01:16:47	01:17:08		1:22:18	1:20:31	1:22:00		
Furuheim, Knut Magne	Fredrikstad IF	6	1:08:15	01:11:14	01:10:40	01:08:15	01:09:27		1:09:46	1:13:38		
Førsund, Erlend	Skjeberg	6	1:28:42	01:32:42	01:28:42	01:32:18	01:43:43	1:42:42	1:44:23			
Grønneberg, Marie	Fredrikstad IF	6	1:08:18			01:08:18	01:10:24	1:08:26	1:09:01	1:10:01	1:14:21	
Hansen, Kathrine Ruud	Kvernhuset Oldstars	6	1:12:28	01:14:30		01:13:31	01:17:04	1:12:28	1:12:56		1:19:42	
Hult, Christer	LIRE BK	6	0:59:24			00:59:24	01:04:01	1:05:03	1:07:58	1:06:05	1:08:16	
Haabeth, Jørn	Fredrikstad IF	6	1:10:37	01:13:57	01:12:27				1:18:21	1:10:37	1:18:49	1:14:58
Langnes, Rune		6	1:08:03				01:15:46	1:10:32	1:11:03	1:08:03	1:11:46	1:16:20
Larsen, Fred Morgan	Fredrikstad IF	6	1:03:56	01:03:56			01:11:06	1:03:58	1:05:52	1:07:43	1:11:20	
Lindstrøm, Richard	Gamle Fredrikstad	6	1:10:44	01:12:45	01:19:28	01:10:44	01:17:55			1:16:34	1:21:56	
Myran, Rolf Arild	Rødberg	6	1:08:54	01:11:00	01:08:54	01:12:02	01:14:04	1:10:57	1:11:05			
Nøstvik, Bjørn	Halden Triathlonklubb	6	1:00:56	01:00:56	01:01:26	01:04:46	01:14:18	1:03:11	1:06:25			

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Ruud, Anne Therese		6	1:31:52			01:35:38	01:44:07	1:34:45	1:31:52		1:35:30	1:49:50
Røhr, Ole-Hermann	Rygge IL	6	0:55:38		00:56:06	00:56:50	00:59:26		0:58:22	0:55:38	0:58:24	
Rådahl, Rino	Fredrikstad IF	6	1:15:57	01:21:11		01:23:28	01:27:13	1:15:57	1:21:55	1:27:09		
Sognlien, Tom	Fredrikstad IF	6	1:09:32				01:26:53	1:10:08	1:09:46	1:09:32	1:17:56	1:13:23
Sæll, Ole Christian	Rygge IL / Ryggejoggen	6	1:23:31		01:32:05	01:25:37	01:27:58		1:23:31	1:26:36	1:32:30	
Sørensen, Ole Kristian		6	1:14:52			01:17:12	01:20:24	1:14:52	1:19:01	1:16:05	1:28:32	
Wang, Tomas	Skjetten	6	1:08:06	01:08:06	01:12:28	01:12:12	01:14:43		1:11:57	1:08:15		
Andersrød, Arnt		5	1:12:39				01:24:11	1:15:18	1:14:38	1:12:39	1:19:50	
Andresen, Stig	Fredrikstad IF	5	1:11:22		01:22:05		01:20:18		1:14:08	1:11:22	1:13:59	
Andresen, Thomas	Fredrikstad Triatlonklubb	5	1:08:05	01:08:05	01:14:59	01:10:01			1:11:45		1:08:13	
Arnesen, Camilla Opstad	Yven IF	5	1:16:59	01:16:59		01:41:59	01:21:54	1:17:18		1:27:42		
Bergsland, Marte Sletten	Trøsken IL	5	1:24:20		01:24:20	01:29:10	01:43:56	1:28:20	1:35:19			
Bertheussen, Øystein	Manstad	5	1:00:59	01:00:59	01:02:08				1:06:03	1:06:38	1:10:27	
Dalen, Tor	Rustad IL	5	1:12:56	01:22:48	01:25:00	01:19:23		1:14:36		1:12:56		
Fluske, Vidar	MAN Truck & Bus Norge AS	5	1:32:29	01:39:08		01:32:29	01:47:42	1:36:38	1:35:22			
Frøisland, Nils Arve	Oslo	5	1:20:38	01:37:13					1:26:52	1:21:33	1:20:38	1:25:00
Gangestad, Stephen	Fredrikstad IF	5	1:14:08					1:15:14	1:16:30	1:16:38	1:18:35	1:14:08
Gjøsæter, Eirik	Team Blikkenslagar Flotve	5	0:58:23	00:58:55			01:05:44	0:58:23		0:59:13	1:00:56	
Grindahl, Espen	Fredrikstad Triatlonklubb	5	1:06:25		01:06:31	01:06:25			1:06:58	1:08:20	1:18:13	
Gurandsrud, Jørgen	Fredrikstad IF	5	1:32:03					1:34:57	1:35:21	1:32:03	1:37:28	1:35:55
Halle, Alexander Braseth	Fredrikstad	5	1:07:47	01:07:47	01:08:00	01:31:45	01:28:15	1:10:11				
Hansen, Marius	Tønsberg	5	1:42:05	01:51:35					1:48:13	1:42:05	1:44:36	1:44:13
Haugland, Per Ove	NYLENDE IF	5	1:07:51			01:07:51	01:11:31	1:10:01		1:10:14	1:19:20	
Hegge, Rene	Fredrikstad	5	1:19:45	01:31:46	01:32:05		01:36:50			1:19:45	1:32:29	
Helgesen, Martin	Sarpsborg IL	5	1:02:28			01:09:03	01:13:56	1:02:28			1:06:47	1:08:48
Hendset, May Kristin		5	1:37:02			01:37:02	01:51:03	1:59:10	2:00:16	1:47:02		
Hjardar, Espen	Kverhuset BIL	5	1:10:03	01:17:04		01:16:23	01:15:16	1:10:03	1:12:56			
Holte, Tonny	Sturla	5	1:09:43			01:09:43		1:11:53	1:21:42	1:14:26	1:29:56	
Indrevoll, Ann-Hege	Femirun	5	1:39:26	01:46:51	01:51:28	01:42:17	01:43:24	1:39:26				
Jensen, Heine	Greåker	5	1:17:35	01:28:27		01:26:29		1:17:35	1:19:19	1:19:54		
Jensen, Stein	FREDRIKSTAD	5	1:15:38		01:28:43		01:34:10		1:15:38	1:15:42	1:20:29	
Johansen, Stein Ivar	Greåker	5	1:11:00	01:15:45		01:14:36	01:21:04	1:11:00	1:12:11			
Joheim, Øyvind	Tolvsrød	5	1:25:44	01:33:40	01:37:25	01:30:05	01:38:25		1:25:44			
Jørgensen, Geir	Fredrikstad IF	5	1:08:12	01:13:53				1:10:53	1:17:13	1:08:12	1:12:50	
Karlsen, Svein-Åge	Rygge IL	5	1:00:25	01:04:44		01:00:25	01:08:28	1:00:48	1:05:56			
Kasbohm, Ellen Karine	Yven	5	1:17:48	01:26:28	01:27:54			1:25:51		1:17:48	1:24:09	

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Kjellvik, Richard	Manstad Sprint/Ultra/Tri	5	1:09:13			01:12:52		1:09:13	1:13:45	1:12:13	1:24:43	
Kraugerud, Frode	Askim IF	5	1:04:44	01:07:34	01:12:08		01:38:57	1:04:44	1:06:14			
Krogsrud, Lars	GRESVIK IF	5	1:05:36			01:05:36	01:08:17		1:06:06		1:08:10	1:10:10
Larsen, Knut-André	Hevingen IL	5	1:05:39			01:07:12	01:06:44		1:05:39	1:06:33	1:11:13	
Lervik, Andreas	SARPSBORG SYKLEKLUBB	5	1:26:49				01:47:30		1:32:41	1:26:49	1:49:05	1:48:58
Lier, Ole Christian	Fredrikstad IF	5	1:10:24	01:15:59		01:13:02		1:10:24	1:11:22			1:22:41
Lundstrøm, Ivar		5	1:27:25				01:35:27	1:27:25	1:29:16	1:29:45	1:48:31	
Lynne, Geir	Raadhusgruppen	5	1:24:57		01:27:40	01:24:57	01:56:51	1:26:24	1:38:21			
Lystad, Hans-Petter	Askim	5	1:15:39	01:22:44	01:22:20	01:28:12				1:15:39	1:16:03	
Martinsen, Fredrik	Fredrikstad	5	1:05:49	01:05:49				1:07:24	1:09:21	1:17:23	1:30:17	
Martinsen-Evje, Sindre		5	1:20:22				01:32:54	1:20:22	1:26:10	1:28:49	1:31:47	
Myhre, Kjersti	Friskis Oslo	5	1:18:18	01:18:52	01:20:32	01:19:34		1:18:18				1:20:40
Nilsen, Erik Moursund	Hafslundsøy	5	1:21:20	01:21:20	01:22:16	01:27:56	01:39:31	1:31:04				
Nordnes, Mona Lavoll	Fredrikstad Triatlonklubb	5	1:22:02	01:22:02			01:37:45	1:30:27	1:37:23			1:47:01
Nundal, Terje	Friskis & Svettis	5	1:28:45	01:30:55	01:31:52	01:32:45	01:43:42		1:28:45			
Olsen, Stig	Idrettskretsen Knuts vei	5	1:29:00	01:29:00	01:33:48		01:36:23	1:32:32	1:35:45			
Ottersen, Henrik	Advokatfirmaet Helland Ingebrigtsen	5	1:20:09			01:20:09	01:31:17	1:20:42	1:24:28	1:23:05		
Reiersgård, Jørn Kåre	Tolvsrød	5	1:20:07	01:29:31	01:29:29	01:21:23	01:30:16		1:20:07			
Simonsen, Sven	Fredrikstad IF	5	1:08:56			01:11:38	01:18:07	1:08:56	1:10:02		1:10:50	
Skaar, Espen	Tune IL	5	1:09:22	01:14:51		01:09:22	01:19:08			1:14:05	1:12:47	
Sohlberg, Merete	Gressvik	5	1:24:38	01:37:26	01:31:05	01:27:46	01:35:46	1:24:38				
Sture, Martin		5	1:03:44			01:07:31		1:03:44		1:05:54	1:09:26	1:09:40
Syversen, Roger	Gresvik IF	5	1:04:51	01:14:00			01:12:10	1:04:51	1:10:05		1:12:58	
Thoring-Strømner, Åsmund	RYGGE IL	5	1:14:28				01:20:39	1:14:28	1:19:08		1:20:15	1:23:15
Tofteberg, Anett		5	1:30:05				01:41:43	1:30:05	1:33:33	1:35:21	1:39:46	
Ulvåen, May	Fredrikstad IF	5	1:24:41			01:32:21	01:54:10	1:27:09		1:24:41		1:28:34
Wahlgren, Tom	SARPSBORG ORIENTERINGSKLAG	5	1:29:46			01:31:20	01:42:03		1:29:46	1:35:49	1:35:18	
Werbrouck, Oelrik		5	1:11:55			01:16:56		1:19:30	1:11:55	1:12:00	1:17:16	
Weydahl, Sindre	Båstad IL Ski	5	1:01:16		01:01:16	01:04:20	01:08:15	1:03:49	1:06:03			
Yrvum, Svend	MOSSJONISTENE	5	1:21:21					1:21:21	1:24:37	1:27:36	1:26:17	1:37:59
Ørås, Terje	FREDRIKSTAD TRIATLONKLUBB	5	1:04:07					1:04:07	1:07:34	1:05:06	1:06:24	1:09:27
Aasli, Hilde Christin	GREÅKER	5	1:35:10		01:40:50		01:48:54		1:36:59	1:35:10	1:39:41	
Andresen, Øystein Jurgen	SARPSBORG IL	4	1:27:20				01:50:36	1:32:13	1:45:21	1:27:20		
Augustin, Vidar	TEAM AUGUSTIN	4	1:20:22				01:28:34		1:27:05	1:20:22		1:24:49
Aurebekk, Ingvild	FSK / DØLASLETTA IL	4	1:13:40						1:19:23	1:13:40	1:15:05	1:17:32
Aurebekk, Lars	FREDRIKSTAD SKIKLUBB	4	1:02:07					1:05:40	1:06:45	1:02:07	1:02:38	

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Historikk

Ballangby, Terje	Axia IF	4	1:28:29	01:48:12			01:48:38	1:28:29	1:36:13			
Bausovac, Sasa		4	1:16:27	01:16:27	01:18:09	01:23:08		1:25:09				
Bennetsen, Jesper	Ski	4	1:16:20	01:20:50	01:21:07	01:16:20		1:21:03				
Bergli, Morten		4	1:07:29					1:07:29		1:23:46	1:21:49	1:24:29
Berntsen, Tore	Fredrikstad Skiklubb	4	1:23:12	01:35:43		01:30:52		1:23:12	1:29:08			
Berntzen, Rune		4	1:13:28			01:27:05		1:13:28	1:16:02	1:17:57		
Bjercke, Jørn Cato	JCB HAGE OG GRØNTAREALER AS	4	1:47:30				01:54:16		1:49:48	1:47:30	1:50:26	
Bjerk, Trond	SARPSBORG	4	1:18:36		01:29:45		01:32:54	1:18:36	1:24:36			
Bjerkehagen, Bill	TRØMBORG IL	4	1:21:44			01:21:44		1:23:00	1:23:52	1:27:15		
Bjørke-Hill, Jon	HØGSKOLEN I ØSTFOLD BIL	4	1:10:17			01:18:46		1:10:44	1:12:19	1:10:17		
Bjørnstad, Viggo	SARPSBORG IL	4	1:11:57						1:21:59	1:11:57	1:13:50	1:17:10
Bogetveit, Karoline		4	1:30:02			01:34:02	01:47:53		1:42:34	1:30:02		
Delebekk, Pål Anders		4	1:17:20			01:17:20	01:22:24		1:18:51		1:21:33	
Eidissen, Tage		4	1:14:30				01:35:48	1:21:18		1:14:30	1:18:27	
Ellefsen, Heidi	Fredrikstad IF	4	1:14:11	01:14:11	01:17:45	01:17:55		1:15:19				
Engelsen, Per Ekren		4	1:20:25				01:32:18	1:25:22	1:22:29	1:20:25		
Engh, Harald	VARTEIG I.L.	4	1:12:04					1:17:43	1:14:55	1:12:04	1:15:44	
Enoksen, Roy Harry	Rygge IL	4	1:17:20			01:24:26	01:25:11	1:17:20	1:21:48			
Ferguson, Stine	Fredrikstad IF	4	1:21:20			01:30:36	01:40:57		1:21:20		1:29:31	
Fredheim, Anders Schjøllert		4	1:16:26			01:19:58		1:37:34	1:18:58	1:16:26		
Gathen, Hege	Fredrikstad IF	4	1:14:35			01:17:00	01:20:40		1:16:16	1:14:35		
Glückstad, Ole Petter	Greåker	4	1:31:05	01:49:47			01:54:10	1:36:18		1:31:05		
Gonzalez, Diego	SMELLS LIKE TEAM SPIRIT	4	1:11:06			01:11:06	01:13:43		1:14:40	1:18:54		
Graham, Kari Elisabeth	Fredrikstad IF	4	1:30:35		01:38:05	01:31:45		1:30:35	1:31:15			
Grendal, Tom	Skjeberg ck	4	1:14:44	01:18:41	01:19:10	01:21:49			1:14:44			
Grønneberg, Ketil		4	1:11:42					1:11:42	1:13:52	1:16:22	1:22:31	
Gulbrandsen, Cecilie	BRUA FYSIKALSKE	4	1:28:45				01:38:01		1:28:45	1:30:30	1:34:03	
Guttormsen, Christer	HEVINGEN IL	4	1:00:57			01:00:57	01:03:43	1:06:33	1:10:44			
Hansen, Arild Olsrud	SKJEBERG SK	4	1:26:20					1:27:49	1:36:37	1:26:20		1:33:20
Hansen, Thomas Rene	BSV Triatlon Klubb	4	1:11:12		01:17:25	01:11:12	01:11:50		1:21:50			
Hansen, Wenche Brodtkorb		4	1:33:23		01:33:23	01:37:55	01:45:54		1:35:38			
Hasselstrøm, Kaja		4	1:14:54			01:18:47		1:14:54	1:22:46	1:26:38		
Heines, Per Christian	Zenith Survey	4	1:28:40	01:39:58		01:39:33		1:31:23		1:28:40		
Henriksen, Bengt	OSLO	4	1:22:38		01:40:35	01:22:38	01:27:06	1:35:53				
Hinsch, Malte	Northern Runners / Sissies Sind Schuld	4	1:04:51			01:05:27	01:07:15	1:04:51	1:05:50			
Hystad, Inger Lise	Østbygda IL	4	1:08:16			01:08:16			1:09:41	1:11:09	1:14:36	

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Historikk

Høyaas, Lene Christine	KLAVESTADHAUGEN	4	1:47:31		01:47:31	01:47:48	02:14:27	1:51:46				
Jamissen, Leif Morten	SATS SARPSBORG	4	1:07:41			01:12:27	01:15:44		1:14:12	1:07:41		
Jansen, Svein Oskar	Fredrikstad IF	4	1:31:34					1:36:21	1:31:34		1:34:32	1:41:11
Jensen, Kikki	KIKKI JAY	4	1:13:13					1:13:13	1:19:59	1:16:04	1:20:54	
Jensen, Morten	Plankebyen Dart Klubb	4	1:10:47		01:24:35			1:14:30		1:10:47		1:18:22
Johannessen, Espen	TEAM BTS	4	1:20:08					1:27:24	1:27:45	1:20:08	1:31:34	
Johansen, Odd Hilberg	RSL	4	1:15:40				01:24:34			1:18:07	1:15:40	1:23:03
Jørgensen, Leif Roar	Fredrikstad IF	4	1:28:17			01:31:56	01:31:19	1:28:17	1:29:23			
Kaspersen, Steve	ROMERIKE ULTRALØPERKLUBB / TEAM	4	1:05:50				01:13:35	1:05:50		1:07:21		1:22:50
Kaur, Satpal	Sarpsborg	4	1:33:44	01:42:53	01:48:18	01:33:44	01:45:40					
Kjellesvig, Tellef	FREDRIKSTAD SKIKLUBB	4	1:15:24				01:33:40	1:15:24	1:19:15		1:25:02	
Klausen, Glenn	Skjeberg	4	1:10:30	01:10:32	01:10:30	01:13:38				1:14:43		
Krabberød, Vegard	IFRONT	4	1:19:12			01:33:37		1:36:00		1:19:12	1:30:18	
Krosby, Anders Johan	FREDRIKSTAD SKIKLUBB	4	1:17:17			01:23:23	01:32:52	1:17:17		1:19:02		
Larsen, Annette	ROCKDRIVERS	4	1:37:14				01:56:46	1:37:14	1:44:17	1:44:30		
Lervik, Trygve	FPOB	4	1:22:19			01:25:42	01:32:58	1:22:19	1:23:52			
Magnussen, Heine	FREDRIKSTAD TRIATLONKLUBB	4	1:08:57			01:09:43	01:14:21	1:08:57	1:11:07			
Malm, Erik Andreas		4	1:23:38			01:27:45	01:35:08				1:25:12	1:23:38
Mathiasen, Ingrid Oldervik	Fredrikstad Kommune	4	1:12:49		01:26:18	01:16:27		1:12:49		1:23:16		
Mcgrath, Margaret	Halden IL	4	1:17:45	01:23:10				1:21:56		1:17:45	1:21:37	
Moe, Marianne	ROMERIKE ULTRALØPERKLUBB	4	1:13:58			01:30:39	01:16:40	1:29:07		1:13:58		
Mostad Hansen, Jonas	Fredrikstad	4	1:18:16	01:29:37	01:34:24	01:18:16	01:26:22					
Nilsen, Jørn Espen	Oslo	4	0:57:34	00:57:34	01:02:32			1:06:04		1:07:59		
Norenberg, Freddy	Gressvik IF	4	1:19:20	01:19:20	01:24:20	01:24:09	01:50:38					
Nygaard, Anne Mette		4	1:27:34						1:27:51	1:27:34	1:29:00	1:30:30
Pettersen, Eli Birgitte		4	1:23:10			01:29:23		1:23:10	1:28:14	1:31:48		
Pettersen, Geir	JACKON	4	1:16:30					1:16:30		1:21:38	1:27:57	1:35:56
Pettersen, Lise Marie	Bane NOR BIL	4	1:15:28	01:15:49	01:20:11		01:19:14		1:15:28			
Pettersen, Mats	Orkla BIL	4	1:00:38	01:01:31			01:03:13			1:00:38	1:02:41	
Pladsen, Solveig		4	1:16:36			01:23:11	01:25:48	1:16:36	1:18:35			
Renberg, Roger		4	1:26:16					1:30:18	1:29:36	1:26:16	1:33:44	
Robertsen, Daniel	GRESSVIK	4	1:17:03		01:33:29	01:20:59	01:20:26	1:17:03				
Ruyter, Thomas	Askim	4	1:16:17	01:27:34	01:26:10	01:29:46				1:16:17		
Rød, Terje	Fredrikstad IF	4	1:13:21					1:18:33	1:29:53	1:16:07	1:13:21	
Raagaard, Henrik Lund	Fredrikstad IF	4	1:14:45	01:15:54		01:14:45	01:24:57			1:39:09		
Sandvik, Knut Jostein	ULLERØY IL	4	1:12:54			01:17:22		1:15:35	1:14:08	1:12:54		

Glommaløpet 10 miles individuelt

Historikk

Skar, Einar	Fredrikstad IF	4	1:24:46	01:44:25				1:24:46	1:27:55		1:39:45	
Solberg, Øivind	SOONLØP	4	1:06:53				01:06:53	1:08:58		1:20:06	1:25:48	
Solgaard, Jon Magnus	OSLOFJORD TRIATLON KLUBB	4	1:10:09				01:21:21		1:10:09		1:17:59	1:22:24
Sondaj, Martin	Fredrikstad Skiklubb	4	1:06:16			01:06:16		1:14:15	1:13:41	1:08:15		
Stigen, Jørgen	FREDRIKSTAD SKIKLUBB	4	1:00:07				01:02:35	1:00:07	1:03:17		1:09:16	
Syversen, Stig Ove	TRANSCOM	4	1:20:18					1:20:18	1:34:36	1:37:20		1:24:58
Tharaldsen, Ole	Fredrikstad IF	4	1:16:17	01:16:17			01:23:09	1:16:19				1:21:49
Torgersen, Trond	Oslo	4	1:04:27	01:08:33	01:08:45			1:04:27	1:09:15			
Veby, Nina Visjø	SKILØPERNE	4	1:31:39			01:51:42		1:39:17		1:31:39	1:40:17	
Wahlgren, Tove	SARPSBORG ORIENTERINGSKLAG	4	1:35:56				01:54:09		1:46:45	1:35:56	1:38:39	
Willadsen, Geir Aa.	ØSTFOLD POLITIIDRETTSLAG	4	1:00:37					1:01:24	1:03:00	1:00:37		1:07:31
Ørseng, Thor Kenneth	TEAM YX	4	1:12:56					1:12:56	1:25:31	1:15:36	1:21:01	
Aarmo, Sverre Sigurd	Sarpsborg Sykleklubb	4	1:29:26		01:40:35	01:32:22	01:36:20		1:29:26			
Aas, Heine Kristoffer	VARTEIG BOYZ	4	1:26:47					1:26:47		1:28:37	1:30:35	1:44:32
Andersen, Frode		3	1:14:48					1:14:48	1:17:48	1:24:38		
Andersen, Jørgen	Rolvøy	3	1:11:11	01:45:04				1:11:11	1:37:26			
Andersen, Kjersti Gram	SKIMILAJOGGEN	3	1:29:37			01:32:44	01:44:48				1:29:37	
Andersen, Ole-Henrik	SARPSBORG IDRETTSRÅD	3	1:32:30					1:32:30	1:40:47		1:35:42	
Andersen, Thomas	ENGELSVIKEN	3	1:04:15		01:04:15	01:07:13					1:09:30	
Andresen, Terje	SARPSBORG ARBEIDERBLAD	3	1:36:32					1:37:17		1:36:32	1:48:41	
Angelskår, Steinar	Fredrikstad IF	3	1:20:05			01:22:23	01:20:05		1:23:19			
Augustin, Ida	Gressvik	3	1:16:09	01:16:09	01:18:41	01:24:59						
Balchen, Jon Andreas		3	1:15:22			01:17:12		1:15:22	1:33:05			
Basberg, Steinar	Fredrikstad IF	3	1:10:08						1:11:52	1:10:08		1:11:35
Baustad, Alexander	Romerike Ultraløperklubb	3	1:08:36		01:08:36	01:22:34	01:33:56					
Benediktsdottir, Agnes	SKILØPERNE	3	1:14:45			01:27:47	01:39:29			1:14:45		
Berg, Christian	Hydro Aktiv	3	1:08:43	01:14:50		01:08:43	01:30:46					
Berg, Heidi Strømnes		3	1:26:33					1:26:33	1:28:31	1:29:45		
Berg, Kai	Gressvik	3	1:11:32	01:11:32	01:12:17		01:12:55					
Berg, Terje	SALENKIRKEN HALDEN	3	1:32:18						1:32:18	1:32:59	1:54:31	
Bjercke, Jørn Anders	JCB HAGE OG GRØNTAREALER AS	3	1:22:30			01:27:36				1:23:24	1:22:30	
Bjornstad, Frederik	BORN TO RUN	3	1:03:47						1:06:53	1:03:47		1:09:37
Bjærum, Roar		3	1:14:06			01:16:11				1:14:06	1:17:02	
Bjørkenes, Espen		3	1:20:48				01:20:48		1:25:05		1:25:32	
Bjørnebekk, Stian		3	1:26:10				01:35:20			1:30:03	1:26:10	
Blomkvist, Jan Edvin	OBOS	3	1:20:31				01:27:20	1:20:31		1:20:38		
Blomkvist, Line		3	1:42:18			01:42:18	02:00:27	1:56:24				

Glommaløpet 10 miles individuelt

Historikk

Bolin, Merete	Skiløperne/Team Sportsmanden	3	1:16:36			01:17:23				1:16:36	1:19:06	
Borg, Øystein	Team Egg	3	0:58:11			01:02:26		0:58:11	1:02:01			
Borge, Camilla	LYN REGNSKAP AS	3	1:37:41				01:50:41	1:37:41	1:48:11			
Brastad, Ole Kristian	Bøler IF	3	1:27:50	01:31:43	01:34:09				1:27:50			
Briancourt, Pål		3	1:36:09			01:36:09	01:45:12	1:37:42				
Bringsvor, Tonje	SKILØPERNE	3	1:31:43					1:39:14		1:31:43	1:40:12	
Bruheim, Morten		3	1:15:21			01:18:49			1:15:21	1:24:55		
Brynildsen, Robin	FREDRIKSTAD TRIATLON KLUBB	3	1:11:43						1:13:58	1:11:43	1:17:58	
Bråthen, Frank Robert		3	1:13:33							1:13:33	1:21:03	1:17:21
Bye, Stian	SOONLØP	3	1:10:06					1:10:06	1:13:28	1:14:20		
Bysted, Thomas	RT 27 FREDRIKSTAD	3	1:24:26						1:35:51	1:44:37	1:24:26	
Carlsen, Jon Harald	HALDEN	3	1:10:19					1:10:19	1:12:31	1:13:57		
Collier, Steve	ATOMEN HALDEN BIL	3	1:11:21					1:21:58		1:11:21	1:12:45	
Dahl, Birgitte Wold	Actic Fredrikstad	3	1:30:32			01:36:09		1:39:08		1:30:32		
Dahl, Erling		3	1:13:48		01:17:25		01:18:08			1:13:48		
Dahl, Vidar	ELIXIA	3	1:21:28							1:21:28	1:30:43	1:31:12
Dahlsveen, Ina	Tranby	3	1:29:01	01:29:01		01:34:45		1:35:48				
Danielsen, Petter	KONGSTEN IF	3	1:24:17					1:39:04	1:24:17	1:25:02		
De Flon, Halvor	FRISKIS OG SVETTIS	3	1:15:10					1:19:46		1:15:10		1:22:12
Edvardsen, Svein Tore		3	1:03:23			01:05:31	01:11:04	1:03:23				
Eriksen, Kirsti	Fredrikstad IF	3	1:22:45						1:24:09	1:22:45	1:29:15	
Eriksen, Lars-Andréas		3	1:15:47						1:18:24	1:15:47	1:25:45	
Eriksson, Carl	Halden	3	1:13:29	01:13:29		01:22:38					1:25:16	
Erstad, Magnus	Kamp/Vestheim IF	3	0:51:52	00:51:52	00:53:13						1:09:01	
Ertnes, Gro Merete	Romerike Ultraløperklubb	3	1:24:40			01:29:50		1:24:40		1:30:54		
Fisker, Christine		3	1:21:41					1:22:00	1:21:41	1:24:56		
Flø, August	Fredrikstad IF	3	0:51:01			00:56:33		0:51:01				0:58:07
Folkvang, Anders	Sarpsborg IL	3	1:02:24			01:03:22		1:02:24	1:12:12			
Foss, Dorte	Raufoss Friidrett	3	1:08:38	01:14:31	01:14:25					1:08:38		
Fridh, Stina	FREDRIKSTAD	3	1:21:36		01:31:12		01:35:59	1:21:36				
Frøyland, Anette	Sats	3	1:37:20	01:39:54	01:37:20	01:41:35						
Garsrud, Iver	TEAM FJELLA	3	1:25:36				01:27:44	1:26:17			1:25:36	
Gløersen, Herman	FREDRIKSTAD SKIKLUBB	3	1:04:12						1:04:12	1:10:52	1:16:52	
Grav Børthus, Martine	Sarpsborg	3	1:14:55	01:15:04	01:14:55	01:19:36						
Gretland, Jon-Erik	TEAM PARADISAAK	3	1:23:21							1:27:20	1:23:21	1:29:27
Grundt-Ileby, Helene	Fredrikstad IF	3	1:35:41	01:35:41	01:38:03					1:48:20		
Gundersen, Terje	RYGGE IDRETSLAG	3	1:21:12				01:27:28		1:21:12			1:25:21
Guthu, Geir Ole	Fredrikstad IF	3	1:04:46	01:04:46	01:06:55				1:21:27			

Glommaløpet 10 miles individuelt

Historikk

Guthu, Jon	HIOA	3	1:14:19						1:16:12	1:14:19	1:19:40	
Gaarden, Camilla	Sarpsborg	3	1:22:12	01:22:12	01:33:01		01:59:28					
Hallstensen, Per Åge		3	1:08:56				01:18:33			1:08:56		1:21:32
Halvorsen, Tor-Arne		3	1:19:04					1:19:04	1:25:20	1:23:03		
Hammer, Tone	MARKEDSPARTNER	3	1:45:00				01:56:45	1:45:00	1:46:46			
Hammerstad, Lars	SKJEBERG CK	3	1:15:32						1:17:24	1:15:32	1:22:52	
Hansen, Trond-Vidar Due	SELLEBAKK	3	1:19:47		01:22:29	01:19:47				1:31:54		
Hansen, Vidar Boye		3	1:20:21				01:48:39		1:22:57	1:20:21		
Hansteen, Cato	Romerike Ultraløperklubb	3	1:06:51	01:13:38		01:11:33		1:06:51				
Haraldsen, Sindre	Fredrikstad IF	3	1:19:46			01:20:08	01:31:38	1:19:46				
Hassel, Lars Petter	Hafslundsøy	3	1:29:10	01:29:10	01:31:36	01:39:01						
Hauge, Hilde		3	1:33:19			01:39:28	01:45:22	1:33:19				
Heiberg, Anette		3	1:37:02						1:37:27	1:37:02	1:43:43	
Henriksen, Sindre	TISTEDAL	3	1:33:59		01:33:59	01:36:40	01:48:16					
Hermansen, Kristine	Fredrikstad IF	3	1:15:43					1:15:43	1:19:40	1:22:46		
Hermansen, Per	Rygge IL / Ryggejoggen	3	1:13:59		01:16:04	01:16:39				1:13:59		
Hole, Jørgen	ÅS IL / SKILØPERNE	3	1:11:09						1:14:11	1:11:09	1:18:44	
Holme, Egil	Fredrikstad IF	3	1:09:55				01:20:41		1:12:18	1:09:55		
Holmskog, Stian	PENTEX AS	3	1:23:42				01:23:42		1:25:54	1:28:48		
Hongve, Torkjel	Siggerud IL	3	1:11:18		01:11:18		01:17:29	1:15:44				
Hovde, Kristine	TEAM HEIDERØD	3	1:35:44						1:37:49	1:35:44	1:52:04	
Hox, Lars	Fredrikstad IF	3	1:08:52	01:08:52						1:14:16	1:16:28	
Haabeth, Ole Audun		3	0:59:38							0:59:38	1:02:40	1:05:38
Haabeth, Sjur	KRÅKERØYTANNLEGENE	3	1:10:56						1:13:24	1:10:56		1:14:21
Iversen, Hans Petter	BRAVIDA	3	1:08:14			01:08:14		1:09:45	1:18:31			
Jacobsen, Jacob Wierenfeldt	Danish Dynamite	3	1:30:17		01:30:17	01:36:20	01:39:39					
Jeksrud, Arne Aleksander		3	1:18:07						1:18:07	1:19:05	1:25:36	
Jensen, Ole	Gjensidige Sport Øst	3	1:17:55	01:17:55				1:19:35		1:23:07		
Jensen, Torstein	TJC	3	1:27:10				01:37:23		1:27:10		1:36:16	
Jenshagen, Frode		3	1:21:31			01:21:31	01:29:32	1:40:19				
Johannessen, Bjørn	HALDEN IL	3	1:01:12			01:24:31				1:01:12		1:03:37
Johannessen, Mona	Romerike Runners Team	3	1:13:47		01:13:47	01:16:12	01:25:33					
Johannessen, Monika Sand	Denofa	3	1:32:09	01:32:09		01:35:59	01:45:26					
Johansen, Jan Roger	Grålum	3	1:19:25	01:37:10		01:40:39						1:19:25
Johansen, Janne Kjellberg	Fredrikstad IF	3	1:10:02	01:13:34	01:14:33						1:10:02	
Johansen, Kim	ROUND TABLE FREDRIKSTAD	3	1:31:23			01:31:23			1:35:36		2:00:21	
Johansen, Tanja		3	1:44:06							1:53:33	1:44:06	1:45:21
Johansen, Tore André	KRÅKERØY UNGDOMSSKOLE	3	1:14:39				01:15:21	1:14:39		1:19:30		

Glommaløpet 10 miles individuelt

Historikk

Jonsson, Gunnar	Team Sportsmanden	3	1:09:18	01:09:18		01:12:58	01:13:23					
Jørgensen, Jarle	Fredrikstad IF	3	1:10:51			01:13:03	01:20:50	1:10:51				
Karlsen, Maria Dahle	Gressvik	3	1:28:38	01:28:38		01:33:56			1:37:08			
Karlsen, Vidar Lothe	BRYNILD GRUPPEN	3	1:10:40			01:16:05	01:20:27	1:10:40				
Karlsson, Kjærstin	KRÅKERØY	3	1:26:22		01:39:45			1:26:22	1:29:44			
Kavli, Micheline Roko	Sarpsborg	3	1:19:55	01:33:08		01:25:22				1:19:55		
Kedziora, Norbert		3	1:11:58	01:16:51			01:16:01	1:11:58				
Kirkeng, Anne Marit	ØSTBYGDA IL	3	1:23:51				01:31:32		1:24:58	1:23:51		
Kirkeng, Hans Olaf	ØSTBYGDA IL	3	1:23:43				01:32:54	1:23:43		1:39:14		
Kirkerød, Jonas		3	1:08:57			01:19:48	01:43:41	1:08:57				
Kjølborg Klonteig, Eirik	Brynild Gruppen Bil	3	1:04:15			01:08:01				1:04:15		1:20:20
Klevås, Tora Camilla	Fredrikstad Kommune	3	1:36:08	01:40:05				1:41:25			1:36:08	
Korsmo, Frode	Roterud IL	3	1:07:55	01:16:43		01:07:55	01:11:26					
Korum, Jørgen	Oslo	3	0:57:55	00:58:45			00:57:55	1:00:16				
Kraugerud, Randi Synnøve		3	1:25:44			01:32:14		1:29:49		1:25:44		
Kristiansen, Jeanette		3	1:17:50				01:27:31	1:17:50	1:21:26			
Kristiansen, Jørn	Pepperstad tøy og bøy	3	1:27:54	01:27:54	01:37:54		01:47:16					
Kristiansen, Ole Martin	Opsund Uvel	3	1:18:31	01:18:31		01:24:19			1:45:50			
Krossby, Magnus	HVALER IL	3	1:17:11						1:18:43	1:17:11	1:26:28	
Kullberg-Marcussen, Just		3	1:18:53						1:19:17	1:18:53	1:28:42	
Landeklint, Henrik	Fredrikstad IF	3	1:08:35				01:11:21		1:08:35	1:11:37		
Larsen, Andreas	ASIK FLAMES	3	1:08:18						1:08:32	1:08:18	1:12:42	
Larsen, Anita		3	1:31:20					1:31:20	1:42:49	1:32:19		
Larsen, Dennis	OSLO	3	1:17:02		01:28:39			1:20:35			1:17:02	
Larsen, Kenneth		3	1:14:09			01:14:09	01:17:27				1:20:31	
Larsen, Svend Aage	ROCKDRIVERS	3	1:26:09				01:29:30		1:26:09	1:29:28		
Lauvstad, Espen	HANDICARE	3	1:17:39				01:28:50	1:17:39	1:24:11			
Lawton, Daniel	Tranby	3	1:12:00	01:12:37		01:12:00		1:24:07				
Liane, Lars-Ketil	FREDRIKSTAD SKIKLUBB	3	1:22:57			01:27:45	01:38:38		1:22:57			
Lieberknecht, Lasse	Fredrikstad IF	3	1:07:41		01:07:41	01:11:30	01:13:23					
Lillebø, Bjørn Arne		3	1:14:55							1:14:55	1:20:26	1:28:13
Lind Gaarden, Martin	Sarpsborg	3	1:14:49	01:14:49		01:26:12			1:19:38			
Lund, Hans-Jørgen	Skiløperne/Team Sportsmanden	3	1:08:13			01:11:50				1:08:13	1:11:26	
Lystad, Ole	Frederik II vgs	3	1:28:43	01:28:43	01:32:10	01:33:54						
Martinsen, Arne Alfei	Rudshøgda	3	1:45:31	01:45:31	01:51:45	01:45:32						
Martinsen, Ingar		3	1:17:52					1:17:52		1:19:19	1:23:12	
Mathisen, Glenn	Heimly Runners	3	1:14:01			01:14:01			1:18:28			1:15:23
Mo, Dagfinn	Ryggejoggen/ Light Flight/ Soon Tri	3	1:05:51		01:06:49				1:06:38	1:05:51		

Glommaløpet 10 miles individuelt

Historikk

Mobakken, Ellen		3	1:27:38			01:32:01	01:37:33	1:27:38				
Møller, Lars Petter	FREDRIKSTAD SYKKELKLUBB	3	1:26:44		01:33:42	01:28:55	01:26:44					
Nesengen, Bjørge	Fredrikstad Triathlon Klubb	3	1:04:46		01:05:37					1:04:46	1:06:25	
Ness, Ivar	HVALER VOLLEYBALLKLUBB	3	1:17:34						1:19:59	1:17:34	1:19:04	
Nilsen, Jørgen	STADIONKLINIKKEN A/S	3	1:14:28			01:14:28	01:17:57				1:18:31	
Nilsen, Thormod	GLASSTEAM	3	1:19:34				01:42:17	1:19:34				1:23:03
Nord, Emil	Yven	3	1:18:08	01:23:18	01:18:08			1:18:32				
Nordli, Vilja	TUNESKIPET BARNEHAGE	3	1:31:11					1:33:26		1:31:11	1:39:28	
Nordlie, Henrik		3	1:17:36			01:17:36	01:29:12				1:20:51	
Nybakk, Daniel	TORP	3	1:34:29		01:57:07	01:34:29	01:37:50					
Ogre, Marcus	Nemus	3	1:17:53		01:21:41	01:17:53				1:23:00		
Olsen, Cecilie Brox		3	1:32:04			01:32:04	01:40:40			1:33:19		
Olsen, Silje Skarning		3	1:44:25						1:44:58	1:47:04	1:44:25	
Omberg, Kirsti	SKILØPERNE	3	1:31:43					1:39:11		1:31:43	1:43:01	
Ophus, Marius Andre	Sellebakk	3	1:27:19	01:27:42	01:27:19	01:30:07						
Oraug, Pål	SARSPSBORG IL	3	0:54:43					0:54:43	0:57:51	0:57:59		
Orring, Lasse	RT 27 FREDRIKSTAD	3	1:20:49					1:20:49	1:22:46	1:23:48		
Pedersen, Ole-Richard	Fredrikstad	3	1:17:20	01:25:39		01:17:20	01:28:22					
Pettersen, Per Åge	Cicignon old Boys	3	1:30:07			01:30:07	01:57:35	1:37:59				
Pettersen, Sjur	Fredrikstad IF	3	1:25:43	01:29:05	01:38:11	01:25:43						
Pinås, Tor Christian	Fredrikstad IF	3	1:03:34	01:05:15							1:03:34	1:11:22
Rekvin, Kristian	Tistedal	3	1:31:19	01:45:20		01:31:19	01:45:51					
Ruyter, Werner	Cicignon old Boys	3	1:22:33	01:56:50		01:26:19			1:22:33			
Sagen Andersen, Martin	RT 27 FREDRIKSTAD	3	1:17:32						1:19:50	1:17:32	1:22:25	
Seifert, Linn	Halden	3	1:26:10	01:31:36	01:31:04			1:26:10				
Simons, Nick		3	1:17:01					1:23:50		1:17:01	1:30:30	
Simonsen, Helge	SKILØPERNE	3	1:29:21			01:34:15		1:29:21	1:33:20			
Skaftun, Frank	Team Sportsmanden	3	1:14:58	01:16:50	01:19:38	01:14:58						
Skaug, Rino	GAARDS-SERVICE AS	3	1:17:38							1:19:38	1:25:30	1:17:38
Skaara, Geir	NORDEA BIL	3	1:39:10						1:42:42	1:39:10		2:04:44
Smaaberg, Bjørn Arild	Varteig IL	3	1:06:28		01:06:28	01:11:18	01:18:22					
Solheim, Tor Helge		3	1:24:15			01:29:58	01:31:23	1:24:15				
Solli, Geir	BRYNILD GRUPPEN	3	1:26:58			01:26:58	01:49:02	1:27:48				
Stang, Kristoffer	#TEAMCHEMTRAIL	3	1:21:35						1:29:18	1:21:35	1:25:04	
Stensland, Benedikte		3	1:44:18				01:51:23	1:44:18		1:59:41		
Storeheier, Even	DEGERNES	3	0:53:59		00:53:59	00:58:40	01:03:30					
Storehjem, Thine	Fredrikstad	3	1:15:06	01:17:40	01:22:54					1:15:06		
Strømberg, Solveig	GAMLE FREDRIKSTAD	3	1:39:50		01:42:04	01:39:50	01:48:20					

Glommaløpet 10 miles individuelt

Historikk

Stølen, Ketil	Jessheim	3	1:32:37	01:33:53	01:32:37		01:33:08					
Svendsen, Jon Eivind		3	1:24:36						1:28:41	1:39:55	1:24:36	
Syversen, Janne	FREDRIKSTAD TRIATHLONKLUBB	3	1:34:59							1:48:32	1:34:59	1:37:32
Sølvberg, Svein Arne	OPPEGÅRD IL	3	1:04:26						1:08:04	1:04:26	1:05:17	
Sørli, Arnfinn	Sarpsborg Sykleklubb	3	1:20:14		01:30:36					1:20:14	1:30:43	
Søyland, Erling	CAD QUALITY	3	1:20:00							1:20:00	1:22:14	1:26:06
Thoresen, Ole Kristian	Råde	3	1:17:26	01:17:26		01:18:22		1:22:17				
Thorgaard, Jens		3	1:17:33				01:32:04			1:17:33	1:24:26	
Thorsen, Håvard Hauge		3	1:22:32			01:22:32	01:26:33	1:37:21				
Thorsen, Lill	Stabekk	3	1:27:30	01:39:07	01:34:35				1:27:30			
Thorvaldsen, Karine Letting	TEAM HEIDERØD	3	1:27:56						1:27:56	1:29:33	1:32:26	
Thorvaldsen, Ole-Martin	ENGELSVIKEN	3	1:15:42		01:18:05	01:15:42		1:20:25				
Thunæs, Lars	LEONBERG	3	1:18:18							1:18:18	1:20:00	1:24:26
Titlestad, Gjermund	BORGENHAUGEN	3	1:26:20		01:33:44	01:26:20	01:40:28					
Tjernes, Fredrik	Enebakk	3	1:05:08	01:05:08		01:08:40			1:16:48			
Trandum, Daniel	RT 27 FREDRIKSTAD	3	1:35:50				01:55:23		1:35:50	1:44:37		
Tronstad, Anders	Moss	3	1:29:58	01:30:55	01:29:58	01:37:27						
Trotter, Louise Helen	TEAM THORVALD	3	1:42:37					1:42:37		1:43:03	1:51:23	
Tømte, Sjur	Fredrikstad IF	3	1:12:55					1:14:30	1:15:55	1:12:55		
Tønnesen, Egil		3	1:31:56			01:35:38		1:34:48	1:31:56			
Vatvedt, Tormod	Fredrikstad IF	3	1:26:56	01:27:26	01:26:56		01:39:18					
Veder, Lars	Dilling	3	1:30:43	01:30:43	01:35:10	01:41:10						
Wallin, Anniken	SALMING NORGE	3	1:08:17			01:08:17	01:11:51	1:11:22				
Watson, Guro		3	1:33:08				01:51:02		1:39:24	1:33:08		
Wernersen, Regin	Fredrikstad IF	3	1:08:39	01:09:33		01:08:39	01:14:35					
Wiig, Nils	FRIKSIS OG SVETTIS FREDRIKSTAD	3	1:17:38				01:29:24	1:17:38	1:18:53			
Wik, Simen	SKJEBERG	3	1:29:10		01:34:15	01:29:10	01:32:01					
Winther, Ole Jørgen	Fredrikstad	3	1:32:33	01:39:19				1:38:38			1:32:33	
Wisbech, Hanne	Fredrikstad IF	3	1:24:22				01:41:39		1:24:22		1:30:41	
Wold, Monica	FREDRIKSTAD TRIATLONKLUBB	3	1:09:27						1:09:27	1:09:52		1:19:48
Waagbø, Jon	Torp	3	1:34:23	01:34:23			01:34:36		1:35:01			
Økland, Line Kristin Jemtland	HVALER KOMMUNE	3	1:47:22				01:59:53	1:47:22	1:51:02			
Øy, Lars	GJELLERÅSEN IF	3	1:03:03				01:03:39		1:03:03	1:05:54		
Aasland, Thorleiv	SKILØPERNE - NORDEA BIL	3	1:12:06						1:12:06	1:13:18	1:18:51	
Åstorp, Bjørn	SARPSBORG O-LAG	3	1:18:55						1:19:09	1:18:55	1:20:32	
Adamek, Wieslaw		2	1:19:38							1:19:38	1:31:56	
Adolfson, Morgan	Rye Sp.Kl.	2	1:23:26		01:23:26					1:25:04		
Akselsen, Andreas	JACKON	2	1:11:24					1:13:12		1:11:24		

Glommaløpet 10 miles individuelt

Historikk

Alnæs, Tom Christian	-	2	1:27:24							1:27:24	1:35:08
Ambjørnsen, Truls Martin	RT 27 FREDRIKSTAD	2	1:16:51					1:16:51	1:18:11		
Amundsen, Dennis	Klavestadhaugen	2	1:08:58	01:08:58	01:23:21						
Amundsen, Simen	KVERNHUSET BIL	2	1:04:58				1:04:58	1:04:58			
Andersen, Anders Harald	TORP	2	1:02:51		01:02:51	01:15:33					
Andersen, Fredrik	NORTIC	2	1:23:08			01:24:44		1:23:08			
Andersen, Frode		2	1:44:39					1:44:39		1:45:07	
Andersen, Knut Viggo	Fredrikstad IF	2	1:07:18					1:08:06	1:07:18		
Andersen, Kristin	OSLO	2	1:17:55	01:17:55	01:19:06						
Andersen, Magnus Cato	Fredrikstad IF	2	0:59:51		00:59:51	01:05:12					
Andersen, Maria		2	1:23:18					1:31:57	1:23:18		
Andersen, Mette Dahle	TEAM SMILEY	2	1:24:46				1:24:46	1:26:51			
Andersen, Petter		2	1:22:34					1:25:43	1:22:34		
Andreassen, Kjell	Østbygda Løpegruppe	2	1:55:47	01:56:46	01:55:47						
Andresen, Atle	KF ENTREPRENØR AS	2	1:24:50			02:15:03		1:24:50			
Arnesen, Jon Oddvar	Gamle Fredrikstad	2	1:07:58	01:07:58		01:08:24					
Arnesen, Mads	FREDRIKSTAD SKIKLUBB	2	1:04:25				1:04:25	1:09:14			
Arnesen, Magnus	ROLVSØY VEKTLØFTERKLUBB	2	1:19:36				1:19:36		1:24:49		
Arntzen, Morten Moberg	KONGSTEN IF	2	1:15:52						1:15:52	1:29:20	
Asbjørnsen, Ann-Kristin Skjelle		2	1:48:04		01:48:04		2:00:00				
Asbjørnsen, Jonatan		2	1:27:44			01:49:25	1:27:44				
Asprem, Bjørn Ove		2	1:20:15					1:20:19	1:20:15		
Bakkeng, Camilla Lynne		2	1:28:51				1:28:51	1:31:09			
Bakker, Robin	SSK Skjetten Tri	2	1:08:01		01:08:01	01:09:15					
Ballovarre, Kim-Erik	HVALER KOMMUNE	2	1:32:23				1:32:23			1:41:25	
Bamrud, Arne	SARPSBORG WHISKY SYMPOSIUM	2	1:12:42							1:12:42	1:14:30
Barstad, Stian		2	1:27:45				1:27:45	1:33:37			
Bekkelund, Atle	MOSS	2	1:20:03	01:20:03	01:25:34						
Belstad, Marius	Onsøy Runners	2	1:21:34		01:21:34			1:24:40			
Berg, Christine K	ØREÅSEN IL	2	1:22:27				1:22:27	1:29:22			
Berg, Emanuel	Arvika	2	1:15:44	01:28:44	01:15:44						
Berg, Heidi		2	1:28:15		01:28:15	01:41:19					
Berg, Roger	TARGET BIL	2	1:35:36			01:45:15				1:35:36	
Berg, Ronny	Engelsviken	2	1:47:54	01:53:25						1:47:54	
Berg, Thomas		2	1:21:53		01:21:53	01:31:30					
Berge, Nina Borovski		2	1:32:44					1:35:26	1:32:44		
Berger, Line	STOREMYR IL	2	1:29:45					1:36:33	1:29:45		
Bergerud, Ole-Kristian	BERGERUD RUNNERS	2	1:19:44			01:19:44	1:20:49				

Glommaløpet 10 miles individuelt

Historikk

Berget, Eirik	Fredrikstad	2	1:01:34	01:01:34	01:02:49							
Berget, Håvard	MULTICONSULT	2	1:01:16					1:01:28	1:01:16			
Bergli, Anniken	SKJEBERG	2	1:37:49		01:46:35				1:37:49			
Bergum, Svein	MOSS CK / EUROPRIS	2	1:16:47								1:16:47	1:19:47
Bertheussen, Kim	Kristiansand S	2	0:58:21	00:58:21				1:09:17				
Bjerkenes, Birgitte		2	1:13:40		01:13:40					1:20:41		
Bjur, Magnus	BUPP FREDRIKSTAD	2	1:06:53		01:09:55		1:06:53					
Bjørkli, Hallvard		2	1:09:26							1:09:26	1:13:36	
Bjørkli, Ragnhild		2	1:29:20					1:29:20	1:36:33			
Bjørkå, Remi		2	1:23:42					1:23:42	1:26:39			
Bjørndal, Torger	STOREMYR IL	2	1:22:05					1:36:33	1:22:05			
Bjørnebekk, Fredrik		2	1:16:39							1:16:39		1:40:31
Bjørnebekk-Waagen, Fredrik	FREDRIKSTAD TRIATHLONKLUBB	2	1:20:59				1:20:59	1:22:02				
Bjørseth, Rune	NTL	2	1:17:19	01:17:59	01:17:19							
Blomkvist, Thomas	Fredrikstad Skiklubb	2	1:24:20		01:35:04	01:24:20						
Borge, Atle	LYN REGNSKAP AS	2	1:33:50				1:39:20	1:33:50				
Borgen-Johansen, Lise	Robust Coaching	2	1:04:24		01:04:24		1:04:45					
Borger, Thomas	IMTECH	2	1:23:10							1:23:10	1:23:54	
Borgersen, Elin		2	1:47:19			01:54:38						1:47:19
Borgmo, Kjellrun		2	1:58:02					2:09:16	1:58:02			
Borgmo, Knut Gunnar		2	1:56:07					2:00:45	1:56:07			
Bratsberg, Vidar	Fredrikstad IF	2	1:14:33	01:14:33	01:17:00							
Bratsberg, Vidar Buer	Raskere enn Bettan	2	1:15:41		01:15:41	01:28:38						
Brattstrøm, Gøran	ASKIM IF	2	1:26:49				1:26:49	1:26:58				
Bredesen, Ivar Asbjørn	Oslo Handicapil.	2	1:22:00		01:31:50	01:22:00						
Bredesen, Sondre	Gjensidige Sport Øst	2	1:15:56	01:15:56	01:22:05							
Brenne, Jonsigurd	SARPSBORG IL	2	1:06:33			01:16:53	1:06:33					
Brewster, Daniel		2	1:09:40							1:09:40	1:15:51	
Bråten, Ida	VEIDEKKE BIL	2	1:19:25					1:19:25			1:27:44	
Bråten, Inger Johanne		2	1:35:51						1:43:01	1:35:51		
Bråthen Blekken, Vetle		2	1:16:39					1:17:22	1:16:39			
Bråthen Tangen, Trym		2	1:27:12					1:27:41	1:27:12			
Bråthen, Elin	HIRVI RIDERS	2	1:29:49							1:29:49	1:35:26	
Braathen, Ole Bjørn	SIÅSTAD VESTRE LIER	2	1:13:49				1:13:54				1:13:49	
Bråthen, Roy	ØSTFOLD ENERGI	2	1:27:38					1:31:46	1:27:38			
Buckholm, Lars	Halden	2	1:05:22	01:55:00	01:05:22							
Buckholm, Petter	Multiconsult BIL	2	1:01:45		01:01:45		1:16:17					
Budalen, Pål	Østbygda IL	2	1:05:55	01:05:55	01:06:46							

Glommaløpet 10 miles individuelt

Historikk

Buflod, Hilde		2	1:31:02				01:48:04			1:31:02		
Bunes, Maria		2	1:30:55					1:30:55	1:33:23			
Bøhn, Rolf E.	HALDEN IL	2	1:07:59						1:14:37	1:07:59		
Bøvve, Knut		2	1:19:55				01:29:09	1:19:55				
Christensen, Ida	FREDRIKSTAD	2	1:50:32		02:00:45				1:50:32			
Dahl, Gry Austvik		2	1:27:31							1:27:31	1:30:58	
Dahl, Morten	Drøbak-Frogn IL / DFI Friidrett	2	1:01:04	01:01:04			01:03:08					
Dahle, Anette	Manstad	2	1:37:32	01:37:32	01:39:34							
Dahlqvist, Thea		2	1:23:08							1:23:08	1:32:21	
Dalen, Petter		2	1:14:39						1:14:47		1:14:39	
Dalheim, Jonas		2	1:28:48				01:28:48				1:38:33	
Danielsen, Heidi		2	1:25:20							1:25:20	1:30:53	
De Flon, Monica	FRESENIUS KABI NORGE AS	2	1:38:40						1:38:40			1:42:12
De Ibarra Argiles, Alfredo		2	1:22:46							1:22:46	1:31:13	
Dege, Anders F	FSK	2	1:16:01			01:23:02			1:16:01			
Degnes, Olav Gram	Finansavisen	2	1:19:58	01:19:58						1:26:46		
Didrichsen, Elin	Gressvik	2	1:26:02	01:26:02	01:28:13							
Ebeltoft, Jon Ove	SKJEBERG CYKLEKLUBB	2	1:19:19			01:19:19	01:27:56					
Eide, Bjørn Einar	Øystre Slidre IL	2	1:02:15		01:03:31			1:02:15				
Eliassen, Steffen		2	1:32:44						1:35:26	1:32:44		
Eliasson, Ulf		2	1:07:51							1:07:51	1:13:21	
Ellefsen, Bernhard	Sellebakk	2	1:12:02	01:13:27				1:12:02				
Ellingsen, Per Morten	SMARTFISH-FUJI. FTK	2	1:00:19					1:00:19			1:01:09	
Elnes Hansen, Natalie		2	1:23:37					1:23:37		1:27:42		
Eriksen, Joachim		2	1:17:23						1:17:23	1:19:03		
Erixon, Jens A.	OSLO	2	1:21:19		01:30:33	01:21:19						
Eskelund, Frode	Langhus	2	1:17:56	01:17:56	01:21:39							
Evensen, Ole Christian	FREDRIKSTAD SKIKLUBB	2	1:11:55								1:11:55	1:16:44
Evensen, Roger	MOSSJONISTENE.COM	2	1:50:34							1:56:26	1:50:34	
Falch, Dag Vidar	TRØSKEN/CENTRUM FYSIOTERAPI	2	1:14:32						1:14:32	1:15:23		
Ferreira, Marianne		2	1:23:09				01:35:52	1:23:09				
Finjord, Pål	SARPSBORG BILSENTER	2	1:25:15			01:25:15	01:40:50					
Finseth, Sunniva	TEAM FINSETH	2	1:39:20					1:41:29	1:39:20			
Fiskum, Espen	Namdal løpeklubb	2	0:55:33	00:55:33					0:59:18			
Fjellhøi, Tuva	Skjeberg	2	1:25:05	01:25:05	01:27:02							
Fjærvik, Mats	BORGEN IL	2	1:16:30								1:24:40	1:16:30
Flandorfer, Camilla		2	1:23:21					1:23:21		1:26:05		
Flatin, Øyvind	Fredrikstad IF	2	1:34:39	01:34:39			01:49:15					

Glommaløpet 10 miles individuelt

Historikk

Flatland, Baard	Brynild Gruppen Bil	2	1:22:11			01:22:11	01:35:50					
Flatland, Marie		2	1:22:46						1:33:01	1:22:46		
Flodin, Pål		2	1:20:05			01:20:05	01:26:45					
Fodstad, Anne Sofie		2	1:29:05					1:55:59		1:29:05		
Forsberg, Tommy	Malermestrene Forsberg AS	2	1:26:51	01:28:00		01:26:51						
Fossbekk, Truls Roar	Rye Sp.Kl. / Kondis	2	1:18:35	01:18:35	01:18:53							
Fredheim, Christina		2	1:16:09						1:16:47	1:16:09		
Fredriksen, Sebastian	SKJEBERG SPORT	2	1:29:57					1:29:57	1:37:14			
Frey, Caroline Slattum		2	1:25:42							1:25:42	1:40:46	
Frølandshagen, Anne-Lene	Fredrikstad IF	2	1:35:14				01:49:03		1:35:14			
Frøyland, Thor-Martin	GRANDAHIL EIENDOMSMEGLING	2	1:21:42								1:21:42	1:23:26
Førrisdal, Tor Helge	Løpekameratene	2	1:23:34	01:23:34				1:24:38				
Gammelsrud, Lennarth	ØSTBYGDA IL	2	1:24:48					1:24:48		1:25:31		
Gaustad, Anders	LERVIK IF	2	0:59:40					0:59:40	1:02:13			
Gautun, Preben	Fredrikstad IF	2	1:04:45							1:04:45	1:07:52	
Githmark, Andreas	Sarpsborg	2	1:35:40	01:38:43	01:35:40							
Gjerlaugsen, Lars	GLOMMA TANNKLINIKK	2	1:30:52					1:35:48		1:30:52		
Gjerløw, Thor	Gresvik IF	2	1:33:36	01:33:36	01:36:31							
Gjesdal, Kari-Marie	Fredrikstad IF	2	1:33:46							1:35:36	1:33:46	
Gjessing, Glenn	MULTICONSULT	2	1:08:22					1:08:22	1:12:49			
Glende Eriksen, Ole Martin		2	1:13:57						1:13:57	1:19:26		
Glomsrød, Thale	BERGSVINGEN IL	2	1:15:58				01:18:13		1:15:58			
Gløersen, Jakob	FREDRIKSTAD SKIKLUBB	2	1:15:36						1:33:03	1:15:36		
Gonda, Louis	Kelda Vikings	2	1:08:05			01:08:05	01:08:41					
Gorola, Aleksander	Grålum	2	1:33:16	01:35:02	01:33:16							
Gottfridson, Linus	FREDRIKSTAD TRIATLONKLUBB	2	1:12:09				01:15:28	1:12:09				
Granli, Ole-Jan	MYSEN TENNISKLUBB	2	1:08:53					1:08:53		1:14:14		
Grini, Halvard	Fredrikstad IF	2	1:15:41			01:15:41	01:20:52					
Gripsrud, Mattias		2	1:25:47				01:31:42	1:25:47				
Grundvig, Margunn		2	1:28:23						1:28:23		1:37:30	
Grønner, Grete	RAKKESTAD SYKKELKLUBB	2	1:25:44							1:25:44	1:29:44	
Graasten, Kjell	BORGEN IL	2	1:19:58								1:20:05	1:19:58
Gudmundstuen, Tor		2	1:28:32				01:35:14				1:28:32	
Gulbrandsen, Elin		2	1:32:46			01:32:46		1:33:23				
Gundersen, Martin	Gressvik	2	0:59:10	01:03:22	00:59:10							
Gunnarson, Kolbjørn	Færvik	2	1:27:22	01:50:03		01:27:22						
Gustavsen, Bjørg		2	1:41:15						1:41:16	1:41:15		
Gøransson, Ida	TEAM GØRANSSON	2	1:17:20					1:17:20	1:19:57			

Glommaløpet 10 miles individuelt

Historikk

Gøransson, Lasse	TEAM GØRANSSON	2	1:09:23					1:09:23	1:10:29			
Gaarder, Fredrik		2	1:25:23					1:25:23		1:27:09		
Hagen, Charlotte Scott		2	1:15:19						1:17:35	1:15:19		
Hagen, Magnus		2	1:22:05				01:22:27	1:22:05				
Hagen, Morten	Lundeløperne	2	1:10:13			01:10:13	01:35:14					
Hagestande, Wenche Murtnes	FREDRIKSTAD	2	1:27:52						1:27:52	1:28:56		
Hald, Kennet	KENNET HALD	2	1:17:01							1:17:01	1:24:14	
Halstensen, Talette Borsheim		2	1:25:09							1:25:09	1:36:11	
Halvorsen, Ellen Therese Skau	Sarpsborg	2	1:25:31	01:25:31	01:28:23							
Halvorsen, Lars Erik		2	1:25:07						1:27:50	1:25:07		
Hammerseng Lund, Mari	KVERNHUSET BIL	2	1:15:43				01:24:25		1:15:43			
Hammerstad, Tom Henning	SKJEBERG CK	2	1:20:00							1:20:00	1:28:08	
Handegård, Espen	Fredrikstad IF	2	1:21:22							1:21:22	1:28:17	
Hansen, Anders		2	1:18:59			01:20:56		1:18:59				
Hansen, Ole Johnny	Stjernen	2	1:15:17	01:15:17	01:21:56							
Hansen, Ronny		2	1:50:14			01:50:14	02:03:22					
Hansen, Stine	TEAM SMARTFISH FUJI /SKILØPERNE	2	1:29:12					1:29:12	1:32:11			
Hareide, Kenneth	TEAM LUMBAGO	2	1:11:31						1:11:31		1:16:57	
Hasle-Finstad, Jannicke	FSC RAKKESTAD	2	1:31:03						1:31:03		1:32:14	
Hasle-Finstad, Oddbjørn	Yven IF	2	1:20:00		01:28:33				1:20:00			
Hassing, Tove Elisabeth	Fredrikstad IF	2	1:30:51					1:38:47	1:30:51			
Hauge, Ole Fredrik	Europris	2	1:23:40			01:23:40	01:29:26					
Haugen, Elin Engeli	Frederik II vgs	2	1:44:06	01:44:06	01:56:36							
Hedlund, Marie		2	1:42:59			01:47:04		1:42:59				
Heggenes, Tommy Tveter	TRØSKEN IL	2	1:09:20			01:12:49		1:09:20				
Heier, Andreas Johansen	Yven	2	1:13:22	01:13:50		01:13:22						
Heier, Hege Kristin		2	1:30:18			01:30:18	01:44:24					
Heines, Hans Erik	Sarpsborg FK	2	1:31:32	01:37:23				1:31:32				
Helli, Erik	GIF SKI	2	1:15:49					1:15:49			1:20:24	
Henriksen, Aleksander	Team Egg	2	1:11:23			01:11:23						1:33:57
Henriksen, Roar	Skjeberg Sport	2	1:23:52	01:35:10		01:23:52						
Hermansen, Thomas A	ROLVSØY VEKTLØFTERKLUBB	2	1:23:20						1:23:23		1:23:20	
Hermansen, Vidar	FREDRIKSTAD SKIKLUBB	2	1:13:26				01:28:03	1:13:26				
Hetland, Henning	OSLO	2	1:26:28		01:46:36						1:26:28	
Hildebrand, Fredrik	JM NORGE AS	2	1:15:12			01:15:12	01:23:18					
Hoff, Kathrine	KNAPSTAD	2	1:26:47		01:45:25	01:26:47						
Holberg, Janne		2	1:34:26				01:38:38		1:34:26			
Holmen, Kjell Runar	Østbygda IL	2	1:33:37	01:33:37	01:33:38							

Glommaløpet 10 miles individuelt

Historikk

Holten, Line Henriette		2	1:23:24				01:34:09	1:23:24				
Horgheim, Julius	KONGSTEN IF	2	1:16:33						1:16:33	1:24:54		
Hryn, Piotr	ADAMEKS	2	1:15:40						1:15:40	1:18:55		
Hugubakken, Tommy	TYNSET	2	1:14:07		01:14:36	01:14:07						
Humlekjær, Merethe	HUMLEFJELLET	2	1:41:57							1:41:57	1:48:20	
Humlekjær, Rino	HUMLEFJELLET	2	1:27:27							1:27:27	1:39:59	
Häbler, Morten	Fredrikstad IF	2	1:11:01					1:11:01				1:14:19
Høgberg Johansen, Mikael		2	1:21:32				01:24:16			1:21:32		
Høgberg Johansen, Theres		2	1:20:11				01:24:18			1:20:11		
Høisæther, Erik	Yven	2	1:29:18	01:36:38				1:29:18				
Høyum, Charlotte	Manstad	2	1:35:44	01:35:44		01:38:37						
Haaland, Anders	OSLO	2	1:12:02		01:12:02		01:18:21					
Idland, Cicilia	Halden Triathlonklubb	2	1:09:54	01:09:54			01:14:17					
Imrik, Lasse		2	1:35:12			01:35:12	01:45:35					
Imrik, Voica		2	1:35:12			01:35:12	01:45:34					
Indstøy, Morten		2	1:23:33					1:28:18	1:23:33			
Ingebrigtsen, Albert	Sarpsborg	2	1:25:58	01:37:24		01:25:58						
Ingebrigtsen, Sandra Merete	Hosle	2	1:33:02	01:46:22						1:33:02		
Iversen, Arne	Son Fredagsvolley	2	1:19:18		01:27:38						1:19:18	
Iversen, Hege		2	1:32:05			01:32:05	01:43:38					
Iversen, Pete	Fredrikstad IF	2	1:27:12								1:27:51	1:27:12
Jacobsen, Dan-Petter	COWI	2	1:36:04						1:36:04	1:38:16		
Jacobsen, Petter Magnus	GAMLE FREDRIKSTAD	2	1:36:51		01:40:17			1:36:51				
Jacobsen, Steinar	SARPSBORG BANDYKLUBB	2	1:26:31						1:29:27		1:26:31	
Jakobsen, Margareth	FSC MYSEN	2	1:21:56						1:21:56	1:25:12		
Jansen, Cathrin		2	1:32:07					1:32:07	1:33:05			
Jelsnes, Henriette	RAKKESTAD	2	1:22:07		01:22:07	01:28:33						
Jemieljanczyk, Rafal	Borgenhaugen	2	1:14:39	01:14:39				1:20:01				
Jensen, Kristoffer Reinholt	Team Eurobrigtsen	2	1:17:17		01:17:17			1:44:27				
Jensen, Petter Kvamme		2	1:13:10					1:15:57		1:13:10		
Jernberg, Vigdis		2	1:22:47						1:28:39	1:22:47		
Jessesen, Jon-Vidar		2	1:17:14			01:17:14	01:28:45					
Johannessen, Jørgen	JØRGEN JOHANNESSEN	2	1:22:20			01:22:20	01:27:57					
Johannessen, Martin	Team BTS	2	1:03:07	01:03:07	01:12:04							
Johansen, André Sahlin		2	1:33:12			01:33:12	01:48:12					
Johansen, Bengt Petter	ØSTFOLD ENERGI	2	1:27:46						1:35:54	1:27:46		
Johansen, Elin Marie		2	1:27:49							1:27:49	1:34:37	
Johansen, Espen R.		2	1:26:30						1:28:16			1:26:30

Glommaløpet 10 miles individuelt

Historikk

Johansen, Henning	COWI BIL	2	1:18:08							1:18:08	1:20:12	
Johansen, Jørgen	SOLKYSTEN LK	2	1:17:31							1:17:31	1:24:58	
Johansen, Ken Michael	FREDRIKSTAD	2	1:35:20		01:35:20		01:52:21					
Johansen, Kjetil	Guttakrutt	2	1:32:04	01:33:42		01:32:04						
Johansen, Linn Desire	FREDRIKSTAD TRIATHLON	2	1:25:18							1:25:26	1:25:18	
Johansen, Mona	COWI BIL	2	1:20:50							1:20:50	1:24:52	
Johansen, Odd	RÅDE	2	1:21:57		01:31:59	01:21:57						
Johansen, Truls	Askim	2	1:05:48	01:06:05							1:05:48	
Johansen, Turid	FREDRIKSTAD SKIKLUBB	2	1:35:26							1:36:09	1:35:26	
Johnsen, Mette Lise	Oslo	2	1:37:19	01:43:24							1:37:19	
Josipovic, Jelena	NAV FREDRIKSTAD	2	1:34:04					1:38:53	1:34:04			
Julsen, Pernille	Borgenhaugen	2	1:15:38	01:15:38	01:23:52							
Julusmoen, June		2	1:17:31								1:17:31	1:19:45
Jøransen, Mona	FROGNER	2	1:15:01		01:15:01				1:21:13			
Jørnholt, Christer		2	1:36:15			01:36:15	01:37:52					
Kairelis, Irmantas		2	1:08:20				01:09:32	1:08:20				
Karlsen, Geir	TEAM ROMSÅS ROADRUNNERS	2	1:43:09				01:44:26	1:43:09				
Karlsen, Morten	COGNACLOSJEN	2	1:07:48					1:07:48			1:10:23	
Karlsen, Rolf	BUL	2	1:05:09						1:05:09			1:09:14
Karstensen, Linn Therese		2	1:34:28							1:34:28	1:48:11	
Kavli, Stig	Sarpsborg	2	1:19:06	01:29:40						1:19:06		
Kazinci, Kirsti Margrethe	GRESSVIK	2	1:34:59			01:34:59	02:04:11					
Kielland, Erik		2	1:26:19								1:34:42	1:26:19
Kirkeng, Tommy Andre	ØSTBYGDA IL	2	1:15:21				01:19:13		1:15:21			
Kirkerød, Anders	Sarpsborg	2	1:26:42	01:26:52		01:26:42						
Kjøll, Øystein Harley	IDE&DEKORVERKSTEDET IL	2	1:30:43						1:30:43	1:31:56		
Kjønikesen, Magne	E-Co Energi BIL	2	1:20:38			01:20:38				1:22:15		
Kleiveland, Olav		2	1:03:34					1:03:34		1:07:07		
Knudsen, Gunnar		2	1:15:30				01:33:27	1:15:30				
Knutsen, Stine		2	1:46:36					1:46:36	1:54:24			
Kolverud, Kine		2	1:36:22			01:36:22	01:44:13					
Kristensen, Espen Teksle	IØPS	2	1:18:39					1:18:39	1:19:34			
Kristiansen, Aleksander Vold	RANHEIM	2	1:27:04			01:28:32			1:27:04			
Kristiansen, Dag	Greåker IF	2	1:15:36	01:15:36		01:19:27						
Kristiansen, Glenn	Romerike Ultraløperklubb	2	1:11:58			01:11:58				1:15:29		
Kristiansen, Malin		2	1:34:09			01:37:51					1:34:09	
Kristiansen, Roar	Gamle Fredrikstad	2	1:30:24	01:34:40	01:30:24							
Kristiansen, Stian		2	1:34:12						1:41:52	1:34:12		

Glommaløpet 10 miles individuelt

Historikk

Kristoffersen, Tom	Sarpsborg	2	1:18:59	01:22:04				1:18:59				
Kristoffersen, Vidar		2	1:18:54				01:39:20				1:18:54	
Kro, Tore August	Abel- old Boys, Avdeling Begby	2	1:09:11	01:10:30	01:09:11							
Krogstad, Rita		2	1:46:28				01:57:21	1:46:28				
Kulblik, Martin	Sarpsborg	2	1:11:57	01:11:57	01:23:08							
Kull, Trine		2	1:33:36				01:45:37			1:33:36		
Kultorp, Caroline	Sarpsborg	2	1:18:01	01:19:55	01:18:01							
Kvalsvik, Guttorm	NORSK HYDRO BIL	2	1:18:05				01:35:24		1:18:05			
Kvalsvik, Lars	KRÅKERØY IL	2	1:14:16						1:21:12	1:14:16		
Kvame, Anders	Saltnes Jågg&Trim	2	1:01:22	01:01:22			01:08:04					
Langsholdt, Elisabeth	Torp	2	1:28:58	01:35:53						1:28:58		
Langsholt, Ole Marcus	ISE	2	1:16:15		01:28:55	01:16:15						
Langva, Frank	KONGSTEN IF	2	1:19:57					1:22:34		1:19:57		
Larsen, André		2	1:12:04						1:12:04	1:19:25		
Larsen, Elisabeth	NAV FREDRIKSTAD	2	1:24:29					1:24:29	1:28:23			
Larsen, Erna	MOSSJONISTENE	2	1:38:40			01:38:40		1:41:10				
Larsen, Kristian	Grålum	2	1:20:38	01:33:30	01:20:38							
Larsen, Martha		2	1:21:46					1:21:46		1:29:20		
Larsen, Martin Syver	HALDEN	2	1:18:30		01:18:30		01:32:05					
Larsen, Mona		2	1:36:53						1:36:53	1:41:36		
Larsen, Ole-Hermann Moen	Gamle Fredrikstad	2	1:26:00	01:26:00							1:40:55	
Lauritsen, Jim	SARPSBORG	2	1:23:40		01:44:44					1:23:40		
Lie, Martin Forsberg	Fredrikstad Skiklubb	2	1:18:22	01:18:22	01:19:50							
Lie, Mille	Fredrikstad IF	2	1:13:46					1:13:46	1:14:47			
Liepina, Kristine	Frogner	2	1:26:35	01:26:35		01:30:12						
Lier, Henrik	SKY BLAZERS	2	1:04:42				01:04:59	1:04:42				
Lind, Knut		2	1:25:57			01:27:27			1:25:57			
Lindblad, Geir	STRØMMEN VIDEREGÅENDE SKOLE	2	1:06:56				01:06:56				1:07:25	
Lindblad, Mette Lise		2	1:36:18				01:47:19		1:36:18			
Lindekleiv, Ole	FK VIGØR	2	1:28:45					1:30:17	1:28:45			
Lindh, Monica		2	1:33:57						1:34:48	1:33:57		
Lindvig, Jarl Andre		2	1:13:19			01:13:19	01:19:21					
Lomeland, Sondre	Gjesdal IL	2	0:57:33	00:57:33	00:57:41							
Ludvigsen, Christopher	SOFTLOGS	2	1:42:27				01:47:04	1:42:27				
Lundberg, Terje	COMPUSOFT BIL	2	1:18:58						1:18:58	1:20:11		
Lunde, Lars-Kristian	Slevik IL	2	0:58:40			00:58:40	01:01:24					
Lundeby, Sven Arne	Støttepasninger for Slitne Menn på Gre	2	1:25:19	01:25:19	01:32:04							
Lundestad - Høier, Birthe		2	1:23:01					1:23:28		1:23:01		

Glommaløpet 10 miles individuelt

Historikk

Lundh, Kathrine	Grålum	2	1:29:18	01:29:18			01:47:22					
Lybæk, Tanja	Fredrikstad IF	2	1:32:34						1:37:47		1:32:34	
Lynne, Camilla	OPPEGÅRD KOMMUNE	2	1:38:21				01:56:52		1:38:21			
Lyrek, Trine	TRASTI & TRINE	2	1:24:41			01:26:46	01:24:41					
Lystad, Pål Robert	SAUGBRUGS BIL	2	1:10:25						1:10:25		1:11:24	
Løken, Egil	CK TOTENTRÅKK	2	1:12:57					1:12:57	1:17:50			
Løken, Jørgen		2	1:02:31							1:04:13	1:02:31	
Løkke, Anders	CK ØST	2	1:21:36							1:21:36	1:28:07	
Løkken, Stian	Norangdal IL	2	1:14:42	01:17:41								1:14:42
Løvfold, Jan		2	1:24:10						1:37:31	1:24:10		
Løvik, Kjersti	Kråkerøy	2	1:25:25	01:25:25	01:26:25							
Løvik, Tomas	Kråkerøy	2	1:22:57	01:25:25	01:22:57							
Løvås, Even	Halden IL	2	0:53:19	00:54:09	00:53:19							
Løvås, Even Buer		2	1:01:36					1:01:36	1:12:01			
Løvås, Ingjerd Buer	HALDEN IL	2	1:29:10				01:45:08	1:29:10				
Madsen, Asbjørn	Manstad	2	1:30:38	01:38:27							1:30:38	
Magnussen, Emil Orten		2	1:02:17					1:02:17		1:05:15		
Magnussen, Jørn Gisle	SKJEBERG CK	2	1:15:56			01:15:56	01:27:56					
Maican Lara, Santo Angel	MOSSJONISTENE	2	1:12:05						1:12:05		1:13:45	
Mandji, Therese Leonardsen		2	1:34:22					1:38:10		1:34:22		
Marco Arroyo, Ruben	Fredrikstad IF	2	0:56:46		00:56:46					0:59:02		
Marken, Nikolai		2	1:15:02								1:15:02	1:35:53
Markussen, Magne	KINGSRØD TRANSPORT	2	1:09:42			01:17:13		1:09:42				
Martinsen, Bjørn Arild	AKTIV FOR EPILEPSI	2	1:33:20				01:44:34				1:33:20	
Mathisen, Roger	JACKON	2	1:24:51								1:24:51	1:29:02
Matland, Christian Bro	FREDRIKSTAD	2	1:10:00		01:10:00	01:24:24						
Matland, Lene Margrethe Bro	FREDRIKSTAD	2	1:25:52		01:25:52			1:26:43				
Moe, Terje		2	1:12:14			01:20:31		1:12:14				
Moen Pinås, Marianne	Fredrikstad IF	2	1:35:22		01:43:47					1:35:22		
Moen, Thor	FREDRIKSTAD SKIKLUBB	2	1:24:03				01:32:43				1:24:03	
Monkvik, Per-Owe	Sarpsborg IL	2	1:11:18		01:11:38			1:11:18				
Monsen, Ingunn		2	1:15:00				01:25:33		1:15:00			
Morger, Runa	GLOMMA TANNKLINIKK	2	1:30:52					1:36:11		1:30:52		
Mortensen, Marius	Greåker	2	1:31:18	01:38:30						1:31:18		
Munika, Mahesh	KRÅKERØY	2	1:16:45		01:16:45		01:20:06					
Møller-Eriksen, Morten		2	1:29:13								1:35:32	1:29:13
Måwe, Thomas	Gressvik	2	1:24:41	01:24:41	01:29:52							
Nandedkar, Kiran	Runner's High	2	1:28:37		01:28:37	01:45:04						

Glommaløpet 10 miles individuelt

Historikk

Nguyen, Claudia		2	1:36:01			01:36:01	01:46:36					
Nichele, Stefano		2	1:13:06			01:14:55		1:13:06				
Nielsen, Grethe		2	1:40:32					1:42:34	1:40:32			
Nielsen, Per	COWI BIL	2	1:15:12							1:15:12	1:15:13	
Nielsen, Trine		2	1:28:20					1:28:20	1:39:30			
Nilsen, Kristian	GÅ	2	1:25:03	01:25:38	01:25:03							
Nilsen, Lene		2	1:26:24					1:26:24	1:33:38			
Nilsen, Per Harald	Fredrikstad IF	2	1:19:02	01:22:33		01:19:02						
Nilsen, Paal Ternes	Fredrikstad	2	1:17:14	01:17:14	01:20:41							
Nilsen, Tom	MOSSJONISTENE	2	1:28:09								1:29:15	1:28:09
Nordgård, Erik	Kråkerøy	2	1:17:50	01:17:50	01:27:06							
Nordgård, Ole	Gamle Fredrikstad	2	1:17:48	01:17:48	01:27:06							
Nordheim, Kristoffer	Equipe Ganger-Rolv	2	1:11:17		01:18:22	01:11:17						
Nordrum Rakvåg, Irene	TEAM LUMBAGO	2	1:23:49					1:24:29			1:23:49	
Noteng, Peder	Fredrikstad IF	2	1:18:52	01:18:52	01:23:45							
Nygaard, Morten	RT27	2	1:17:17					1:17:17	1:21:50			
Nymark, Carl-Martin	Ski	2	1:07:57	01:07:57	01:19:08							
Nystad, Espen		2	1:12:41			01:14:30				1:12:41		
Nysted, Arne	DRAMMEN	2	1:19:57		01:22:31	01:19:57						
Nysted, Hans-Kristian	GRÅKER	2	1:21:56		01:21:56			1:26:55				
Nøstdal, Ingrid	Gamle Fredrikstad	2	1:24:45	01:24:45		01:35:09						
Olafsen, Line		2	1:30:59								1:30:59	1:37:18
Olin, Hege		2	1:40:24					1:47:16	1:40:24			
Olsen, Håkon Strand	Fredrikstad IF	2	1:18:01					1:18:01				1:20:32
Olsen, John Vidar	RYGGEJOGGEN	2	1:27:32					1:30:35		1:27:32		
Olsen, Kim	Fredrikstad IF	2	1:03:39								1:03:39	1:09:35
Olsen, Roar	GIF-JOGGEN	2	1:36:02			01:36:02	01:48:55					
Olsen, Tommy-André		2	1:18:07				01:18:07	1:22:37				
Olsen, Victor	KF BIL	2	1:30:07					1:30:07		1:31:11		
Ophus, Ida Kristin	Sellebakk	2	1:42:50	01:42:50	01:44:40							
Opsahl, Gaute Hemming	TRØMBORG I.L	2	1:14:51					1:14:51	1:15:35			
Opsahl, Marianne		2	1:11:50					1:11:50				1:46:54
Oraug, Tone		2	1:19:04					1:22:32	1:19:04			
Ostad, Tom	BLODSMAK BAND	2	1:29:34					1:29:34	1:38:27			
Paulsen, Hege	TUNESKIPET BARNEHAGE	2	1:42:30							1:42:30	1:48:48	
Pedersen, Camilla Tenvig		2	1:28:47					1:28:47	1:32:11			
Pedersen, Frank G.	SKJEBERG CK	2	1:17:31								1:17:31	2:05:21
Pejby, Martin		2	1:19:52								1:19:52	1:27:26

Glommaløpet 10 miles individuelt

Historikk

Pettersen, Kathrine Almvik	LISLEBY HÅNDBALL	2	1:25:11					1:25:11			1:32:58	
Pettersen, Venche		2	1:42:10					1:42:10	1:43:14			
Pihlstrøm, Kristin		2	1:21:01							1:21:01		1:31:31
Pihlstrøm, Ole-Andreas	Greåker	2	1:14:10	01:14:10					1:16:34			
Pilestrand, Christian	TROLLDAEN	2	1:21:19				01:28:17			1:21:19		
Pinås, Fredrik	Fredrikstad IF	2	1:05:09	01:05:09	01:14:28							
Presno, Andrea Garcia De	OSI FRIIDRETT	2	1:12:04				01:16:16	1:12:04				
Prøitz, Tommy		2	1:07:10						1:07:10		01:07:16	
Putkowski, Andre Gerard	Fredrikstad IF	2	1:17:05					1:17:05	1:20:32			
Raknes, Per	MARKEDSPARTNER	2	1:55:03					1:57:35	1:55:03			
Rasmussen, Helge Schie	HVALER KOMMUNE	2	1:15:00			01:16:24		1:15:00				
Rasmussen, Thomas E.	Fredrikstad IF	2	1:10:49					1:12:12		1:10:49		
Reece, Robert	TEXAS	2	1:21:09			01:21:09	01:25:28					
Rekvin, Andreas	Halden	2	1:56:11	02:00:33			01:56:11					
Riis, Anne Margot	TEAM NONSTOP	2	1:40:32						1:40:32	1:41:19		
Rist, Marte Løvås	HALDEN IL	2	1:24:49				01:37:36	1:24:49				
Robertsen, Raymond		2	1:45:24			01:45:24	01:58:22					
Rogndalen, Bjørn	BORREGAARD	2	1:22:32			01:22:32	01:38:49					
Rolland, Thomas		2	1:38:14						1:39:22	1:38:14		
Rosnes, Helge	PRIVAT	2	1:13:58						1:15:15			1:13:58
Rosnes, Magne	FREDRIKSTAD SKIKLUBB	2	1:10:11							1:10:11	1:14:04	
Rudsrud, Ståle		2	1:31:25			01:31:25		1:31:57				
Ryan, Jostein		2	1:24:02								1:24:49	1:24:02
Rydland, Randi Beate		2	1:46:35					1:46:35	1:54:24			
Rønning, Karoline	FREDRIKSTAD TRIATHLONKLUBB/ TEAM	2	1:22:02				01:22:02	1:23:01				
Røste, Jan Arild Wallin		2	1:20:59							1:29:05	1:20:59	
Sand, Espen	Vestby	2	1:17:27	01:17:27	01:42:57							
Sande, Thomas Eriksen	Vansjølogen	2	1:20:10	01:20:10	01:25:01							
Sandem, Kjetil	Norconsult BIL	2	0:57:37	00:57:37				0:59:30				
Sandersen, Ole-Petter Mork	ULFVEN AS	2	1:19:39			01:27:27			1:19:39			
Sandmæl, Merete	Moss	2	1:48:18	01:48:18	01:48:53							
Sandstad Røising, Marius		2	1:49:28					1:54:20	1:49:28			
Sanengen, Sverre	Fredrikstad IF	2	1:32:50							1:34:24	1:32:50	
Sannerholt, Merete	Skien Svømmeklubb	2	1:23:36			01:23:38			1:23:36			
Sannerholt, Tom Ivar	Skien Svømmeklubb	2	1:23:35			01:24:08			1:23:35			
Schaeffer, Maria	Sarpsborg	2	1:18:41	01:18:41	01:19:00							
Simensen, Martin	Unger Fabrikker	2	1:21:41		01:21:41	01:31:14						
Simonsen, Lars-Christian	Ski IL Friidrett	2	0:58:51	00:58:51				1:06:40				

Glommaløpet 10 miles individuelt

Historikk

Simonsen, Pål	Bodø Bauta løpeklubb / Bodø Bauta	2	1:08:08	01:08:16		01:08:08						
Sivertsen, Jon Martin Bodal	Gamle Fredrikstad	2	1:34:57	01:34:57	01:37:30							
Sivertsen, Ulrik	Sellebakk	2	1:21:05	01:21:05	01:23:17							
Sjødahl, Helge Ronny		2	1:40:18				01:50:20	1:40:18				
Sjølie, Njål		2	1:23:56								1:23:56	1:25:59
Sjølie, Njål		2	1:13:24					1:13:24	1:28:22			
Sjaastad, Jørgen	TEAM THEO	2	1:00:47			01:00:47	01:02:12					
Skagen, Arild	Saugbrugs BIL	2	1:26:21		01:26:21	01:27:42						
Skagen, Carl Erik Aabø	Berg IL	2	1:15:37		01:21:21	01:15:37						
Skaug, Sondre	Fredrikstad IF	2	1:01:17							1:01:17	1:05:48	
Skavern, Stian	Multiconsult BIL	2	1:02:58		01:02:58				1:18:24			
Skjelhaugen, Daniel	Hafslundsøy	2	1:14:38	01:16:48	01:14:38							
Skjenken, Hans-Åge	TEAM SKJENKEN	2	1:34:03			01:34:03					1:50:57	
Skjolden, Per Olav	Slitusprinterne	2	1:15:33	01:15:33	01:17:52							
Skoglund, Tina	Fredrikstad IF	2	1:28:17							1:28:17	1:30:19	
Skovdahl, Line Hatlen	Moss	2	1:48:18	01:48:18	01:48:53							
Skovly, Jarle	KIL	2	1:14:26					1:19:46		1:14:26		
Slydahl, Alf	BORGENHAUGEN	2	1:19:40		01:19:40	01:27:32						
Sohlberg, Thomas	PRODOK SAMSUNG BUSINESS PARTNER	2	1:31:38					1:37:07	1:31:38			
Solberg, Emilie	Fredrikstad IF	2	1:23:57	01:23:57	01:35:19							
Solberg, Per Tore	INSTALLATØREN SARPSBORG AS	2	1:27:50					1:27:50	1:36:35			
Solberg-Skogh, Anne-Beathe	Halden	2	1:26:14	01:31:36				1:26:14				
Solerød, Even	BENGAN'S FASION	2	1:29:56			01:29:56			1:34:47			
Sperlin, Espen	EIDSBORG IL	2	1:16:28						1:16:32	1:16:28		
Sponheim, Richart	ROLVSØY	2	1:38:50		01:38:50	01:39:31						
Stabbetorp, Hilde		2	1:44:02							1:44:02		1:49:08
Steffen, Michael	Fredrikstad IF	2	1:20:40						1:21:29		1:20:40	
Steinsmo, Ida Marie	VÅLER MK	2	1:29:42			01:51:41		1:29:42				
Stenberg, Anette	Sellebakk	2	1:22:33	01:29:16	01:22:33							
Stenseng, Reidar	KONNERUD IL	2	1:20:22			01:20:22	01:26:00					
Stigen, Erik	FREDRIKSTAD SKIKLUBB	2	1:00:45			01:00:45			1:02:48			
Storbakken, Jon	GRÅLUM	2	1:48:16		01:48:16		01:55:23					
Strand, Anette		2	1:37:32							1:42:50	1:37:32	
Strand, Hilde	Halden løpeklubb	2	1:26:58	01:26:58	01:35:51							
Strand, Kristoffer	Sarpsborg	2	1:13:30	01:13:41	01:13:30							
Strande, Børge	FOSS & STRANDE ELEKTRO AS	2	1:15:07					1:15:07	1:17:33			
Strømmland, Lars Frode	LUKE THE DRIFTER'S RUNNING TEAM	2	1:08:01						1:11:08	1:08:01		
Strømme, Christian	DC EIENDOM	2	1:23:30			01:36:50		1:23:30				

Glommaløpet 10 miles individuelt

Historikk

Strømnes, Tor Erik	GAMLE FREDRIKSTAD	2	1:23:23		01:23:23	01:24:54						
Stubberud, Atle	SARPSBORG IL	2	1:24:41							1:24:41	1:32:56	
Stølan, Helge	JACKON	2	1:17:16								1:17:16	1:26:38
Sunde, Kathrin	MOSSJONISTENE	2	1:17:34							1:17:34	1:22:40	
Sundell, Per Øivind	ØRJE IL	2	1:06:52								1:06:52	1:09:03
Svandal, Magne	FREDRIKSTAD SKIKLUBB	2	1:09:48							1:09:48	1:15:53	
Svendsen, Ole Petter		2	1:19:22				01:29:56	1:19:22				
Svendsen, Victor Borge	Gimle IF	2	0:54:57	00:54:57				0:57:48				
Syed Ahmad, Fairuz	Fredrikstad IF	2	1:17:42		01:17:42			1:28:13				
Syversen, Geir	Fredrikstad IF	2	1:26:15							1:41:38	1:26:15	
Søby, Heine		2	1:51:00								1:51:00	1:54:39
Sørensen, Lars Erik	MANSTAD	2	1:14:27		01:14:27	01:17:56						
Sørli, Aleksander Walberg	Sarpsborg Sykleklubb	2	1:19:05							1:19:05	1:23:42	
Sørvoll, Alexander	BRYNILD	2	1:21:24						1:26:32	1:21:24		
Tandberg, Pål	RSL	2	1:22:56							1:22:56	1:28:22	
Tangen, Linda Cathrine		2	1:28:59			01:28:59	01:39:57					
Taranger, Rune	Drøbak	2	1:20:03	01:20:03	01:22:46							
Teig, Robert	BÅSTAD IL SKØYTER	2	1:23:55					1:23:55	1:24:32			
Tharaldsen, Ann Kristin	Fredrikstad IF	2	1:20:47								1:20:47	1:39:10
Thomassen, Christoffer	FREDRIKSTAD TRIATLONKLUBB	2	1:13:58						1:13:58	1:14:48		
Thonvald, Eli Barbro Alvik	LILLESTRØM	2	1:26:27			01:34:10				1:26:27		
Thoresen, Sandra		2	1:33:23			01:36:58		1:33:23				
Thorsen, Arne	Koll, IL	2	1:21:30	01:21:30					1:40:03			
Thorsen, Magnus	Sarpsborg IL	2	1:07:56	01:07:56						1:09:39		
Thorsvik, Elisabeth	Follo Løpeklubb	2	1:22:53	01:22:53		01:26:55						
Thunæs, Pål Anders	SKJEBERG CYKLEKLUBB/FREDRIKSTAD T	2	1:13:41			01:15:52		1:13:41				
Tinbod, Tommy		2	1:14:07						1:15:24	1:14:07		
Tjernshaugen, Jon Ivar	VARTEIG IL	2	1:01:08							1:01:08	1:05:48	
Toftegård, Bjørg Mari		2	1:57:23					2:04:22				1:57:23
Tomren, Espen	Ultramann	2	1:27:43			01:34:10		1:27:43				
Torp, Leni Wilhelms	Fredrikstad IF	2	1:23:59				01:39:04		1:23:59			
Torp, Mads	TMTBYGG AS	2	1:26:32				01:48:40		1:26:32			
Tranøy, Jarle		2	1:15:29						1:18:29	1:15:29		
Treimo, Snorre	MULTICONCONSULT BIL	2	1:11:03						1:15:14	1:11:03		
Tretterud, Øyvind	Mysen	2	1:18:48	01:18:48							1:19:33	
Tvedt, Morten	TEAM NONSTOP	2	1:16:55						1:18:03	1:16:55		
Tveit, Lasse Andre	Fredrikstad IF	2	1:06:52		01:06:52					1:14:12		
Tveter, Kirsten Therese		2	1:35:08						1:45:10	1:35:08		

Glommaløpet 10 miles individuelt

Historikk

Uglebakken, Steinar	Gresvik	2	1:00:46	01:00:46	01:05:35							
Ulfsrød, Thomas		2	1:21:46							1:21:46	1:36:21	
Ulriksen, Mads Erik	FREDRIKSTAD	2	1:50:07		01:50:07		01:55:23					
Vatne, Joakim	Yven	2	0:59:26	00:59:26	01:00:33							
Vedø, Lars Sigurd		2	1:13:00			01:13:00	01:19:49					
Vestrheim, Kåre Christoffer	PROPELLER MUSIC DIVISION	2	1:36:06					1:38:13	1:36:06			
Vik, Håkon Aleksander	Halden	2	1:08:02	01:08:02	01:16:17							
Vollan, Hans-Martin	G-Unit	2	1:19:26	01:21:02	01:19:26							
Væge, Kjersti	NAV	2	1:14:42			01:14:42		1:15:34				
Værnesbranden, Magdalena	VÆRNESBRANDEN	2	1:23:43				01:23:43		1:27:13			
Wang, Øyvind	SKIBOTN IL	2	0:58:47					0:58:47		1:05:23		
Weber, David		2	1:20:52			01:58:09				1:20:52		
Wellendorf, Daniel		2	1:10:00			01:10:00	01:13:48					
Wenberg, Thomas	SARPSBORG SYKLEKLUBB	2	1:21:25								1:21:25	1:22:41
Westberg, Raymond		2	1:10:39						1:10:39	1:10:40		
Westby, Andreas	SPENST SKJEBERGSENTERET	2	1:17:34					1:19:07			1:17:34	
Westlund, Aleksander	Halden Politiidrettslag	2	1:17:45	01:17:45	01:20:16							
Wiberg, Hilde	DILLING	2	1:37:29		01:37:29	01:43:06						
Wiik, Anita		2	1:39:43						1:39:43	1:46:38		
Wiik, Ann-Kristin		2	1:46:02						1:49:05	1:46:02		
Wilhelmsen, Jan Olav	ASKIM IF	2	1:12:52							1:12:52	1:17:11	
Wilhelmsen, Lene	Greåker	2	1:51:14	01:57:28	01:51:14							
Wormdahl, Eirik		2	1:11:06			01:11:06	01:15:18					
Wullum-Lindberg, Ida		2	1:33:41					1:33:41	1:36:23			
Ytterdal, Renate	Våler I Østfold	2	1:25:14	01:25:14			01:32:11					
Øby, Gina Sofie	Nova Helseklinikk	2	1:28:54		01:31:27			1:28:54				
Ørdal, Therese	HVALER KOMMUNE	2	1:39:03				01:47:54	1:39:03				
Østby, Martin		2	1:18:38						1:18:38	1:41:34		
Aase, Kine		2	1:25:22						1:26:58		1:25:22	
Aasen, Ole Johnny		2	1:33:35						1:44:58	1:33:35		
Aaserød, Arne Kristoffer	Nobil	2	1:05:16	01:05:16	01:07:42							
Abrahamsen, Karl-Ivar		1	1:38:25					1:38:25				
Adolfson, Noah	OSLO	1	1:24:11		01:24:11							
Adomaitis, Darius		1	1:20:35							1:20:35		
Agersborg-Sandøy, Line	SARPSBORG	1	1:35:07			01:35:07						
Agerup, Stina		1	1:37:29						1:37:29			
Agnalt, Magne	A&H AS	1	1:14:20	01:14:20								
Agnalt, Sigrid Helene		1	1:38:32								1:38:32	

Glommaløpet 10 miles individuelt

Historikk

Aguillaume, Regis	TRENINGSCAMP	1	1:29:51								1:29:51
Aigård, Anders		1	1:38:36					1:38:36			
Akre, Anne-Mette	FRESENIUS KABITRACK BIL	1	1:39:15					1:39:15			
Akre, Lars Erling	SELLEBAKK	1	1:21:36	01:21:36							
Aleksandersen, David		1	1:25:11							1:25:11	
Alexandersen, Tom	LANGHUS	1	1:27:52		01:27:52						
Alexandersen, Tonje	LANGHUS	1	1:35:58		01:35:58						
Alfei Martinsen, Arne	TEAM MARTINSEN	1	1:31:40				1:31:40				
Alim, Richard	SOON CK	1	1:23:54							1:23:54	
Alnes, Mona	Oppegård IL	1	1:40:56		01:40:56						
Amundsen, Anders		1	1:34:45						1:34:45		
Amundsen, Anita	Tren Saltnes	1	1:26:26	01:26:26							
Amundsen, Cathrine		1	1:23:46				1:23:46				
Amundsen, Freddy	SEFA	1	1:15:43								1:15:43
Amundsen, Frode	IL EXPRESS	1	1:06:24			01:06:24					
Amundsen, Joakim		1	1:10:10				1:10:10				
Amundsen, Marte		1	1:18:35								1:18:35
Amundsen, Svein	EIDANGER IL	1	1:13:11				1:13:11				
Amundsen, Thor-Anders	Rolvøy	1	1:15:13	01:15:13							
Andersen, Anne Marie		1	1:35:13						1:35:13		
Andersen, Audun		1	1:20:34							1:20:34	
Andersen, Camilla	Run Again	1	1:52:22	01:52:22							
Andersen, Christian	Romerike Ultraløperklubb	1	1:11:16	01:11:16							
Andersen, Eivind Michalsen	GRESSVIK	1	1:25:10	01:25:10							
Andersen, Espen	BORGENHAUGEN	1	1:20:46		01:20:46						
Andersen, Frits Atle	FORSVARET	1	1:20:47							1:20:47	
Andersen, Halvor	Lambertseter Kunst & Håndverkforenin	1	1:07:23	01:07:23							
Andersen, Helene Snilsberg	Brynild Gruppen Bil	1	1:26:24		01:26:24						
Andersen, Hilde-Marie		1	1:23:12						1:23:12		
Andersen, Håvard		1	1:36:08							1:36:08	
Andersen, Lars Petter	SARPSBORG BILSENTER A/S	1	1:30:38			01:30:38					
Andersen, Lars Vincent	Team Jobzone BI	1	1:01:19		01:01:19						
Andersen, Lene Margarete		1	1:40:21						1:40:21		
Andersen, Marcus	OPPEGÅRD IL SKIGRUPPEN	1	1:22:51					1:22:51			
Andersen, Martin Winsvold		1	1:25:48				1:25:48				
Andersen, May Britt		1	1:41:46						1:41:46		
Andersen, Mayna		1	1:45:48								1:45:48
Andersen, Ole Christian		1	1:15:07					1:15:07			

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Historikk

Andersen, Ole Christian		1	1:15:50						1:15:50			
Andersen, Ole Christian		1	1:11:02					1:11:02				
Andersen, Ole Petter	MOSSJONISTENE	1	1:51:43								1:51:43	
Andersen, Rasmus		1	1:45:03								1:45:03	
Andersen, Raymond	Spydeberg	1	1:21:33	01:21:33								
Andersen, Susanne	GAMLE FREDRIKSTAD	1	2:20:36		02:20:36							
Andersen, Terje	SARPSBORG ARBEIDERBLAD	1	1:37:37						1:37:37			
Andersen, Tommy	Fredrikstad	1	1:05:31	01:05:31								
Andersen, Wibeke	AKTIV MOT KREFT	1	1:46:15				01:46:15					
Andersen, Øystein		1	1:22:42							1:22:42		
Andersrød, Odd Arne		1	1:59:53									1:59:53
Andrassen, Renate		1	2:38:55				02:38:55					
Andreassen, Jørgen	Markedspartner	1	1:27:52			01:27:52						
Andreassen, Mette		1	1:20:59							1:20:59		
Andreassen, Per Øivind	GAMLE FREDRIKSTAD	1	1:14:13		01:14:13							
André, Jacob	KRÅKERØY	1	1:53:31		01:53:31							
Andresen, Carina		1	1:48:28				01:48:28					
Andresen, Viktor	Fredrikstad IF	1	1:09:43		01:09:43							
Anfinsen, Wenche	FREDRIKSTAD SKIKLUBB	1	1:25:07								1:25:07	
Angell-Pettersen, Stine	Skjeberg	1	1:43:48	01:43:48								
Angeltveit, Lise		1	1:30:59					1:30:59				
Anstensrud, Eugen	Skiptvet	1	1:15:16	01:15:16								
Antonsen, Gjermund	SKJEBERG	1	1:41:59			01:41:59						
Antonsen, Kenneth	Rye Sp.Kl. / Hey'di AS	1	1:19:40			01:19:40						
Antonsen, Knut Jørgen	Gressvik	1	1:26:48	01:26:48								
Antonsen, Marianne	Gressvik	1	1:29:29	01:29:29								
Appelgren, Kaja Rikheim	TEAM FRL	1	1:15:04					1:15:04				
Araya, Valeria	Oslo	1	1:57:50	01:57:50								
Arnbo, Kate	Kate Arnbo	1	1:35:24	01:35:24								
Arnesen, Helén	Sans Senja	1	1:26:32			01:26:32						
Arnesen, Jan Morten		1	1:38:33								1:38:33	
Arnesen, Jostein	BRAATHE GRUPPEN	1	1:20:13					1:20:13				
Arnesen, Leif Gunnar	Sans Senja	1	1:14:10			01:14:10						
Arnesen, Monica	Kvernhuset BIL	1	1:33:59			01:33:59						
Arnesen, Thor		1	1:28:23							1:28:23		
Arnesen, Vanja		1	1:36:20					1:36:20				
Arntsen, Ketil	CK ØST	1	1:15:20				01:15:20					
Asklien, Marit S.		1	1:29:11							1:29:11		

Glommaløpet 10 miles individuelt

Historikk

Aspelund, Hilde	SKYTTERHUSET T.L.	1	1:47:25						1:47:25			
Aster, Bente	RIKSKONSERTENE	1	1:23:00						1:23:00			
Aube Damsleth, Harald	ZENITH SURVEY	1	1:23:02						1:23:02			
Aubell, Helene		1	1:36:05							1:36:05		
Auberg, Anders		1	2:01:51								2:01:51	
Auberg, Tone		1	2:01:52								2:01:52	
Aulie, Fredrik	Oslo	1	1:10:35	01:10:35								
Aurdal, Ingvild	Fetsund	1	1:12:36	01:12:36								
Austbø, Sven Ove		1	1:21:11							1:21:11		
Austerheim, Øystein	Saugbrugs «I Bedre Form»	1	1:05:21			01:05:21						
Axford, Chris	KRÅKERØY	1	1:26:00			01:26:00						
Ax-Olsen, Christer	Gimle IF	1	1:03:46	01:03:46								
B. Jensen, Thomas	FREDRIKSTAD	1	2:21:19			02:21:19						
Bacari, Cass		1	1:44:07								1:44:07	
Bach, Pål Gjermund	TISTEDAL	1	1:25:36		01:25:36							
Bain, Magnus	MOSS	1	1:26:23			01:26:23						
Bakke Pedersen, Jørgen	GRÅLUM	1	1:29:18		01:29:18							
Bakke, Bente		1	1:51:55								1:51:55	
Bakke, Mona		1	1:56:38								1:56:38	
Bakke, Morten	BAKKE RANGERS	1	1:56:38								1:56:38	
Bakke, Siri	MOSS SKIKLUBB	1	1:38:23								1:38:23	
Bakken, Jon Sindre		1	1:30:27								1:30:27	
Bakken, Kent Gøran		1	1:15:25								1:15:25	
Bakken, Ruben	KLAVESTADHAUGEN	1	1:30:32		01:30:32							
Bakker, Alexander Huser		1	1:34:42				01:34:42					
Bakkerud, Siv		1	1:42:21									1:42:21
Bakkevik, Anette	SPENST SKJEBERGSENTERET	1	1:41:04								1:41:04	
Balchen, Jon		1	1:23:53				01:23:53					
Baltzersen, Lena	Gamle Fredrikstad	1	1:42:42	01:42:42								
Baltzersen, Martin Angeltveit	Kondis	1	1:15:01		01:15:01							
Bang-Jacobsen, Sander	TORP	1	1:24:41			01:24:41						
Barbulla, Charlotte	Soonløp	1	1:24:57			01:24:57						
Barstad, Christian		1	1:24:33					1:24:33				
Barstad, Ida Cecilie		1	1:22:21				01:22:21					
Barstad, Stig	FREDRIKSTAD	1	1:37:04			01:37:04						
Becker, Cathrine	KOLL IL	1	1:40:03						1:40:03			
Been, Anne Signe	MOSS CK	1	1:13:08								1:13:08	
Bekkelien, Mari		1	1:45:17					1:45:17				

Glommaløpet 10 miles individuelt

Historikk

Bekkstrand, Rolf Henrik		1	1:03:57					1:03:57				
Belck-Olsen, Dag Ivar	SKI	1	1:27:55	01:27:55								
Bellmann, Linda		1	1:47:00									1:47:00
Bellmann, Ronnie		1	1:31:19									1:31:19
Benco, Paul	HOVEDSTADSKAMERATENE	1	1:14:38					1:14:38				
Bendiksby, Axel		1	1:06:32						1:06:32			
Bengtsson, Monica		1	2:05:16									2:05:16
Bentsen, Marit		1	2:08:35				2:08:35					
Bentzen, Oda		1	1:38:22				1:38:22					
Berg Hamre, Signe	Fredrikstad	1	1:21:22	01:21:22								
Berg, Andreas		1	1:36:13						1:36:13			
Berg, Guro Elise	SARPSBORG	1	1:58:09		01:58:09							
Berg, Herman	TORP FOTBALLKLUBB	1	1:15:58				1:15:58					
Berg, Jon	HANSA BORG	1	1:31:37							1:31:37		
Berg, Magnus	VISMA BIL	1	1:58:45			01:58:45						
Berg, Robin		1	1:20:36					1:20:36				
Berg, Stein Roger	Kråkerøy	1	1:26:00		01:26:00							
Bergby, Dag Henrik	AKTIV FOR EPILEPSI	1	1:48:49			01:48:49						
Berge Johansson, Ingjerd	KURLAND SKOLE AVD. REGNBUE	1	1:51:28							1:51:28		
Berge, Olav Sverre	Frederik II vgs	1	1:14:01	01:14:01								
Berger, Bjørn	KNAPSTAD	1	1:38:02		01:38:02							
Bergsland, Andreas	Trøsken IL	1	0:58:46				0:58:46					
Bergsland, Eirik	VARTEIG IL	1	1:11:13				1:11:13					
Bergsletten, Vibeke	Romerike Ultraløperklubb	1	2:21:29	02:21:29								
Bergsnev, Ørjan	LAKSELV	1	1:22:40		01:22:40							
Bergum, Cathrine	JELØY FYSIOTERAPI	1	1:27:21								1:27:21	
Berg-Øverby, Martin	Manstad	1	1:20:05	01:20:05								
Berhelsen, Ida	OSLO IDRETTSLAG	1	1:26:09					1:26:09				
Berntzen, Catharina		1	1:48:33						1:48:33			
Berntzen, Simen	VESTERØY	1	1:22:31		01:22:31							
Berthelsen, Ida	OSLO IDRETTSLAG	1	1:16:39				1:16:39					
Berthelsen, Katarina	NTNU. MARINTEKNIKK LØPEKLUBB	1	1:17:37				1:17:37					
Bigum, Ann-Kristin	Saugbrugs BIL	1	1:27:54		01:27:54							
Bigum, Per Ivar	Saugbrugs BIL	1	1:21:17		01:21:17							
Birkeland, Andreas	Tune IL	1	1:19:18	01:19:18								
Birkeland, Susanne		1	1:43:58							1:43:58		
Bjercke-Bjørnstad, Sigve	Sarpsborg IL	1	1:19:15	01:19:15								
Bjerke, Thomas	Lillehammer	1	1:26:42	01:26:42								

Glommaløpet 10 miles individuelt

Historikk

Bjerkely-Fields, Tommeline	KRÅKERØY	1	1:22:33		01:22:33							
Bjerkholt, Linda		1	1:35:44							1:35:44		
Bjerknes, Linnea	GJENSIDIGE SPORT ØST	1	1:32:30						1:32:30			
Bjurstrøm, Erik		1	1:19:35							1:19:35		
Bjørge, Åge Kristian	Fredrikstad IF	1	1:20:44									1:20:44
Bjørgulfsen, Siri	HVALER BOOTCAMP	1	1:48:42				01:48:42					
Bjørke, Christian Nicolai	Halden Skiklubb	1	1:07:28	01:07:28								
Bjørling, Trond		1	1:26:53							1:26:53		
Bjørnerud, Kari-Anne		1	1:24:02						1:24:02			
Bjørnland, Marit		1	1:55:38				01:55:38					
Bjørnland, Siri	SARPSBORG	1	1:27:48	01:27:48								
Bjørnnes, Jon Fredrik		1	1:55:05								1:55:05	
Bjørnstad, Andreas	FOSBY STILLAS AS	1	1:25:09					1:25:09				
Bjørnstad, Geir		1	1:18:42							1:18:42		
Bjørnstad, Morten		1	1:30:06							1:30:06		
Bjørnstad, Tor Gunnar		1	1:01:15								1:01:15	
Blindheim, Frank	Romerike Ultraløperklubb	1	1:02:03			01:02:03						
Bogstrand, Knut	Kondistreninga Gran	1	1:19:58	01:19:58								
Bones, Rune	TORGET TANNHELSE	1	1:17:27					1:17:27				
Borchgrevink, Lise	SKILØPERNE	1	1:40:19								1:40:19	
Borge Hansen, Per Fredrik	DRAMMEN	1	1:15:10	01:15:10								
Borge, Håkon	ÅS IL	1	1:11:52				01:11:52					
Borge, Morten	YVEN	1	1:06:59			01:06:59						
Bossum, Tor Erling	TEAM FYSIO	1	1:18:18								1:18:18	
Brandsdal, Linn-Kristin	OSLO	1	2:00:26	02:00:26								
Brastad, Ingrid	BØLER IF FRIIDRETT	1	1:26:40						1:26:40			
Braut, Birgitte		1	1:35:44				01:35:44					
Bregård, Kjetil	UNDHEIM IL	1	1:03:43						1:03:43			
Breie, Åsmund	Norconsult BIL	1	1:14:08	01:14:08								
Brekke Andersen, Cato	Kjedekollisjon	1	1:24:28			01:24:28						
Brenden, Helge Petter	Rygge IL	1	1:01:35			01:01:35						
Brenne, Martin		1	1:44:31									1:44:31
Brest, Kim Patrick	Sarpsborg	1	1:40:35	01:40:35								
Bristol, Pål		1	1:37:49				01:37:49					
Bro, Anders	OSLO	1	1:11:30			01:11:30						
Brogård, Birgit	Svinndal	1	2:21:36	02:21:36								
Brox, Cecilie		1	1:33:14						1:33:14			
Brox, Håkon	NORGE	1	0:56:13									0:56:13

Glommaløpet 10 miles individuelt

Historikk

Brox, Julie Marie Haabeth	IK Tjalve / Tjalve	1	1:00:19		01:00:19							
Brox, Knut A.	NORDREISA IL	1	1:16:52									1:16:52
Brox, Synøve	STURLA	1	1:10:10									1:10:10
Bruce, Peder		1	1:29:04					1:29:04				
Bruknapp, Nils Petter		1	1:36:34			01:36:34						
Brunke, Nils		1	1:41:16									1:41:16
Brusevold, Cathrine		1	1:30:56					1:30:56				
Bryhn, Cato		1	1:43:51					1:43:51				
Brynildsen, Stine		1	1:33:57								1:33:57	
Brække, Magnus		1	1:43:26								1:43:26	
Brække, Maria	KRÅKERØY	1	1:24:57		01:24:57							
Braarud Jensen, Ida	FREDRIKSTAD	1	2:05:19		02:05:19							
Bråten, Øyvind		1	1:13:28							1:13:28		
Bråthen, Fredrik		1	1:24:40							1:24:40		
Bråthen, Jahn Otto		1	1:19:05					1:19:05				
Bråthen, Michael		1	1:41:28								1:41:28	
Bråthen, Mona		1	1:20:10					1:20:10				
Bråthen, Per		1	1:12:44							1:12:44		
Buan, Jan Erik	Team Runners Nordmøre	1	1:05:44		01:05:44							
Bukholm, Trond-Reidar	HALDEN IL	1	1:08:53								1:08:53	
Bull, Håkon	TJØME LØPEKLUBB	1	1:03:14					1:03:14				
Bunes, Anne	TEAM BONDS	1	1:32:59						1:32:59			
Buran, Øystein	Fredrikstad	1	1:15:47	01:15:47								
Butteberg, Tom-Helge	JESSHEIM	1	1:22:32		01:22:32							
Bye, Theodor		1	1:38:19							1:38:19		
Byfuglien, Ingrid	SYNNFJELL O- LAG	1	1:33:36								1:33:36	
Byfuglien, Martin	HALDEN FENGSEL	1	1:42:08								1:42:08	
Bø, Renate		1	1:32:26					1:32:26				
Bøckmann, Patrik		1	1:27:46			01:27:46						
Bøhaugen, Sebastian	JWJ Brann & Sikkerhet	1	1:18:00	01:18:00								
Bøhle, Kristian Lous		1	1:40:16			01:40:16						
Bøhn, Claes Jørgen		1	1:19:36							1:19:36		
Bøhn, Raymond	PRIVATMEGLEREN	1	1:24:02					1:24:02				
Bølset, Synnøve Mollan		1	2:12:03					2:12:03				
Bønøgård, Camilla	Gimle IF	1	0:59:57	00:59:57								
Børve, Jacob	GRAABEIN	1	1:25:44					1:25:44				
Bårdsen, Christine		1	1:44:50			01:44:50						
Baardsgaard, Linn		1	1:46:47					1:46:47				

Glommaløpet 10 miles individuelt

Historikk

Baarstad, Morten		1	2:04:01							2:04:01	
Carlsen, Annette		1	1:39:55						1:39:55		
Carlsen, Jon	Bamford1869	1	1:13:46	01:13:46							
Castrini, Anna Isotta		1	1:46:17					1:46:17			
Castro, Jackelline		1	1:25:56		01:25:56						
Cecilie, Heuch	Sandvika	1	1:34:23	01:34:23							
Christensen, Carina		1	1:45:49			01:45:49					
Christensen, Dorthe		1	1:50:31					1:50:31			
Christensen, Hilde	HILDE CHRISTENSEN	1	1:29:30				1:29:30				
Christensen, Oddbjørn		1	1:23:58					1:23:58			
Christensen, Siri	SARPSBORG	1	1:50:07		01:50:07						
Christensen, Tommy	Oslo	1	1:01:24	01:01:24							
Christensen, Øystein E. D.		1	1:39:53							1:39:53	
Christiansen, Frode		1	1:17:43					1:17:43			
Christiansen, Jonas		1	1:22:46			01:22:46					
Clement, Lotte	Bækkelagets SK	1	1:21:49	01:21:49							
Clement, Mikael	Bækkelagets SK	1	1:21:51	01:21:51							
Codiglia, Irene		1	1:39:05					1:39:05			
Collier, Gunvor		1	1:45:50						1:45:50		
Collier, Stephen	Halden IL	1	1:24:55	01:24:55							
Coward, Lars Gorgus		1	1:25:50			01:25:50					
Cubas, Ole-Petter	NESODDEN IF	1	1:17:30					1:17:30			
Dagfinrud, Linn Hansen		1	1:20:37					1:20:37			
Dahl, Anders	E-Co BIL	1	1:14:15		01:14:15						
Dahl, Ina Sofie	GRESSVIK	1	1:33:48		01:33:48						
Dahlberg Karlsen, Trine		1	1:29:13					1:29:13			
Dahlberg, Thor-Erik	Team 6-10 Jaakonaho	1	1:27:54		01:27:54						
Dahlby Karlsen, Bjørn		1	1:08:55					1:08:55			
Dahlby, William		1	1:34:54					1:34:54			
Dahle, Bjørn	Mosvik IL - Friidrett	1	1:02:46		01:02:46						
Dahlgren, Mats	KRÅKERØY	1	1:24:55		01:24:55						
Dalen, Gunnar		1	1:12:40					1:12:40			
Dalseth, Lars Andre	Hankø Sund Stiløp	1	1:09:12	01:09:12							
Damman, Suzette	Fåberg	1	2:09:11	02:09:11							
Danielsen, Erik	Hvaler Kommune	1	1:19:54		01:19:54						
Danielsen, Mads	OSLO	1	1:15:26		01:15:26						
Danielsen, Aasmund	Superløpstegteam	1	1:14:56		01:14:56						
Dannevig, Solveig Rinaldo	Halden løpeklubb	1	1:41:43	01:41:43							

Glommaløpet 10 miles individuelt

Historikk

Daughton, Tara		1	1:40:14							1:40:14	
Daidsen, Kristoffer		1	1:56:28					1:56:28			
De Lange, Morten	ALBATROSS IL	1	1:31:55							1:31:55	
De Presno, Johanne	NTNUI	1	1:26:18				01:26:18				
De Vries, Geale	Halden løpeklubb	1	1:20:14	01:20:14							
Degnes, Bjørnar	Gimle IF	1	1:01:42		01:01:42						
Dehli, Linn		1	1:32:52				01:32:52				
Deighan, John Christian	FROGNER RUNNERS	1	0:53:44				00:53:44				
Delås, Ann Kristin		1	1:33:40							1:33:40	
Derbakk, Nils Jørgen		1	1:16:48								1:16:48
Distad, Tor-Erlend	Stranda IL / Idrettsansattes Bedriftsidre	1	1:14:56		01:14:56						
Dobewall, Jacob	PROPELLER MUSIC DIVISION	1	1:38:13					1:38:13			
Dolva, Benjamin	BERGEN	1	0:59:33			00:59:33					
Dragvoll, Jan Terje		1	1:07:51							1:07:51	
Dramstad, Maren	Bauta Styrke	1	1:49:16			01:49:16					
Dramstad, Solveig	Fredrikstad Triatlonklubb	1	1:36:39	01:36:39							
Drevsjø, Dag Harald	OPIL	1	1:17:51								1:17:51
Drivenes, Philip		1	1:25:47							1:25:47	
Dueholen, Linda Annette		1	1:27:55								1:27:55
Duenes, Kristoffer	FREDRIKSTAD	1	1:38:54		01:38:54						
Dunn, Kieran	Gjensidige Sport Øst	1	1:29:51			01:29:51					
Dutheil, David	SELLEBAKK	1	1:25:55		01:25:55						
Dyve, Martin		1	1:37:47				01:37:47				
Ebeltoft, Kathrine		1	1:56:15				01:56:15				
Eberson, Hanne-Linn		1	1:29:53						1:29:53		
Ebner, Inka	NTNUI	1	1:10:54		01:10:54						
Eck-Olsen, Hilde	Bruvoll I.L	1	1:23:01	01:23:01							
Edvardsen, Tor-Martin	Halden	1	1:40:11	01:40:11							
Edvinsen, Lars		1	1:20:16							1:20:16	
Egenes, Andreas		1	1:30:43							1:30:43	
Egenes, Jon		1	1:22:51							1:22:51	
Eggen, Knut		1	1:44:51							1:44:51	
Eibakk, Thomas		1	1:09:53						1:09:53		
Eide, Stian	Stian Eide	1	1:32:39	01:32:39							
Eide, Tatiana	KRÅKERØY	1	1:37:08			01:37:08					
Eikeland, Joakim	MECA B.I.L	1	1:27:52					1:27:52			
Eikli, Andreas		1	1:25:48				01:25:48				
Eile, Sofie		1	1:33:06				01:33:06				

Glommaløpet 10 miles individuelt

Historikk

Eilefsen, Camilla		1	1:56:57							1:56:57	
Eilertsen, Gøran		1	1:54:11			01:54:11					
Einarsen, Henriette	SELLEBAKK	1	1:55:35			01:55:35					
Ekeberg, Martin		1	1:10:42						1:10:42		
Ekeberg-Andersen, Kristine	OSLO	1	1:56:54		01:56:54						
Ekelund, Adrian		1	1:22:27				1:22:27				
Ekker, Siri		1	1:52:56						1:52:56		
Ekman, Stina		1	1:27:28						1:27:28		
Eliassen, Ida		1	1:50:12								1:50:12
Ellila, Lykke Filippa	Fredrikstad	1	1:30:57	01:30:57							
Ellila, Ove	Fredrikstad	1	1:30:56	01:30:56							
Elsebutangen, Christian	Romerike Ultraløperklubb	1	1:12:23			01:12:23					
Elstad, Magne		1	1:37:14						1:37:14		
Elton, Stian	Team Günter	1	1:02:48			01:02:48					
Elveli, Vilde Berg	Moss	1	1:42:07	01:42:07							
Emanuelsson, Anna	SARPSBORG	1	1:32:00			01:32:00					
Emilsen, Ole		1	1:38:21						1:38:21		
Emrat, Duangrudee	GREÅKER	1	1:24:15		01:24:15						
Enerstvedt, Karl Petter	Oslo	1	1:17:29	01:17:29							
Engdahl, Geir	FREDRIKSTAD TRIATLONKLUBB	1	1:16:55								1:16:55
Enge, Per	HVALSTAD	1	1:26:23		01:26:23						
Engelstad, Franceska		1	1:24:19						1:24:19		
Engen, Geir	Geir Engen / Hytteplan Sport	1	1:32:32			01:32:32					
Engen, Kenny		1	1:30:44						1:30:44		
Engen, Terje	VARTEIG IL	1	1:23:28							1:23:28	
Enger, Marianne	Opil	1	1:25:23	01:25:23							
Enger, Steve		1	1:06:08			01:06:08					
Enghaug, Pål-Andre		1	1:23:47							1:23:47	
Engmark, Kristin	FEMIROMA	1	1:36:26				1:36:26				
Erichsen, Richard	SARPSBORG	1	1:15:15		01:15:15						
Eriksdatter Mathisen, Sigrid		1	1:51:10			01:51:10					
Eriksen, Beate Thunem		1	1:37:39						1:37:39		
Eriksen, Espen Michael		1	1:19:15						1:19:15		
Eriksen, Iselin		1	2:01:34			02:01:34					
Eriksen, Janne	Oslo	1	1:42:35	01:42:35							
Eriksen, Lars-Kristian	Sarpsborg IL	1	0:57:36		00:57:36						
Eriksen, Marianne	BORGENHAUGEN	1	1:25:26			01:25:26					
Eriksen, Ole Martin		1	1:18:46							1:18:46	

Glommaløpet 10 miles individuelt

Historikk

Eriksen, Stein		1	1:28:39						1:28:39		
Eriksen, Thomas	SELLEBAKK	1	1:29:05		01:29:05						
Eriksrud, Jonas	GRESSVIK	1	1:13:58	01:13:58							
Eriksrud, Randi	OSLO	1	1:46:25	01:46:25							
Eriksson, Marita	TRACEGRID	1	1:33:13				1:33:13				
Erlingsen, Hilde	CALL2ACTION	1	1:35:04				1:35:04				
Erthe, Tuija		1	1:29:12						1:29:12		
Ese, Jo	HØGSKOLEN I ØSTFOLD	1	1:17:16				1:17:16				
Eskelund, Elisabeth	FREDRIKSTAD	1	2:05:18	02:05:18							
Espeland, Kjetil		1	1:24:53			01:24:53					
Espenes, Edel		1	1:28:24						1:28:24		
Espenes, Olav Vikøren	LYN SKI	1	1:01:31				1:01:31				
Evensen, Andreas		1	1:22:40						1:22:40		
Evensen, Anna Elise	OSLO	1	1:19:07	01:19:07							
Evensen, Lasse	Sarpsborg	1	1:32:01	01:32:01							
Evensen, Ole Jacob		1	1:19:43							1:19:43	
Fagerli, Anders	TORP	1	1:29:00		01:29:00						
Fange, Fredrik	HALDEN	1	1:27:44	01:27:44							
Fange, Per Øyvind	HALDEN	1	1:05:59	01:05:59							
Fatland, Roy		1	1:14:44					1:14:44			
Faukland, Erik Andreas	OSLO	1	2:04:33		02:04:33						
Fejzulai, Mentor	GAMLE FREDRIKSTAD	1	1:23:28	01:23:28							
Fenstad, Ståle	RUSTAD IL	1	1:09:22					1:09:22			
Feragen, Maren	OSLOFJORD TRIATLON	1	1:43:58				1:43:58				
Ferdinand, Martin		1	1:09:13				1:09:13				
Ferguson, Jack	TROSVIK	1	1:40:41			01:40:41					
Ferguson, Paul	FREDRIKSTAD	1	1:30:36		01:30:36						
Fialho, Robert		1	1:15:59						1:15:59		
Fiko, Robert	VÅLER I ØSTFOLD	1	1:29:53		01:29:53						
Fineidet, Line Mari	FET SKIKLUBB / TEAM FOSS SPORT	1	1:40:13							1:40:13	
Finnerud, Fredrik	CROSSFIT FREDRIKSTAD	1	1:16:36				1:16:36				
Finstad, Per Morten	Tistedalen FL	1	1:04:28	01:04:28							
Finsveen, Bård	ALBATROSS IL	1	1:31:54							1:31:54	
Fjellbakk, Ethel		1	2:03:40							2:03:40	
Fjelle, Marie		1	1:47:53							1:47:53	
Fjærli, Rita	SOON CK	1	1:24:50							1:24:50	
Fjågesund, Lasse	Moss	1	2:23:04	02:23:04							
Fladeby, Anders	Halden Kommune	1	1:25:13		01:25:13						

Glommaløpet 10 miles individuelt

Historikk

Flatin, Johann		1	1:47:34				01:47:34					
Flatø, Tore	OSHAUG I.L	1	1:34:28				01:34:28					
Flatø, Tore	Asko øst	1	1:32:20		01:32:20							
Flikke, Yngvild Sve		1	1:34:32					1:34:32				
Floor, Tor Hernan		1	1:34:07							1:34:07		
Florian, Alejandro	Oslo	1	1:57:01	01:57:01								
Fodstad, Jens Christian	FODSTAD FILM	1	1:36:07					1:36:07				
Folmer, Arne Chr	HALDEN IL	1	1:10:25								1:10:25	
Fondevik, Torbjørn	FREDRIKSTAD	1	1:33:46	01:33:46								
Fosbæk, Bjørn	KONGSBERG MARITIME	1	1:35:17				1:35:17					
Foss, Ida Christin		1	1:30:59				1:30:59					
Fosse, Lars		1	1:14:42						1:14:42			
Fosse, Sindre	IMTECH	1	1:16:27							1:16:27		
Fosser, Lars		1	1:35:11								1:35:11	
Foss-Jacobsen, Tom Erik		1	1:26:42								1:26:42	
Fraugerud, Linda		1	1:35:25						1:35:25			
Fredheim, Tomas	FREDRIKSTAD TENNISKLUBB	1	1:37:34				1:37:34					
Fredriksen, Glenn Løvli	SYKEHUSET ØSTFOLD	1	1:17:51				1:17:51					
Fredriksen, Maiken		1	1:32:57				1:32:57					
Fredriksen, Ole Petter	AWESOMESAUCE	1	1:21:50				1:21:50					
Frenay, Milan	Halden løpeklubb	1	0:58:13	00:58:13								
Fresh, Morgan	HALDEN	1	1:27:42		01:27:42							
Fridrich, Thomas		1	1:13:52			01:13:52						
Frisvold, Bente	RÅDE	1	1:48:20	01:48:20								
Fritzner, Josef	Statnett BIL Oslo	1	1:10:34	01:10:34								
Frostad, Rino Luciano	JULELOGEN	1	1:36:09			01:36:09						
Frøkedal, Øystein Valen	De Bislettianske Antiloper	1	1:11:10	01:11:10								
Frøland, Ole Marius Risan		1	1:36:08					1:36:08				
Frølich-Olsen, Line	Kråkerøy	1	1:33:58	01:33:58								
Fuglem, Tord	VARTEIG IL	1	1:13:26				1:13:26					
Fuglesang, Grete Roaldseth	Gamle Fredrikstad	1	1:19:16	01:19:16								
Fuglevik, Anders	Sarpsborg	1	1:35:16	01:35:16								
Funderud Sælen, Mia Christine	Ørje IL	1	1:21:30		01:21:30							
Furset, Petter	OSLO	1	1:19:53	01:19:53								
Garder Olsen, Andreas	TROSVIK IF	1	1:05:10							1:05:10		
Garder, Bjørn Petter		1	1:24:01					1:24:01				
Geelmuyden, Johnny		1	1:18:27							1:18:27		
Georgsen, Deirdre		1	1:33:05			01:33:05						

Glommaløpet 10 miles individuelt

Historikk

Giltvedt, Kaja	FRAMBU BIL	1	1:23:53					1:23:53				
Gimmestad, Idar	STATNETT BIL	1	1:25:31						1:25:31			
Githmark, Ann-Therese Bjørsvik	HAFSLUNDSØY	1	1:46:52			01:46:52						
Gjertsen, Lars Magne	FOPIL	1	1:23:28									1:23:28
Gjessing, Geir	Ski IL Friidrett	1	0:53:16	00:53:16								
Gjestvang-Knutzen, Thea Emilie	Voss	1	1:07:17	01:07:17								
Gjølberg, Birgit	Rygge IL	1	1:20:14	01:20:14								
Gjølstad, Kjetil	FRISKIS OG SVETTIS	1	1:22:24								1:22:24	
Glomsrød, Erik	Saugbrugs BIL	1	1:31:37			01:31:37						
Gløersen, Knut		1	1:16:16							1:16:16		
Gløersen, Mathias	TØNSBERG FIK	1	1:00:44						1:00:44			
Godager, Marianne		1	1:44:24			01:44:24						
Godtlund Bråthen, Marthe		1	1:22:42									1:22:42
Gonsholt, Mariann	Kråkerøy	1	1:30:46	01:30:46								
González, Diego	Oslo	1	1:07:24	01:07:24								
Goodchild, Steinar	PRIVAT	1	1:20:21									1:20:21
Gosling, Justin	Oslo	1	1:59:24	01:59:24								
Grandahl, Birgit		1	1:47:26							1:47:26		
Grandahl, Birgit	GRANDAHLEIENDOMSMEGLING AS	1	1:43:15						1:43:15			
Granfelt, Mariette	Halden	1	1:41:44	01:41:44								
Granli, Oddbjørn	Guttakrutt	1	1:30:44	01:30:44								
Granlund, Per-Øyvind	LIFE KIROPRAKTIKK	1	1:02:50					1:02:50				
Grannes, Stian	TEAM EKEBERG	1	1:24:27									1:24:27
Granstrøm, Lene		1	1:47:13									1:47:13
Gravnås, Henning	Bahr BIL	1	1:29:31	01:29:31								
Gravnås, Stian	Gyproc	1	1:39:29	01:39:29								
Greaker, Richard	Eltek	1	1:22:41			01:22:41						
Gregersen, Martin	Dilling	1	0:59:41	00:59:41								
Grevsnes, Gunn	Oppegård IL	1	1:16:07			01:16:07						
Grigson, Richard	TUNE IL	1	1:10:12								1:10:12	
Grimsby, Gjermund	RØDSVEIEN 55 FIGHTERS	1	1:13:48									1:13:48
Grinna, Mari	KALNES	1	1:58:29			01:58:29						
Groth, Trine		1	1:38:11					1:38:11				
Grundstad, Thomas		1	1:23:10							1:23:10		
Grundvig, Jan Olav		1	1:25:52								1:25:52	
Grüner, Lars Petter		1	1:14:56							1:14:56		
Grzybowska-Czana, Magdalena	Oslo	1	1:30:13	01:30:13								
Grønli, Christian Fredrik		1	1:25:49					1:25:49				

Glommaløpet 10 miles individuelt

Historikk

Grønsund, Are Sakarias		1	1:29:41						1:29:41			
Grønvold, Elisabeth Berg		1	1:40:20							1:40:20		
Grønvold, Ottar	Moss IL	1	0:58:33	00:58:33								
Graarud, Harald		1	1:13:46							1:13:46		
Gucwa, Gregor		1	1:42:07								1:42:07	
Gudem, Hilde	Sportsklubben Vidar / Team Günter	1	1:09:41			01:09:41						
Gudevold, Anders	TELENOR BIL	1	1:46:19						1:46:19			
Gudevold, Karoline		1	1:42:35						1:42:35			
Gulbrandsen, Marius	TUMASTU SPORT&SPILL;	1	1:34:47								1:34:47	
Gulbrandsen, Terje	Lillehammer IF / BDO Innlandet	1	0:59:23	00:59:23								
Gulbrandsen, Thomas	NETTAVISEN	1	1:12:44				01:12:44					
Gundersen, Ottar	MULTICONSULT	1	1:35:15					1:35:15				
Gundersen, Tore	HAFLSLUNDSØY	1	1:25:42			01:25:42						
Gunnarson, Erlend	FÆRVIK	1	1:26:30			01:26:30						
Gunnufsen, Hilde Margrethe	Oslo	1	1:19:29	01:19:29								
Gustafsson, My	STERK	1	1:42:14				01:42:14					
Gustavsen, Fredrik		1	1:23:39					1:23:39				
Gustavsen, Kathrine	ROLVSØY	1	1:40:33			01:40:33						
Gustavsen, Kenneth	Fredrikstad	1	1:42:38	01:42:38								
Gustavsen, Rene-Charles	GRISSEHAMN	1	1:42:16		01:42:16							
Gustavsen, Sven	SARPSBORG	1	1:39:10			01:39:10						
Guttormsen, Emilie	GRESSVIK	1	1:47:15		01:47:15							
Guttulsrød, Ole	RYGGEJOGGEN	1	1:19:45					1:19:45				
Gøransson, Lise	TEAM GØRANSSON	1	1:37:19					1:37:19				
Gaarden, Henrik	SARPSBORG	1	1:32:18			01:32:18						
Gåsvær, Jan-Erik	Kondisgruppa Gran	1	1:20:24	01:20:24								
Haddeland, Gro		1	1:34:58					1:34:58				
Hafnor, Johannes		1	1:27:43					1:27:43				
Hagen, Lisbeth	Kondis Nes	1	1:24:46		01:24:46							
Hajdu, Csilla		1	1:21:09								1:21:09	
Hals, Erik	Bergen Triathlon Club / Fredrikstad Tria	1	1:14:10			01:14:10						
Halvorsen, Joachim		1	1:44:12							1:44:12		
Halvorsen, Linn		1	1:56:16				01:56:16					
Halvorsen, Sara		1	1:34:21					1:34:21				
Halvorsen, Selma	KONGSTEN IF J06	1	1:55:58					1:55:58				
Halvorsen, Tora		1	1:43:37				01:43:37					
Halvorsen, Øyvind	Fredrikstad IF	1	1:27:51					1:27:51				
Hammerstad, Alexander	Sarpsborg	1	1:41:59	01:41:59								

Glommaløpet 10 miles individuelt

Historikk

Hammerstad, Kim Arne	SK Svette	1	1:22:25			01:22:25						
Hansen Bjørnland, Siri		1	1:34:41				01:34:41					
Hansen, Aleksander	FOSBY STILLAS	1	1:43:48					1:43:48				
Hansen, Arild	HUNNDALEN	1	1:30:45			01:30:45						
Hansen, Arild Bjørn	Sparebank 1 Østfold Akershus	1	1:36:55	01:36:55								
Hansen, Cathrine		1	1:37:54				01:37:54					
Hansen, Esben	QUALITY HOTEL	1	1:24:44				01:24:44					
Hansen, Frank	DRAMMEN BALLKLUBB	1	1:13:33									1:13:33
Hansen, Fredrik	CK Øst	1	1:28:20			01:28:20						
Hansen, Frode Ulvik	Ås	1	1:37:15			01:37:15						
Hansen, Grete Lill	ESSO RAF SPORT	1	1:38:08									1:38:08
Hansen, Hanne	INFOTJENESER	1	1:27:32					1:27:32				
Hansen, Ida-Anette Holm	Frederik II vgs	1	1:17:12	01:17:12								
Hansen, Ingvild Solberg	SARPSBORG	1	1:36:54			01:36:54						
Hansen, Joachim	KONGSBERG DIGITAL	1	1:19:22					1:19:22				
Hansen, Karina	Gamle Fredrikstad	1	1:51:32	01:51:32								
Hansen, Karsten F.		1	1:17:51						1:17:51			
Hansen, Kristin	HUNNDALEN	1	1:30:46			01:30:46						
Hansen, Lars	MARKEDSPARTNER	1	1:08:52					1:08:52				
Hansen, Lars Andre		1	1:50:13								1:50:13	
Hansen, Lars-Erik		1	1:06:23			01:06:23						
Hansen, Lise Borgen		1	1:07:09					1:07:09				
Hansen, Mette	FREDRIKSTAD KOMMUNE	1	2:20:10					2:20:10				
Hansen, Morgan	PRODOK AS	1	1:31:49					1:31:49				
Hansen, Nils Henrik Bjæring	SOLKYSTEN LK	1	1:29:21								1:29:21	
Hansen, Nina Bakke	OCR NORWAY	1	1:32:54					1:32:54				
Hansen, Rolf		1	2:40:26									2:40:26
Hansen, Terje		1	1:53:03				01:53:03					
Hansen, Therese Marie		1	1:35:18								1:35:18	
Hansen, Thomas		1	1:24:42				01:24:42					
Hansen, Tone B	MARKEDSPARTNER	1	1:48:53					1:48:53				
Hansen, Tone Merete		1	1:56:18				01:56:18					
Hansen, Torkil Skancke	IMTECH	1	1:44:12								1:44:12	
Hansen, Tron	IMTECH	1	1:35:14								1:35:14	
Hansen, Øystein	GRESSVIK	1	1:34:48		01:34:48							
Hanssen, Jan Frode	RÅDE LØPEKLUBB	1	1:34:46									1:34:46
Haraldsen, Anna		1	1:54:35								1:54:35	
Haraldsson, Snorre		1	1:09:29							1:09:29		

Glommaløpet 10 miles individuelt

Historikk

Hareide Berg, Tobias		1	1:45:48						1:45:48			
Harsem, Magnus	FREDRIKSTAD	1	1:25:01		01:25:01							
Harsem, Terje	Gamle Fredrikstad	1	1:31:07	01:31:07								
Harstad, Elisabeth	BEGBYFURIA	1	1:26:40						1:26:40			
Haslerud Stjern, Sondre		1	1:24:44							1:24:44		
Haslie, Anders	VESTBY	1	1:00:37	01:00:37								
Haslie, Marit	Sportsklubben Vidar	1	1:01:57	01:01:57								
Hasselblom, Jeanette	STRÖMSTAD	1	1:46:45		01:46:45							
Hasselgård, Vegard Ringsby		1	1:18:16						1:18:16			
Hasvold, Helge	FREDRIKSTAD KOMMUNE	1	1:33:19						1:33:19			
Hatlelid, Maria		1	1:30:31								1:30:31	
Hattestad, Erik	Halden	1	1:11:21	01:11:21								
Hattevig, Ralph		1	1:09:43								1:09:43	
Hauer, Robert		1	1:16:15							1:16:15		
Haug, Lene		1	1:42:02					1:42:02				
Haugan, Rune	TILTAKSGRUPPA FOKUS	1	1:12:06								1:12:06	
Haugan, Truls	GAMLE FREDRIKSTAD	1	1:48:18	01:48:18								
Haugbro, Tom Andreas	TEAM PURESIENCE FUJI/SAGA	1	1:41:57				01:41:57					
Hauge, Anette	Rolvøy IF	1	1:06:27	01:06:27								
Hauge, Eirik Eng	Grålum	1	1:30:06	01:30:06								
Hauge, Jon Petter		1	1:40:20					1:40:20				
Haugen Bråthen, Lisbet	RUDBYGD	1	1:34:13								1:34:13	
Haugen, Kim	BLODSMAK SK	1	1:22:05								1:22:05	
Haugen, Morten	Rolvøy	1	1:41:59	01:41:59								
Haugen, Renate	RENATE HAUGEN	1	1:28:11						1:28:11			
Haugerud, Fredrik Myhre		1	1:18:47							1:18:47		
Haugerud, Henning	DSV ROAD	1	1:07:43						1:07:43			
Haugli, Christian	Crossfit Askim	1	1:17:22	01:17:22								
Haugsgeng, Petter	Bøler IF / Bøler IF Friidrett	1	1:16:08	01:16:08								
Haukeli, Eirik		1	1:49:12									1:49:12
Haukeli, Espen		1	1:33:18									1:33:18
Haukeli, Hans Øivind	SPK FONNA	1	1:25:00								1:25:00	
Haukeli, Linda	RFF	1	1:25:00								1:25:00	
Hedin, Anne Kari		1	1:30:57								1:30:57	
Hedin, Pål Espen	BORGEN IL	1	1:08:28								1:08:28	
Hedlund Andersen, Hege		1	1:40:31					1:40:31				
Heggenes, Tommy	GREÅKER	1	1:10:37	01:10:37								
Heia, Tom Erik		1	1:08:54							1:08:54		

Glommaløpet 10 miles individuelt

Historikk

Heiberg, Gunn-Marit	Kondis	1	1:40:52		01:40:52							
Heidenberg, Marius		1	1:21:36					1:21:36				
Heier, Per Arne		1	1:22:36						1:22:36			
Heier, Ragnar		1	1:21:59							1:21:59		
Heieren Hansen, Cathrine		1	1:41:40				01:41:40					
Heieren Hansen, Ole Christoffer	Ole Christoffer Heieren Hansen	1	1:17:04			01:17:04						
Heines, Tuva	Zenith Survey	1	1:38:26	01:38:26								
Heinrich, Kjell	Team Nordic Trail	1	1:11:28			01:11:28						
Helgesen, Jane		1	1:47:19								1:47:19	
Helgesen, Melonie		1	1:37:10								1:37:10	
Helgesen, Simone Vikran		1	1:23:08								1:23:08	
Heli-Hansen, Morten		1	1:28:05							1:28:05		
Hella, Helge	Romerike Friidrett / Helge Hella	1	1:08:47	01:08:47								
Hellerud, Mats	Moss IL	1	0:56:49	00:56:49								
Hellerud, Nanna		1	1:33:36							1:33:36		
Helli, Erik	Gjelleråsen Ski	1	1:23:14	01:23:14								
Hellmuth, Franziska	Moss	1	1:36:20	01:36:20								
Helmsen, Kristoffer	FREDRIKSTAD SKIKLUBB	1	1:12:54					1:12:54				
Henriksen, Andreas	SARPSBORG	1	1:05:43		01:05:43							
Henriksen, Espen		1	1:28:49					1:28:49				
Henriksen, Jan Erling		1	1:48:08					1:48:08				
Henriksen, Silje Grande		1	1:41:33							1:41:33		
Heramb Johansen, Anders	SWECO	1	1:23:42					1:23:42				
Hermansen, Hanne Jeanett Bang		1	1:59:04							1:59:04		
Hermansen, Jarle S.	NAVERNE	1	1:24:12									1:24:12
Hermstad, Magnus		1	1:17:56		01:17:56							
Hertzberg, Mette	Afry	1	1:47:51	01:47:51								
Hervik, Andreas	Gamle Fredrikstad	1	1:25:47	01:25:47								
Hetlelid, David		1	1:33:59				01:33:59					
Hinsch, Malte Sebastian	Northern Runners / Eriks Fanklubb	1	1:02:25	01:02:25								
Hisdal, Erling	IK Tjalve	1	0:59:38	00:59:38								
Hjelle, Øivind		1	1:44:43				01:44:43					
Hjelvin, Erik	PFIZER AKTIV	1	1:28:43								1:28:43	
Hjemdal, Ingeborg	ASKIM	1	1:34:09				01:34:09					
Hjemly, Håkon		1	0:56:29							0:56:29		
Hjermstad, Marianne	FOSSUM IF	1	1:16:21					1:16:21				
Hjermstad, Ragnhild	FOSSUM IF	1	1:10:47					1:10:47				
Hjerpseth, Dag	TEAM SPORTSMANDEN	1	1:19:33				01:19:33					

Glommaløpet 10 miles individuelt

Historikk

Hjerpseth, Monika	TEAM SPORTSMANDEN	1	1:31:29				01:31:29					
Hoff, Line	Hamar IL	1	1:18:21			01:18:21						
Hoff, Yvonne		1	1:27:27									1:27:27
Hofmo, Elise	MARKEDSPARTNER	1	1:58:09					1:58:09				
Hofosseter, Øyvind		1	1:22:51					1:22:51				
Hogsted, Jens	Team Princess	1	1:14:50			01:14:50						
Hogsted, Jens Petter	TEAM PRINCESS	1	1:22:37					1:22:37				
Holen, Jarl-Håvard	SEMPRO AS	1	1:43:10					1:43:10				
Holm Hansen, Ida-Anette		1	1:18:56						1:18:56			
Holm, Erik	Denofa AS	1	1:15:47	01:15:47								
Holm, Erling Dokk		1	1:18:35						1:18:35			
Holme, Knut Veulf	GAMLE FREDRIKSTAD	1	1:49:07			01:49:07						
Holme, Simen		1	1:39:32								1:39:32	
Holmestrand, Anna Kristine		1	1:52:07					1:52:07				
Holmestrand, Bjørn		1	1:32:59					1:32:59				
Holm-Nilsen, Eirik	LARKOLLEN	1	1:13:21	01:13:21								
Holmskau, Kristine		1	1:35:48						1:35:48			
Holst, Viktoria	Gressvik	1	1:36:45	01:36:45								
Holt, Audun	Halden Skiklubb	1	1:45:52	01:45:52								
Holt, Samuline	Halden	1	2:01:37	02:01:37								
Holten, Eivind		1	1:22:37			01:22:37						
Holth, Anette	ASPIRE BRANDS	1	1:44:11				01:44:11					
Holth, Kristine		1	1:38:31					1:38:31				
Holth, Merethe		1	1:25:18					1:25:18				
Homstvedt, Oddbjørn	F.I.L. BORG	1	1:04:23					1:04:23				
Hop-Hansen, Ane-Marthe	Gamle Fredrikstad	1	1:36:57	01:36:57								
Horgheim, Oda	KONGSTEN IF J06	1	1:38:55					1:38:55				
Horn, Helge Jacob	SKI	1	1:21:34			01:21:34						
Horne, Lasse		1	1:14:19						1:14:19			
Horpestad, Bjørn Håkon	HORPESTAD NØDSLAKT	1	1:34:11								1:34:11	
Hovden, Anna Kristina	OSLO	1	1:12:58		01:12:58							
Hovind, Carl-Fredrik	Rolvøy	1	2:00:54	02:00:54								
Hovind, Eirik Kamstrup		1	0:58:19					0:58:19				
Hovland Bøe, Andrea	FREDRIKSTAD	1	1:33:48		01:33:48							
Hovland, Idar	Nexans BIL Halden	1	1:25:19	01:25:19								
Hox, Karianne	Team Hoxli	1	1:50:59		01:50:59							
Hugubakken, Oliver	ELGÅ	1	1:16:44			01:16:44						
Hugubakken, Trond	OSLOFJORD TRIATLON	1	1:14:08					1:14:08				

Glommaløpet 10 miles individuelt

Historikk

Humberset, Marianne		1	1:26:02								1:26:02
Humlekjær, Cathrine		1	1:37:43					1:37:43			
Huneide, Henning		1	1:20:22					1:20:22			
Hunn, Linn		1	1:31:54						1:31:54		
Hurthi, Ingvild	Yven	1	1:21:10	01:21:10							
Husaini, Pazar		1	1:39:03			01:39:03					
Huse, Alexander		1	1:14:21				1:14:21				
Huse, Christian	GRÅLUM	1	1:12:20	01:12:20							
Huseby, Mari Hauge	HALDEN	1	1:54:18	01:54:18							
Huser Bakker, Alexander		1	1:05:35				1:05:35				
Hustoft, Yngve	YNGVE HUSTOFT	1	1:30:39				1:30:39				
Huth, Emma	HVALER KOMMUNE	1	1:47:55			01:47:55					
Huth, Håkon	Sarpsborg	1	1:15:54	01:15:54							
Hæren, Tina	TRØSKEN IL	1	1:31:59								1:31:59
Høgmo, Hanne	Hanne Høgmo	1	1:29:33	01:29:33							
Høgsæt, Frøydis		1	1:33:16						1:33:16		
Høidahl, Henrik		1	1:05:47						1:05:47		
Høier, Birthe Lundestad	FREDRIKSTAD TRIATLONKLUBB	1	1:39:57							1:39:57	
Høier, Maria Therese	BRYNILD GRUPPEN B.I.L.	1	1:34:56					1:34:56			
Høland, Vegard	SARPSBORG	1	1:30:32			01:30:32					
Høstlund, Charles	Drøbak	1	1:01:01	01:01:01							
Høydal, Audun		1	1:51:56							1:51:56	
Høye, Andreas	SLEVIK IL	1	0:52:59				0:52:59				
Høyvik, Erik		1	1:05:03					1:05:03			
Haabeth, Audun		1	1:02:07					1:02:07			
Haabeth, Ingeborg Marie		1	1:23:13						1:23:13		
Haaby, Aina	RAKKESTAD FSC	1	1:25:44							1:25:44	
Haagensen, Olaf		1	1:11:25				1:11:25				
Håkensen, Janne		1	1:21:59				1:21:59				
Haakaas, Erik	Trøgstad Skiklubb	1	1:17:34		01:17:34						
Haakaas, Julian Teige	Trøgstad Skiklubb	1	1:10:09		01:10:09						
Haalien, Ola	JLT Norway	1	1:36:48		01:36:48						
Haalien, Stine	BLOMMENHOLM	1	1:16:37		01:16:37						
Haartveit, Erlend Ystrøm	FREDRIKSTAD	1	1:14:44	01:14:44							
Håvik, Claus	Team Ronja Isabell	1	1:25:26	01:25:26							
Håvik, Sohaila Shakari	Team Ronja Isabell	1	1:48:39	01:48:39							
Igdun, Sarah		1	1:28:18				1:28:18				
Ihle, Guttorm	Team Bons	1	1:43:43	01:43:43							

Glommaløpet 10 miles individuelt

Historikk

Ihle, Ulrika		1	1:28:36					1:28:36				
Imrik, Elisabeth		1	1:43:09									1:43:09
Ingdahl, Inger Marie		1	1:18:58						1:18:58			
Ingebrigsten, Marthe Christine		1	1:40:26								1:40:26	
Ingvoldstad, Terje	Modum Friidrettsklubb / Smultringgjeng	1	1:22:49			01:22:49						
Isaksen, Jan Erik	BORREGAARD	1	1:08:53					1:08:53				
Iversen, Lisbeth	HVALER BOOT CAMP	1	1:48:48			01:48:48						
Iversen, Marianne	BORGENHAUGEN	1	1:41:27			01:41:27						
Iversen, Monica		1	1:20:08					1:20:08				
Iversen, Rebecca	SARPSBORG	1	1:41:42			01:41:42						
Iversen, Siri Jordal	KRÅKERØY	1	1:34:46			01:34:46						
Jacobsen, Chris	TEAM PT	1	1:37:04				01:37:04					
Jacobsen, Karsten		1	1:16:33						1:16:33			
Jacobsen, Knuterik	SOON	1	1:53:13				01:53:13					
Jacobsen, Paal Espen		1	1:26:30								1:26:30	
Jacobsen, Renate		1	1:29:18								1:29:18	
Jacobsen, Roy Victor	VÆRSTE	1	1:22:22				01:22:22					
Jacobsen, Tor	Born to run	1	1:45:07			01:45:07						
Jacoby, Petra	Øvfre Bankveien	1	1:06:15	01:06:15								
Jakobsen, Audun Gjelstad	Idrottslaget i BUL	1	1:01:21	01:01:21								
Jakobsen, Fredrik	Gamle Fredrikstad	1	1:39:52	01:39:52								
Jakobsen, Ken-Robert	Oslo	1	0:59:14	00:59:14								
Jakobsen, Lau		1	1:04:33								1:04:33	
Jakobsen, Tone	PRIVAT	1	1:36:56				01:36:56					
Jansen-Bekke, Merethe		1	1:41:57								1:41:57	
Jensen, Anette Isabelle	Slemmestad	1	1:09:42	01:09:42								
Jensen, Cathrine Mariann	Krårerøy	1	1:33:40	01:33:40								
Jensen, Jørgen	IMTECH KRISTIANSAND AS	1	1:21:05								1:21:05	
Jensen, Richard	KRÅKERØY	1	1:04:22		01:04:22							
Jensen, Simon Rw	MANSTAD	1	1:32:32		01:32:32							
Jensen, Steinar		1	1:42:44							1:42:44		
Jensen, Tom Gunnar		1	1:20:16					1:20:16				
Jenssen, Kristian Riise		1	1:17:19					1:17:19				
Jensø, Børre	ABBON AS	1	1:27:23				01:27:23					
Jessesen, Glenn	SARPSBORG	1	1:15:52			01:15:52						
Johanessen, Pål	OPPEGÅRD	1	1:37:55			01:37:55						
Johannessen, Freddy		1	1:45:46				01:45:46					
Johannessen, Joar Martin	BLINKEN AS	1	1:22:31					1:22:31				

Glommaløpet 10 miles individuelt

Historikk

Johannessen, Malin	TEAM BTS	1	1:31:34							1:31:34	
Johannessen, Martin	Kråkerøy	1	1:11:49	01:11:49							
Johannessen, Ola Daniel	Fredrikstad IF	1	1:07:02	01:07:02							
Johannessen, Robin	GAARDS-SERVICE AS	1	1:23:36							1:23:36	
Johannessen, Trine		1	1:39:22								1:39:22
Johansen, Anette Hovind	KRÅKERØY	1	1:27:01			01:27:01					
Johansen, Anne-Christin		1	1:33:57						1:33:57		
Johansen, Belinda Marie		1	1:50:11								1:50:11
Johansen, Camilla	SARPSBORG	1	1:46:09		01:46:09						
Johansen, Finn Markes	Fredrikstad IF	1	1:08:17								1:08:17
Johansen, Hans P	Oslo	1	2:16:38	02:16:38							
Johansen, Henrik	SWIX	1	1:03:07							1:03:07	
Johansen, John Are		1	1:22:12				01:22:12				
Johansen, Jonas	SARPSBORG	1	1:52:02			01:52:02					
Johansen, Karoline	Fredrikstad Triatlonklubb	1	1:17:40			01:17:40					
Johansen, Kristin	Heimly Runners	1	1:37:15			01:37:15					
Johansen, Lindis	FREDRIKSTAD TRIATLONKLUBB	1	1:41:15				01:41:15				
Johansen, Linn-Therese		1	1:26:27					1:26:27			
Johansen, Martin Christopher		1	1:20:52					1:20:52			
Johansen, Ole Reidar		1	1:24:54				01:24:54				
Johansen, Per Kristian		1	1:14:21						1:14:21		
Johansen, Pål Andre	FREDRIKSTAD FOTBALLKLUBB	1	1:26:01							1:26:01	
Johansen, Rita		1	1:30:56					1:30:56			
Johansen, Stein		1	1:11:42						1:11:42		
Johansen, Turid		1	1:29:42						1:29:42		
Johansen, Turid	HVALER KOMMUNE	1	1:38:58					1:38:58			
Johansen, Vegard Ulrik		1	1:34:56								1:34:56
Johansson, Anette	SPENST	1	1:40:52								1:40:52
Johansson, Jan	HCK	1	1:55:27					1:55:27			
Johansson, Mikael	HCK	1	1:19:00					1:19:00			
Joasson, Jan		1	1:50:10						1:50:10		
Joheim, Audun	Tolvsrød	1	1:14:16			01:14:16					
Johnsen, Brynjel	TRONVIK SKAENKERS	1	1:27:40					1:27:40			
Johnsen, Heidi		1	1:41:47						1:41:47		
Johnsen, Ingrid Marie		1	1:38:43					1:38:43			
Johnsen, Jane Lie		1	2:11:17				02:11:17				
Johnsen, Lasse		1	1:35:47						1:35:47		
Johnsen, Linda		1	1:58:07						1:58:07		

Glommaløpet 10 miles individuelt

Historikk

Johnsen, Mina Alette	ISE	1	1:39:28		01:39:28							
Johnsen, Siri Madeleine		1	1:54:14						1:54:14			
Jonassen, Christoffer	HRP	1	1:09:56	01:09:56								
Jonassen, Lone		1	1:50:14								1:50:14	
Jonassen, Magnus	FREDDY REINERTS LØPELAG	1	1:52:28					1:52:28				
Jonassen, Markus		1	1:20:05						1:20:05			
Jonassen, Martin		1	1:17:16						1:17:16			
Jonsson, Mikael		1	1:11:57									1:11:57
Joramo-Hustvedt, Svein Bjarte	GRESSVIK	1	1:29:01		01:29:01							
Josefsen, David	GAMLE FREDRIKSTAD	1	1:19:20			01:19:20						
Josefsen, Kristin	Fredrikstad IF	1	1:24:46			01:24:46						
Josipovic, Vedran		1	1:34:18					1:34:18				
Juliussen, Jan-Erik	Tistedal	1	1:54:10	01:54:10								
Jørgensen, Hege		1	1:31:44							1:31:44		
Jørgensen, Petter	DANSKE BANK	1	1:01:27									1:01:27
Jørgensen, Steinar	Grålum	1	1:22:37	01:22:37								
Kahrs, Christian Riddervold	SLEVIK IL	1	0:58:29						0:58:29			
Kahrs, Marianne Riddervold	COWI	1	1:05:58						1:05:58			
Kampenhøy, Anders	Borgenhaugen	1	1:13:31	01:13:31								
Kampenhøy, Anja	Borgenhaugen	1	1:11:59	01:11:59								
Kanestrøm, Dag Viggo		1	1:44:54					1:44:54				
Kanstrup, Stian	KRÅKERØY	1	1:24:54			01:24:54						
Karesch, Joshua		1	1:25:29							1:25:29		
Karlsen, Bjørn Dahlby		1	1:07:59					1:07:59				
Karlsen, Christoffer Myrvold	FREDRIKSTAD	1	1:22:14			01:22:14						
Karlsen, Jan Erik	SENTRUM KAMPSPORT - SARPSBORG	1	1:24:35								1:24:35	
Karlsen, Jon Andre		1	1:33:46						1:33:46			
Karlsen, Kenneth K	KRÅKERØY	1	1:18:46		01:18:46							
Karlsen, Kristian		1	0:53:26					0:53:26				
Karlsrud, Emma	Askim	1	1:17:53	01:17:53								
Karlsson, Anders		1	1:19:56							1:19:56		
Karlsson, Mikael	TEAM ISARPSBORG	1	1:31:20				01:31:20					
Karlstad, Tore		1	1:20:21							1:20:21		
Karlsen, Ina Susanne		1	1:52:34						1:52:34			
Karstensen, Sandra Elene Andrea Sk	Gamle Fredrikstadg	1	1:35:22	01:35:22								
Kasbohm, Joakim	Oslo	1	1:14:10	01:14:10								
Kasbohm, Joakim Henrik	OSLO	1	1:11:35		01:11:35							
Kaugerud, Torunn	SARPSBORG	1	1:33:43			01:33:43						

Glommaløpet 10 miles individuelt

Historikk

Kildebo, Geir	Halden	1	1:21:40	01:21:40								
Kimmell, Oliver David	FREDRIKSTAD	1	1:20:13		01:20:13							
Kingsrød, Ulf	BORGENHAUGEN	1	1:19:49			01:19:49						
Kirkebak, Jakob	MOSS	1	1:07:10			01:07:10						
Kirkebø, Stine	Skjærhalden	1	1:22:07	01:22:07								
Kittilsen, Hege	Bøler IF Friidrett	1	1:21:11	01:21:11								
Kivedal, Bjørnar Karlsen		1	1:26:53					1:26:53				
Kjerkreit, Halvor	SARPSBORG KULTURSKOLE	1	1:21:31							1:21:31		
Kjærvik, Trond	MAURA	1	1:07:17		01:07:17							
Kjølborg Klonteig, Laila		1	1:30:38						1:30:38			
Kjølle, Silje	SK Svette	1	1:32:02			01:32:02						
Kjørvik, Tormod	Fredrikstad IF	1	1:22:25								1:22:25	
Klausen, Per Kristian	KONGSTEN IF	1	1:30:58							1:30:58		
Klauset, Kristine		1	1:48:14					1:48:14				
Klemetsen, Tom-Rune	Team Klemetsen	1	1:17:58	01:17:58								
Klipper, Espen	FREDRIKSTAD	1	1:46:21		01:46:21							
Knape, Magnus	FREDRIKSTAD SYKKELKLUBB	1	1:07:56					1:07:56				
Knudsen, Anne-Karine Winther	FAMILY SPORTS CLUB FREDRIKSTAD	1	1:40:07					1:40:07				
Knudsen, Bente	HVALER	1	1:34:39							1:34:39		
Knudsen, Ronny		1	1:07:45						1:07:45			
Knutsen, Katrine	Grålum	1	1:30:26	01:30:26								
Knutsen, Trine	Stavanger	1	1:33:24	01:33:24								
Kolberg, Elisabeth	OSLO	1	1:25:35		01:25:35							
Kolstad, Helge	Sagene IF / ECO Stor AS	1	1:05:05	01:05:05								
Kolstad, Hilde		1	1:38:17						1:38:17			
Kolstad, Simen Hanto	Oslo	1	1:02:47	01:02:47								
Kongsberg, Henrik	CALL2ACTION	1	1:35:04					1:35:04				
Korsell, Øyvind	INFOTJENESTER AS	1	1:33:11					1:33:11				
Kowalska, Marta	SELLEBAKK	1	1:44:39			01:44:39						
Krakeli Elton, Anne Kim	OSLO	1	1:24:11			01:24:11						
Kringen, Helga	Skiløperne	1	1:33:06			01:33:06						
Kristensen, Monica	SOLKYSTEN LK	1	1:44:50							1:44:50		
Kristensen, Vidar	Konnerud	1	1:09:25			01:09:25						
Kristiansen Rustad, Kine		1	1:22:05				01:22:05					
Kristiansen, Eilen Marie		1	1:47:24							1:47:24		
Kristiansen, Eli Skaug	Skiptvet Treningssenter	1	1:30:33	01:30:33								
Kristiansen, Gry	INFOTJENESTER	1	1:27:31					1:27:31				
Kristiansen, Johanne Kvernstuen		1	1:29:27						1:29:27			

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Historikk

Kristiansen, Maria	Manstad	1	1:37:46	01:37:46								
Kristiansen, Pia Therese		1	1:35:30									1:35:30
Kristiansen, Pål		1	1:18:37									1:18:37
Kristiansen, Pål Oliver		1	1:14:48							1:14:48		
Kristiansen, Thomas		1	1:39:51						1:39:51			
Kristiansen, Tom Erik		1	1:38:48							1:38:48		
Kristiansen, Tonje Bøhn	SK VIDAR	1	1:13:57						1:13:57			
Kristiansen, Victor	Fredrikstad Ap	1	1:48:02		01:48:02							
Kristoffersen, Ann Charlott		1	1:38:11					1:38:11				
Kristoffersen, Bente Kihl		1	1:38:21									1:38:21
Kristoffersen, Lone Thode		1	1:36:54			01:36:54						
Kristoffersen, Nina		1	1:43:24							1:43:24		
Kristoffersen, Thomas	SPENNCON/HØNEFOSS	1	1:16:05								1:16:05	
Kro, Andreas Fuskeland	GAMLE FREDRIKSTAD	1	1:27:01		01:27:01							
Krog, Gro		1	1:40:36					1:40:36				
Krogstad, Mads	KRÅKERØY	1	1:18:30		01:18:30							
Krogstd, Mads	KRÅKERØY	1	1:23:10			01:23:10						
Kruse, Erik		1	1:15:16					1:15:16				
Kubberød, Elise		1	1:32:55							1:32:55		
Kubberød, Marie		1	1:21:28							1:21:28		
Kullberg, Cathrine	RUSTAD IL	1	1:24:21						1:24:21			
Kullerud, Anette		1	1:49:26					1:49:26				
Kultorp, Trond Vegar	TØNSBERG	1	1:09:43		01:09:43							
Kumela, Dominik		1	1:07:22					1:07:22				
Kummervold, Ivar		1	1:03:36							1:03:36		
Kure, Hans Magnus	COWI	1	1:11:12				01:11:12					
Kvalsvik, Geir	Fredrikstad IF	1	1:20:18					1:20:18				
Kvalsvik, Magnus	KVALSVIK BYGG AS	1	1:20:04								1:20:04	
Kvalvik, Daniel	TORVIKBUKT IL	1	1:34:28				01:34:28					
Kvalvik, Lars	KVALVIK BYGG AS	1	1:15:06					1:15:06				
Kvalø, Idunn	Enebakk	1	1:33:16		01:33:16							
Kvammen, Tone Lyngvær		1	1:53:57									1:53:57
Kvarekval, Anders	Gjensidige Sport Øst	1	1:09:15		01:09:15							
Kvernén, Øyvind	Drøbak-Frogn IL / Hverdagstreneren	1	1:04:35			01:04:35						
Kvernland, Mette	LYSAKER	1	1:34:30			01:34:30						
Kvernmo, Fride		1	1:29:38							1:29:38		
Kvisberglien, Håvar	MOSS CK	1	1:17:56						1:17:56			
Kynningsrud, Daniel		1	1:28:41				01:28:41					

Glommaløpet 10 miles individuelt

Historikk

Kølbøl, Gunn	Unger Fabrikker	1	1:32:31			01:32:31						
Lader Bruhn, Øyvind		1	1:27:28					1:27:28				
Lande Johansen, Sverre	Sarpsborg IL	1	1:03:23	01:03:23								
Langballe, Tore	DRIV TRENING	1	1:22:48									1:22:48
Langdalen, Stian	Mysen	1	1:51:58	01:51:58								
Langgård, Eivind	Gressvik	1	1:17:14	01:17:14								
Langgård, Tomas	Njaal IF / MRC Oslo	1	0:58:37	00:58:37								
Langsholt, Marianne Åmli	ISE	1	1:51:21		01:51:21							
Lars, Hansen	MARKEDSPARTNER	1	1:13:53						1:13:53			
Larsen Isøy, Preben		1	1:45:39			01:45:39						
Larsen, Annika		1	1:48:27						1:48:27			
Larsen, Bjørn Einar		1	1:16:58							1:16:58		
Larsen, Dani Mikael Østensvig	SELLEBAKK	1	1:30:28			01:30:28						
Larsen, Erlend		1	1:16:29					1:16:29				
Larsen, Finn Yngvar	Gressvik	1	1:23:30	01:23:30								
Larsen, Henriette Elisabeth		1	1:28:42					1:28:42				
Larsen, Julie	SARPSBORG IL	1	1:00:01					1:00:01				
Larsen, Julie		1	1:33:31					1:33:31				
Larsen, Lasse		1	2:13:18				02:13:18					
Larsen, Petter Sten		1	1:09:30							1:09:30		
Larsen, Tim-Christian		1	1:21:45				01:21:45					
Larsen, Tom-Erik		1	1:19:33							1:19:33		
Larsen, Wenche		1	1:36:10									1:36:10
Larseng, Petter		1	1:18:08					1:18:08				
Larson, Eirik	GRÅLUM	1	1:26:21		01:26:21							
Larssen-Aas, Kari		1	1:21:14				01:21:14					
Lasken Nilsen, Line	GRANDAHLEIENDOMSMEGLING AS	1	1:41:18						1:41:18			
Lauridsen, Ronja Eline	FREDRIKSTAD	1	1:22:31		01:22:31							
Lauritzen, Elisabeth	RAKKESTAD SYKKELKLUBB	1	1:31:00								1:31:00	
Lauritzen, Iris Marie	Ørje IL / Marker Orienteringslg	1	1:20:52			01:20:52						
Lauritzen, Karina Sandell	INFOTJENESTER	1	1:39:51						1:39:51			
Lausund Grinna, Mari	FIL Bamse Senior	1	1:32:10			01:32:10						
Lavik Nordby, Andreas		1	1:32:43							1:32:43		
Lavik, Kristoffer	Moss CK	1	1:12:19	01:12:19								
Lee, Jim	TEAM AWESOME	1	1:00:17					1:00:17				
Lefsaker, Anita		1	1:59:04							1:59:04		
Lefsaker, Sverre		1	1:26:38							1:26:38		
Lehmann Syversen, Kian	LEHMANN & CO	1	1:21:37					1:21:37				

Glommaløpet 10 miles individuelt

Historikk

Leira, Hanne	Fredrikstad IF	1	1:26:58						1:26:58			
Leira, Hilde		1	1:36:17							1:36:17		
Leiro, Jesper	Gresvikif	1	1:07:25			01:07:25						
Lerkerød, Kjersti	IL I BUL	1	1:06:16								1:06:16	
Lie Bjerke, Karl Oskar		1	1:55:54			01:55:54						
Lie, Kjersti	MULTICONSLT	1	1:24:37						1:24:37			
Liebermann, Jon Erik	Rakkestad	1	1:21:48	01:21:48								
Lied, Finn Ivar	Liabygda IL	1	1:00:21		01:00:21							
Lien, Amalie Hauge	Fredrikstad IF	1	1:26:25					1:26:25				
Lien, Magnus	SKI	1	1:11:18		01:11:18							
Lien, Steinar		1	1:05:07							1:05:07		
Lilleborge, Marthe		1	1:43:34			01:43:34						
Lilleby, Oscar		1	1:25:25					1:25:25				
Lillemoen, Stein Georg	Fredrikstad IF	1	1:31:07								1:31:07	
Lillestrand, Cathrine	TRØSKEN IL	1	1:41:48									1:41:48
Lillestrand, Finn Henry		1	1:20:38							1:20:38		
Limi, Mickey	Fredrikstad	1	1:53:43	01:53:43								
Lind, Sven-Erik		1	1:34:20							1:34:20		
Lindalen, Håvard	FLAMSK LØPEGRUPPE	1	1:27:33			01:27:33						
Lindberg, Terje	NAV	1	1:53:51			01:53:51						
Linden, Noah	Fredrikstad IF	1	1:27:48					1:27:48				
Lindgjerdet, Michael		1	1:53:33							1:53:33		
Lindkvam, Barbro		1	1:18:06					1:18:06				
Lindskog, Eva	Fredrikstad IF	1	1:26:15									1:26:15
Lindstad, Beate	MOTEK	1	1:18:33								1:18:33	
Lindstad, Christian	MOTEK AS	1	1:09:39								1:09:39	
Lingaas, Sissel Henriette		1	1:44:05								1:44:05	
Linkas, Olav	Kristiansand S	1	1:04:31	01:04:31								
Lipoveci, Qendrim	FREDRIKSTAD	1	1:12:40		01:12:40							
Lisac, Joshua	FREDRIKSTAD	1	1:10:00		01:10:00							
Lockhart-Pedersen, Gini	Windy City Striders	1	1:39:50			01:39:50						
Loennecken, Cathrine		1	1:12:12							1:12:12		
Loftus, Annette Veronica	GRESSVIK	1	1:42:55			01:42:55						
Loftaas, Lars		1	1:08:19					1:08:19				
Lohrmann, Marie	VISMA	1	1:33:02								1:33:02	
Lokøy, Asbjørn		1	1:49:27								1:49:27	
López, Thea	Porsgrunn	1	1:38:53	01:38:53								
Lorentzen, Henrik		1	1:14:55							1:14:55		

Glommaløpet 10 miles individuelt

Historikk

Lorentzen, Maria	ROCKWOOL KONDIS	1	1:23:16				01:23:16					
Ludvigsen, Håkon Kruse	FAGERHØY LEIRSKOLE	1	1:03:42				01:03:42					
Ludvigsen, Jonathan		1	2:07:54					2:07:54				
Lund, Anders		1	1:40:59									1:40:59
Lund, Håkon	GRESSVIK	1	1:14:30		01:14:30							
Lund, Ida Hammerseng	VIND IL	1	1:45:49				01:45:49					
Lund, Kristian	Tingvalla Elektro AS	1	1:24:15	01:24:15								
Lund, Mari Hammerseng	KVERNHUSET BIL	1	1:21:32					1:21:32				
Lund, Marte	GREÅKER	1	1:21:23		01:21:23							
Lund, Ola Bråten	Oslo	1	1:11:58	01:11:58								
Lund, Per Kristian	VIND IL	1	1:25:44				01:25:44					
Lund, Tonje	Team Sportsmanden	1	1:57:31	01:57:31								
Lundblad, Tom	Gressvik	1	1:25:18	01:25:18								
Lunde, Harald		1	1:19:56							1:19:56		
Lunde, Kristian	KARDIGAN AS	1	2:10:06								2:10:06	
Lunde, Simen	HAFLSLUNDSØY	1	1:23:12			01:23:12						
Lunde, Sondre Bauer		1	1:21:35							1:21:35		
Lundestad, Sven		1	1:35:22									1:35:22
Lybeck, Torodd	FAGERNES IL	1	1:17:33						1:17:33			
Lygård, Per Christian	Gjensidige Sport Øst	1	1:15:47	01:15:47								
Lyngmo, Kristian	Lundeløperne	1	1:11:19			01:11:19						
Lysaker, Sjur		1	1:20:53							1:20:53		
Lysfjord, Nina	OSLO	1	1:19:29		01:19:29							
Lystad, Melvin	ASKIM	1	1:07:14			01:07:14						
Lystad, Stian Berg		1	1:46:58				01:46:58					
Lyø Jeppesen, Christina		1	1:37:43									1:37:43
Løkke, Karianne		1	1:21:51							1:21:51		
Løkkevik, Eivind	SKJEBERG	1	1:47:00		01:47:00							
Løland, Ole	TRIOVING	1	1:28:41						1:28:41			
Lørdahl, Mari		1	1:41:40						1:41:40			
Løvfold, Lene		1	1:50:02					1:50:02				
Løvvig Lind, Hilde		1	1:37:18						1:37:18			
Løvås, Even Bentzen	HALDEN IL	1	1:00:00				01:00:00					
Laabak, Reidar	FREDRIKSTAD POLITIIDRETTSKLAG	1	1:24:43						1:24:43			
Madsen, Iren	Manstad	1	1:52:40	01:52:40								
Magnussen, Emil	KRÅKERØY	1	1:00:53			01:00:53						
Magnussen, Kenneth	Gjensidige Sport øst	1	1:48:52	01:48:52								
Magnussen, Kurth Asle		1	1:06:05							1:06:05		

Glommaløpet 10 miles individuelt

Historikk

Magnusson, Karin	FIK REN-ENG	1	1:07:36						1:07:36			
Maiset, Dag	FRISKIS & SVETTIS FREDRIKSTAD	1	1:34:37								1:34:37	
Maiset, Herman Femtehjell	FRISKIS & SVETTIS FREDRIKSTAD	1	1:33:39								1:33:39	
Mandji, Marcel		1	1:33:24							1:33:24		
Marhaug, Andre Østbye		1	1:14:50								1:14:50	
Mariedatter, Maya	Fredrikstad IF	1	1:34:21						1:34:21			
Marman, Matias		1	1:40:12					1:40:12				
Marongiu, Marco	LØRENSKOG	1	1:17:30		01:17:30							
Marthinsen, Hanne	MARKEDSPARTNER	1	1:40:19						1:40:19			
Martinez, Ruben	KRÅKERØY	1	1:24:59			01:24:59						
Martins, Alex		1	1:38:42				01:38:42					
Martinsen, Arne-Johan	Fredrikstad IF	1	1:11:10									1:11:10
Martinsen, Erik		1	1:22:01							1:22:01		
Martinsen, Jan	NESODDEN	1	1:36:27								1:36:27	
Martinsen, Katrine		1	1:59:16								1:59:16	
Martinsen, Mathis	FAMILY SPORTS CLUB FREDRIKSTAD	1	1:40:07						1:40:07			
Martinsen, Mia		1	1:33:53							1:33:53		
Martinsen, Ole-Jacob		1	1:16:31							1:16:31		
Martinsen, Petter	FREDRIKSTAD	1	1:11:56			01:11:56						
Martinsen, Rune		1	1:40:18					1:40:18				
Martinsen, Siw		1	1:40:18					1:40:18				
Martinsen, Tommy Audil	Saltnes	1	1:46:34		01:46:34							
Mathiassen, Maria		1	1:20:29							1:20:29		
Mathisen, Frida		1	1:26:18							1:26:18		
Mathisen, Ida		1	1:35:35							1:35:35		
Mathisen, Mads Strøm	GRÅKER	1	1:30:31			01:30:31						
Mathisen, Raymond	ROCKWOOL MOSS	1	1:09:25				01:09:25					
Mathisen, Stian	FREDRIKSTAD TRIATHLONKLUB	1	1:08:17									1:08:17
Mathisen, Stian		1	1:57:29				01:57:29					
Mcneill, Alasdair	KRÅKERØY	1	1:42:51			01:42:51						
Medic, Amra		1	1:46:58				01:46:58					
Meisingset, Magne	STATNETT BIL	1	1:13:56									1:13:56
Melby, Jøran		1	1:54:13									1:54:13
Melby, Mads	FRAMBU BIL	1	1:18:27					1:18:27				
Melby-Olsen, Lena		1	1:25:50						1:25:50			
Melgaard, Kristian	RRBIL	1	1:30:18								1:30:18	
Mellberg, Eva Marie		1	1:27:22							1:27:22		
Melleby, Mia Therese	Borgenhaugen	1	1:25:00		01:25:00							

Glommaløpet 10 miles individuelt

Historikk

Mellem, Kristine		1	1:53:45						1:53:45		
Messelt, Berit	TEAM MESSELT	1	1:11:41					1:11:41			
Michaelsen, Camilla		1	1:24:45					1:24:45			
Michelsen, Aurora	Sarpsborg	1	1:41:58	01:41:58							
Midtbø, Gro	Kråkerøy	1	1:34:35	01:34:35							
Midtfjeld, André	Sarpsborg SK	1	1:06:16	01:06:16							
Minge, Jørgen	Jørgen Minge	1	1:29:57	01:29:57							
Minge, Martin		1	1:14:04					1:14:04			
Minge, Torill	KONDIS	1	1:53:25								1:53:25
Minkar, Mahesh	KRÅKERØY	1	1:12:53		01:12:53						
Mjones, Marit		1	1:37:49					1:37:49			
Mo, Fridtjov	LIGHT FLIGHT JR.	1	1:20:18				1:20:18				
Modahl, Einar	FREDERIK II VGS	1	1:17:52			01:17:52					
Modahl, Monica	ISE	1	1:35:00	01:35:00							
Modahl, Runar Saur	Fredrikstad Skiklubb	1	1:18:18		01:18:18						
Moe, Karoline		1	1:32:16							1:32:16	
Moe, Kristoffer	GRÅLUM	1	1:26:08	01:26:08							
Moe, Mia	BEGBI IL	1	1:08:50				1:08:50				
Moen, Aleksander	IMTECH KRISTIANSAND AS	1	1:23:11							1:23:11	
Moen, Alexander	Øvfre Bankveien / Medtektepartner	1	1:06:16	01:06:16							
Moen, Daniel	VARTEIG ELVELØP	1	1:44:31								1:44:31
Moen, Kristian		1	1:35:44			01:35:44					
Moen, Øyvind	RAGA ROCKERS	1	1:58:22			01:58:22					
Moeskau, Malin		1	1:49:19			01:49:19					
Monen, Knut	ALBATROSS IL	1	1:38:41							1:38:41	
Monsen, André		1	1:33:13					1:33:13			
Monsen, Trude		1	1:33:13					1:33:13			
Mork, Heidi	KRÅKERØY	1	1:30:25		01:30:25						
Mork, Stian	MOSS	1	1:12:07		01:12:07						
Morset, Tora Larsen		1	1:46:58					1:46:58			
Morstad, Karin Mathilde	PRIVAT	1	1:35:06					1:35:06			
Mortensen, Fredrik		1	1:39:12			01:39:12					
Mortensen, Unni	Oslo	1	1:46:27	01:46:27							
Motzfeldt, Inga		1	1:49:04							1:49:04	
Mouland, Sven O.	TIRC	1	1:36:07							1:36:07	
Mujkanovic, Dzenana		1	1:53:38			01:53:38					
Myhre Haugerud, Fredrik		1	1:17:18				1:17:18				
Myhre, Anne		1	1:46:59			01:46:59					

Glommaløpet 10 miles individuelt

Historikk

Myhren, Karoline	FIL Bamse Senior	1	1:23:22			01:23:22						
Myhrvold, Anita	BOLT DESIGNSTUDIO	1	1:38:21						1:38:21			
Müller, Gloria	Nmbui	1	1:07:58	01:07:58								
Müller, Heidi		1	1:43:09					1:43:09				
Mylrangam Gopalan, Bharath Kumar		1	1:21:27					1:21:27				
Myrhaugen, Gørill Lødding		1	1:50:53						1:50:53			
Myrstad, Jonas		1	1:19:27				01:19:27					
Mysen, Julie Marie		1	1:17:31							1:17:31		
Møgster, Marianne	FREDRIKSTAD	1	1:37:34		01:37:34							
Møller, Simen		1	1:10:10					1:10:10				
Mårtensson, Tobias	Gjensidige Sport Øst	1	1:18:25	01:18:25								
Navestad, Espen	SARPSBORG IL	1	1:11:48									1:11:48
Nergaard, Snorre André	Oppegård	1	1:36:53	01:36:53								
Nergård, Thomas	TRE TETTE OG EI BADEHETTE	1	1:20:13					1:20:13				
Neuhaus, Stephan	OSI FRIIDRETT	1	1:04:46									1:04:46
Nguyen, Jenny	KRÅKERØY	1	1:32:40		01:32:40							
Nguyen, Simon Pettersen		1	1:26:23				01:26:23					
Nicholson, Colin	TEAM AWESOME	1	1:16:47					1:16:47				
Nielsen, Daniel Erik	SOLBERGMOEN	1	1:46:46			01:46:46						
Nilsen, Arnt Inge	MOSS	1	1:31:36		01:31:36							
Nilsen, Bjørnar	SARPSBORG	1	1:20:52		01:20:52							
Nilsen, Joachim	GRESSVIK	1	1:17:31		01:17:31							
Nilsen, Jørn		1	1:17:04								1:17:04	
Nilsen, Laila Strand	SARPSBORG KOMMUNE, TEAM OMSOR	1	1:51:06					1:51:06				
Nilsen, Line Helene		1	1:45:20								1:45:20	
Nilsen, Line Lasken		1	1:36:58							1:36:58		
Nilsen, Marlene		1	1:42:16				01:42:16					
Nilsen, Pål	RUNAWAY	1	1:20:48									1:20:48
Nilsen, Rune	GRÅLUM	1	1:04:38			01:04:38						
Nilsen, Trine Bjerkeli		1	1:50:45							1:50:45		
Nilsen, Trond	Fredrikstad IF	1	1:10:57					1:10:57				
Nilsen, Trond Vidar		1	1:35:39						1:35:39			
Nilsen, Vidar	TEAM SPORTSMANDEN	1	1:02:31					1:02:31				
Nilsson, Kristofer		1	1:54:14						1:54:14			
Njå, John-Olav		1	3:02:15				03:02:15					
Nodland, Geir	MARKEDSPARTNER	1	1:23:12					1:23:12				
Nome, Astrid	TRENINGSCAMP	1	1:29:16									1:29:16
Nome, Torfinn	TRENINGSCAMP	1	1:21:12									1:21:12

Glommaløpet 10 miles individuelt

Historikk

Nord, Kjersti	Yven	1	1:23:31	01:23:31								
Nordbeck Jøransen, Mona		1	1:17:47					1:17:47				
Nordbrøden, Hanna Haugen	COWI	1	1:10:15						1:10:15			
Nordby, Audun Pettersen	Fredrikstad Skiklubb	1	1:07:51	01:07:51								
Nordby, Pia Rendalsvik	Gamle Fredrikstad	1	1:41:19	01:41:19								
Nordbø, Håvard	Nordvis Mosjonsklubb	1	1:45:10			01:45:10						
Nordeide, Cathrine	LIERSKOGEN	1	1:32:51	01:32:51								
Nordeide, Linda		1	1:39:44						1:39:44			
Nordenhaug, Espen Andersen	HALDEN	1	1:12:28			01:12:28						
Nordhelle, Christian	GRESSVIK	1	1:06:32	01:06:32								
Nordli, Hanne	FREDRIKSTAD KOMMUNE	1	1:41:30						1:41:30			
Nordli, Nicolay	FREDRIKSTAD	1	1:35:07	01:35:07								
Nordli, Pernille		1	1:35:29			01:35:29						
Nordmelan, Kasper	KJØLHOLTÅSEN LANGLØPERLAG	1	1:13:23			01:13:23						
Nordskog, Anette	SOL	1	1:58:01								1:58:01	
Nordtvedt, Aleksander Vold	Ranheim	1	1:21:36	01:21:36								
Nordtvedt, Helene	TRONDHEIM	1	1:28:44			01:28:44						
Nordtveit, Siri		1	1:22:47						1:22:47			
Norema, Ivar	NOREMA	1	1:09:39								1:09:39	
Norli, Petter	VERITAS BIL	1	1:16:36								1:16:36	
Norum, Bjørn	COOP ØST	1	1:30:32								1:30:32	
Norvang, Christine	AKTIVITETSGJENGEN	1	1:42:25			01:42:25						
Norvik, Magnus	Gressvik	1	1:32:07	01:32:07								
Nyborg, Thor Erik	Spydeberg	1	1:07:31	01:07:31								
Nyegaard Johansen, Camilla		1	1:16:24						1:16:24			
Nygård, Alf-Martin	St. Olav vgs	1	1:35:02	01:35:02								
Nygård, Jon-Ivar	FREDRIKSTAD KOMMUNE	1	1:23:34						1:23:34			
Nygaard, Tore		1	1:40:04							1:40:04		
Nyland, Cathrine Graff		1	1:28:56							1:28:56		
Nymo, Frank	LUNDBECK BIL	1	1:38:11								1:38:11	
Nyquist, Astrid	BFG Bergen Løpeklubb / Bhss BIL	1	1:25:36	01:25:36								
Nyquist, Jostein	Øystre Slidre IL	1	1:01:58	01:01:58								
Nyquist, Tor Erik	Bhss bil	1	1:25:36	01:25:36								
Nysted, Arild	Kråkerøy	1	1:14:35	01:14:35								
Nyvoll, Sigmund		1	1:14:50							1:14:50		
Nyvoll, Sindre		1	1:20:48							1:20:48		
Nyaas, Wenche		1	1:38:37						1:38:37			
Odvold Sivertsen, Gunn		1	1:28:33								1:28:33	

Glommaløpet 10 miles individuelt

Historikk

Ogre, Lene	Nemus	1	1:40:13			01:40:13						
Oksavik, Jostein Brå	NESODDEN IF	1	1:08:27						1:08:27			
Olafsrud, Lars-Petter		1	1:27:28						1:27:28			
Olavesen, Morten	FREDDY REINERTS LØPELAG	1	1:52:28					1:52:28				
Olavesen, Teodor	Gressvik	1	1:21:23	01:21:23								
Oliversen, Daniel	TRØSKEN IL	1	1:23:21								1:23:21	
Oliversen, Synne	TRØSKEN IL	1	1:34:39								1:34:39	
Olsen Wang, Heidi		1	2:38:55				02:38:55					
Olsen, Andreas Garder	KVERNHUSET BIL FREDRIKSTAD	1	1:01:05						1:01:05			
Olsen, Anne-Marte	Våler I Østfold	1	1:36:26	01:36:26								
Olsen, Bengt		1	1:21:56						1:21:56			
Olsen, Bent Olav	FREDRIKSTAD TRIATHLON	1	1:39:16								1:39:16	
Olsen, Dan Thomas		1	1:18:05							1:18:05		
Olsen, Fanny	KRÅKERØY	1	1:53:31	01:53:31								
Olsen, Ine Marlene		1	1:35:41							1:35:41		
Olsen, Inge Harald	FREDRIKSTAD SYKKELKLUBB	1	1:37:53				01:37:53					
Olsen, Jorunn		1	1:24:40						1:24:40			
Olsen, Kent		1	1:18:14									1:18:14
Olsen, Kim Roger		1	1:42:29						1:42:29			
Olsen, Lars Erik	Gressvik	1	1:18:23	01:18:23								
Olsen, Magne Strand	Fredrikstad IF	1	1:20:38									1:20:38
Olsen, Marianne	LANGHUS	1	1:59:31	01:59:31								
Olsen, Monica	FEMIRUN	1	2:00:06					2:00:06				
Olsen, Ole Kristian	Sleipner Motor	1	1:29:19			01:29:19						
Olsen, Per Marius		1	1:12:03							1:12:03		
Olsen, Tor-Eilert	Fredrikstad IF	1	1:18:46									1:18:46
Olsson, Anders	SARPSBORG BANDYKLUBB	1	1:20:37								1:20:37	
Olsson, Anton	SARPSBORG BANDYKLUBB	1	1:23:31								1:23:31	
Olsson, Monica		1	1:45:33									1:45:33
Olstrøm, Inge	GRIMSRØD KAMERATENE	1	1:34:33								1:34:33	
Omberg, Magne	ROLVSØY	1	1:35:40	01:35:40								
Ones, Monica Linnea		1	1:58:28				01:58:28					
Onstad, Britt Katharina		1	1:31:21						1:31:21			
Opdal, Morten	TEAM FIH	1	1:14:20								1:14:20	
Opstad, Fredrik		1	1:23:03								1:23:03	
Ormholt, Stian		1	1:32:45						1:32:45			
Orud, Eva	REGNBUEN	1	1:35:53								1:35:53	
Osmani, Halim	Grålum	1	1:28:19	01:28:19								

Glommaløpet 10 miles individuelt

Historikk

Ottersen, Ann-Kathrin		1	2:11:17				02:11:17					
Ottersten, Anders	KRÅKERØY	1	1:19:24			01:19:24						
Ottesen, Eirik M.	Sportsklubben Vidar	1	1:05:54		01:05:54							
Ottesen, Elin	SARPSBORG SPESIALISTSENTER	1	1:24:46					1:24:46				
Oustad, Hanne	VISMA CONSULTING	1	1:15:35				01:15:35					
Oustad, Morten		1	1:49:12				01:49:12					
Owren, Ingjerd	OEC	1	1:22:45						1:22:45			
Pagoli, Audrey		1	1:55:47								1:55:47	
Pahle, Christian		1	1:39:11									1:39:11
Patrick, Birger	MARKEDSPARTNER	1	1:22:45						1:22:45			
Paulen, Asgeir Austdal	PAULEN CATERING	1	1:45:34				01:45:34					
Paulsen, Andreas		1	1:32:21							1:32:21		
Paulsen, Ole	Mossjonistene	1	1:29:41			01:29:41						
Paulsrud, Frode	OSLO	1	1:27:00			01:27:00						
Paulsrud, Jo-Inge	BORGENHAUGEN	1	1:23:48			01:23:48						
Pedersen, Christian	Ski IL Ishockey	1	1:36:25		01:36:25							
Pedersen, Daniel	BERTEL O.STEEN FREDRIKSTAD	1	1:14:49								1:14:49	
Pedersen, Daniel	Halden	1	1:39:39	01:39:39								
Pedersen, Elna Marie		1	1:37:20					1:37:20				
Pedersen, Erik		1	1:35:36				01:35:36					
Pedersen, Jan Erik	VEIDEKKE BIL	1	1:14:11						1:14:11			
Pedersen, Linn- Marita	SKJEBERG CK	1	2:05:21									2:05:21
Pedersen, Mads Andreas	Moss	1	1:19:27	01:19:27								
Pedersen, Oda Kristin	Brynild Gruppen Bil	1	1:37:48			01:37:48						
Pedersen, Stian	Europris/Skiløperne	1	1:33:56			01:33:56						
Pedersen, Stian	GREÅKER	1	2:00:06		02:00:06							
Pederstad, Lars	FREDRIKSTAD TRIATLONKLUBB	1	1:07:04					1:07:04				
Peersen, Reidar	SKIEN	1	1:23:09			01:23:09						
Pereira, Sofia	GAMLE FREDRIKSTAD	1	1:48:17		01:48:17							
Persen, Svend	Fredrikstad IF	1	1:16:25					1:16:25				
Person, Guro	SKI	1	1:09:49		01:09:49							
Pettersen, Christian	SARPSBORG	1	1:31:26		01:31:26							
Pettersen, Henrik	CROSSFIT FREDRIKSTAD	1	1:25:50					1:25:50				
Pettersen, Ida		1	1:45:44				01:45:44					
Pettersen, Jon	TEAM EUROPRIS	1	1:20:30					1:20:30				
Pettersen, Lars	Gressvik	1	1:14:10	01:14:10								
Pettersen, Lars-Fredrik	ROLVSØY	1	1:21:23		01:21:23							
Pettersen, Mina		1	1:54:23				01:54:23					

Glommaløpet 10 miles individuelt

Historikk

Pettersen, Paal	KRÅKERØY	1	1:11:13			01:11:13						
Pettersen, Rebecka	SARPSBORG	1	1:41:40			01:41:40						
Pettersen, Thomas		1	1:54:29				01:54:29					
Pettersen, Tone Nordang	Løpeskjørt.No	1	1:58:21	01:58:21								
Pigla, Pawel	ROLVSØY	1	1:16:59		01:16:59							
Pladsen, Solveig	GAMLE FREDRIKSTAD	1	1:19:19		01:19:19							
Plata Franco, Oliver		1	1:10:57				01:10:57					
Pleym, Kjersti		1	1:29:01					1:29:01				
Pollen, Thfinstad		1	1:26:17					1:26:17				
Polyainov, Velimir		1	1:19:22					1:19:22				
Prang Orud, Eva	Grålum	1	1:47:08	01:47:08								
Pratumchai-Børresen, Vidar	OSLO	1	1:37:11			01:37:11						
Presterud, Karl Erik	GRIMSRØD KAMERATENE	1	1:28:57								1:28:57	
Prytz, Anders	Telenor BIL	1	1:08:45			01:08:45						
Prøitz, Isak Homlung	SPARTA IHK	1	1:23:57					1:23:57				
Puck, Tor-Anders	CL	1	1:21:39								1:21:39	
Qarbosh, Mukhtar		1	1:59:24							1:59:24		
Radavicius, Nerijus	FREDRIKSTAD	1	1:12:08			01:12:08						
Radgowska, Karolina		1	1:36:27					1:36:27				
Rakkenes, Håkon	KRÅKERØY	1	1:51:36		01:51:36							
Raknerud, Kine Bettina	Crossfit Askim	1	1:29:19	01:29:19								
Raknes, Marie Therese		1	1:40:19							1:40:19		
Rambjør, Thomas	SARPSBORG	1	1:38:25		01:38:25							
Rambøl, Sigrid	SCHIBSTED ASA	1	1:44:53						1:44:53			
Ramdahl, Ingerid	Halden	1	1:50:18		01:50:18							
Ramon Sanches, Alex	HARD TRAIN EASY LIFE	1	1:18:18									1:18:18
Ramstad-Ekeberg, Solveig	PALKOM FREDRIKSTAD	1	1:43:16				01:43:16					
Rande, Espen	Løpekameratene	1	1:09:12	01:09:12								
Rangberg, Anbjørg	Team Solstråle	1	1:18:48	01:18:48								
Rasmussen, Katharina	Oslo	1	1:31:17	01:31:17								
Rasmussen, Robert	ØSTBYGDA IL	1	1:08:58					1:08:58				
Rasmussen, Tom-Arvid		1	1:15:54								1:15:54	
Rebni, Even	TEAM MJØSEN	1	1:11:45								1:11:45	
Reid, Lene		1	1:33:25							1:33:25		
Reiersen, Oscar	TRØSKEN IL	1	1:13:56					1:13:56				
Reitan-Gjersøe, Truls André	Særp Tropez Løpeklubb	1	1:15:56	01:15:56								
Rennemo, Mette-Marit		1	1:26:52					1:26:52				
Richardsen, Joachim	TORP	1	1:32:14			01:32:14						

Glommaløpet 10 miles individuelt

Historikk

Richardsen, Morten		1	1:33:03						1:33:03		
Riise Jenssen, Elisabeth		1	1:37:07			01:37:07					
Ringdahl, Espen	SKI LØPERNE	1	1:23:23					1:23:23			
Ringsrud, Christer		1	1:32:00						1:32:00		
Ringstad, Espen	Askim	1	1:38:03	01:38:03							
Ringstad, Linda	Askim	1	1:29:32	01:29:32							
Risa, Trond		1	1:24:50						1:24:50		
Rishøi, Lars	STRÖMSTAD	1	1:27:20		01:27:20						
Roald, Jan	LYSAKER	1	1:31:46		01:31:46						
Rognerud, Hans Arve	Fredrikstad Kommune	1	1:12:42	01:12:42							
Rohde-Moe, Tom	IMTECH	1	1:44:12							1:44:12	
Roll, Tonje	SØK	1	1:50:07		01:50:07						
Rolstad, Guro		1	1:31:58					1:31:58			
Rolstad, Jon Øystein	SARPSBORG IL FRIIDRETT	1	1:06:18							1:06:18	
Rossow, Helene	OSLO	1	2:00:26		02:00:26						
Rostad, Kristoffer	RÅDE	1	1:03:55		01:03:55						
Rosten, Stine		1	1:40:11							1:40:11	
Roulund, Kjetil		1	1:45:53					1:45:53			
Roverso, Davide	ESMART SYSTEMS	1	1:18:21			01:18:21					
Rugsveen, Tor Kenneth		1	1:19:50				1:19:50				
Rundgren, Truls	MANSTAD	1	1:31:56		01:31:56						
Runhovde, Gerd		1	1:37:06						1:37:06		
Runhovde, Siv Rebekka	Oslo	1	1:47:30	01:47:30							
Rustan, Knut	Sarpsborg	1	1:29:42	01:29:42							
Rustan, Knut Ole	ANTON CYKLETEAM	1	1:34:28					1:34:28			
Rustan, Knut Patrick		1	1:41:19						1:41:19		
Rutherford, Agnes	Kråkerøy	1	1:39:29	01:39:29							
Ruyter, Johanne	FFK Kvinner	1	1:23:44		01:23:44						
Ruyter, Johanne	Askim	1	1:25:09	01:25:09							
Rychlicki , Pawel	INFOTJENESTER	1	1:48:03				1:48:03				
Rygh, Ramona	Sponvika	1	1:56:31	01:56:31							
Rysjedal, Stisn	FREDRIKSTAD	1	1:32:29		01:32:29						
Rødland, Heidi	STADION	1	1:36:55				1:36:55				
Rødningsby, Tine		1	1:25:32						1:25:32		
Røed, Eiolf	Fredrikstad IF	1	1:05:02								1:05:02
Rønneberg, Hedda Horn	RØA	1	1:26:09					1:26:09			
Rønning Vatne, Rasmus	FREDRIKSTAD	1	1:04:33		01:04:33						
Rønning, Glen Roger		1	1:18:51							1:18:51	

Glommaløpet 10 miles individuelt

Historikk

Rønning, Maria E.	KRÅKERØY	1	1:38:16			01:38:16						
Rørberg, Alexander		1	1:08:46							1:08:46		
Røren, Tonny		1	1:44:13							1:44:13		
Røring, Aanon	Saugbrugs BIL	1	1:04:49			01:04:49						
Røraas, Else Grete	FEMIRUN	1	1:51:20					1:51:20				
Røsten, Oddvar	SK RYE / -NEITILLISENS	1	1:26:27								1:26:27	
Røysted, Ulf		1	1:28:23							1:28:23		
Rådahl, Heidi		1	1:32:09							1:32:09		
Råen, Vegard	KRØDSHERAD IL	1	1:04:15								1:04:15	
Saltnes, Eirik	Visma Smartskill	1	1:23:41			01:23:41						
Samstad, Geir-Rune	Sarpsborg	1	1:29:26	01:29:26								
Samuelsen, Anders		1	1:15:23								1:15:23	
Samuelsen, Finn	HØGSKOLEN I ØSTFOLD	1	1:28:09					1:28:09				
Samuelsen, Rigmor		1	1:40:00								1:40:00	
Samuelsen, Synnøve Wisløff	NØSTE HUSMORTRIM	1	1:17:02					1:17:02				
Sandbakk, Even		1	1:24:10					1:24:10				
Sandberg, Eirik Kjølstad	DNB Eiendom	1	1:13:42	01:13:42								
Sandegren, Theo		1	1:12:34								1:12:34	
Sandem, Thorbjørn		1	1:30:22					1:30:22				
Sandersen, Ole Petter		1	1:16:31							1:16:31		
Sandmæl, Hilde	BRYNILD GRUPPEN	1	1:29:16					1:29:16				
Sandnes, Anne	PIR II	1	1:08:39								1:08:39	
Sandnæs, Vidar	Drøbak-Frogn IL	1	1:36:21	01:36:21								
Sandtangen, Christine	KPMG PULS	1	1:31:45				01:31:45					
Sandtangen, Petter	Hevingen IL	1	1:03:10			01:03:10						
Sandtnagen, Leif	IHK SPARTA SARPSBORG	1	1:31:46				01:31:46					
Sandvand, Johanne	NTNUI TRIATHLON	1	1:07:26					1:07:26				
Sandvand, John Einar		1	1:41:37					1:41:37				
Sandvik, Per Rikard	Trøgstad/Båstad Fotballklubb	1	1:18:10	01:18:10								
Sanna, Ove		1	1:30:17				01:30:17					
Sanne, Nils	SOLKYSTEN LK	1	1:32:12								1:32:12	
Saugestad, Kjell	KRÅKERØY SPURTKOMPANI	1	1:38:13				01:38:13					
Saxegaard, Jørgen	BEKKELAGET IFK	1	1:06:49								1:06:49	
Schei, Øyvind		1	1:37:42							1:37:42		
Schiager, Tore	BRYNILD GRUPPEN	1	1:23:58					1:23:58				
Schjefstad, Kim		1	1:31:15						1:31:15			
Schjerpen, Thomas		1	1:15:08					1:15:08				
Schrøder, David	Borgmck	1	1:25:05	01:25:05								

Glommaløpet 10 miles individuelt

Historikk

Schrøder, Glenn	Exso AS	1	1:12:21	01:12:21								
Schön, Siri Merete	OPPAKER	1	1:45:25			01:45:25						
Segui, Natali		1	1:37:13									1:37:13
Segui-Schimpke, Natali		1	1:36:36				01:36:36					
Seim, Maria		1	1:56:53				01:56:53					
Seland, Petter	FREDRIKSTAD SKIKLUBB	1	1:15:37						1:15:37			
Selliseth, Tom		1	1:02:57					1:02:57				
Semlov, Bo	KØBENHAVN S	1	1:47:19		01:47:19							
Sendstad, Marte		1	1:07:38			01:07:38						
Serezhnikova, Olga	KVALØYA	1	1:32:29		01:32:29							
Setekleiv, Veronica		1	2:06:38				02:06:38					
Seterdahl, Ayna		1	2:08:41						2:08:41			
Signebøen, Sondre	Tistedalen FL	1	1:04:22	01:04:22								
Sigurdsson, Oddur	BORGENHAUGEN	1	1:27:41		01:27:41							
Simensen, Tina	GRÅLUM	1	1:36:25			01:36:25						
Simenstad, Marte Dyve		1	1:47:09				01:47:09					
Simenstad, Mathias Dyve		1	1:35:43				01:35:43					
Simons, Nick	SPROCKET AS	1	1:25:31				01:25:31					
Simonsen, Kent	Onsøy Runners	1	1:19:12		01:19:12							
Simonsen, Tobby		1	1:26:57							1:26:57		
Siyad, Saynab	Halden løpeklubb	1	1:33:46	01:33:46								
Sjelmo, Sigrid		1	1:27:12						1:27:12			
Sjøberg, Paterick	BEGBY IL / BDO	1	1:07:20								1:07:20	
Sjøblom, Marte	Follo Brannvesen	1	1:38:27			01:38:27						
Sjaaeng, Matilda	DAL	1	1:28:57			01:28:57						
Skaftun, Håkon	SARPSBORG IL	1	1:25:04				01:25:04					
Skajaa, Andreas	OSLOFJØR TRIALHLON	1	1:12:34								1:12:34	
Skaldehaug, Hanne	Bruvoll I.L.	1	1:36:48	01:36:48								
Skamsar Øien, Baard	FREDRIKSTAD	1	1:13:42		01:13:42							
Skaret, Elisabeth	Lørenskog Friidrettslag	1	1:32:30			01:32:30						
Skari, Eline	Skiløperne	1	1:34:11			01:34:11						
Skari-Hansen, Henriette	Denofa	1	1:33:14			01:33:14						
Skarpeteig, Harald	Bøler IF	1	1:00:17	01:00:17								
Skattebøl, Stine		1	1:30:13									1:30:13
Skau, Tor Henning	Trimklubben Tectak	1	1:30:30			01:30:30						
Skaug, Arne		1	1:48:29								1:48:29	
Skaug, Steinar		1	1:19:33							1:19:33		
Skeid, Ola		1	1:04:58							1:04:58		

Glommaløpet 10 miles individuelt

Historikk

Skjelle Asbjørnsen, Ann-Kristin		1	2:01:57						2:01:57		
Skjenken, Freddy	TEAM SKJENKEN	1	1:17:18							1:17:18	
Skjenken, Sofie Ulfeng	Team Skjenken	1	1:32:42			01:32:42					
Skog, Alf Thode	BORGENHAUGEN	1	1:45:07			01:45:07					
Skogen, Flemming		1	1:22:22							1:22:22	
Skorpen, Ingvild Sprett	De Rosa Panterne	1	1:13:56		01:13:56						
Skrøder, Kjetil	NORDEA BANK NORGE	1	1:19:52					1:19:52			
Skaaden, Håvard		1	1:26:32						1:26:32		
Skår, Darlen		1	1:38:31						1:38:31		
Slamova, Sarka	RT REVISJON AS	1	1:21:38							1:21:38	
Sletner, Dag Inge	KALNES VGS.	1	1:36:51			01:36:51					
Sletten, Eirik		1	1:22:48			01:22:48					
Sletten, Ulrikke		1	1:41:34						1:41:34		
Slåen, Rino	Midgard Hinderløpsklubb	1	1:09:10	01:09:10							
Smeby-Diederich, Andreas	BANKID	1	1:03:46					1:03:46			
Smith, Fredrik		1	1:18:50								1:18:50
Snildal Engen, Geirhild	Hytteplan Sport	1	1:36:55			01:36:55					
Snilsberg, Torgeir		1	1:23:32						1:23:32		
Sokhan-Sanj, Sassan		1	1:35:59								1:35:59
Sola, Per Willy		1	1:12:59						1:12:59		
Sola, Øyvind		1	1:18:35						1:18:35		
Solberg- Skogh, Anne-Beathe	HALDEN	1	1:31:04		01:31:04						
Solberg, Birgit	FEMIRUN	1	1:28:21					1:28:21			
Solberg, Linda	COWI BIL	1	1:11:35					1:11:35			
Solberg, Morten	Sarpsborg	1	1:25:26	01:25:26							
Solberg, Pål Espen	IUS KOMPETANSE	1	1:24:51					1:24:51			
Solhaug, Vegard	Søndre Ål Sportsklubb	1	1:00:56	01:00:56							
Solheim, Eirik		1	1:05:14					1:05:14			
Solholt, Anita	Berg IL	1	1:25:54	01:25:54							
Solvin Jacobsen, Julie	OSLO	1	1:11:23		01:11:23						
Solvin, Benedicte	Modum Friidrettsklubb	1	1:10:08		01:10:08						
Solvold, Odd	IL Runar	1	0:58:41		00:58:41						
Song, Lili		1	1:29:13						1:29:13		
Soot, Kari	SKILØPERNE	1	1:40:27					1:40:27			
Sparling, Trond	Oslo	1	1:21:09	01:21:09							
Spernes, Øystein	Greåker	1	1:08:27	01:08:27							
Spro, Joakim		1	1:16:28					1:16:28			
Stabbetorp, Harald	SARPSBOG IL SVØMMEGRUPPA	1	1:39:02								1:39:02

Glommaløpet 10 miles individuelt

Historikk

Stabursvik, Kaja	ÅS IL/TEAM SKIGO	1	1:09:40						1:09:40			
Staib, Axel Henrik	Rygge IL	1	1:27:56			01:27:56						
Stallvik, Kent-Åge Tokstad		1	1:14:46							1:14:46		
Stang, Annette Solgaard		1	1:42:18							1:42:18		
Stang, Lars Henning		1	1:10:24							1:10:24		
Stangebye, Thomas	Oslo	1	1:42:35	01:42:35								
Stangeland Fredheim, Christina		1	1:15:46					1:15:46				
Stenbekk, André	NETT-TJENESTER AS	1	1:36:21			01:36:21						
Stendal, Gry	Gry Stendal	1	1:37:35			01:37:35						
Stene, Kristin	ASKER	1	1:34:52		01:34:52							
Stene, Ørjan	SKI	1	1:19:50	01:19:50								
Stenrud, Ida Christin	Fredrikstad Fotballklubb	1	1:27:20			01:27:20						
Stenshorne Storesund, Jon	LYSAKER	1	1:31:09			01:31:09						
Stensland, Ulf Henning	SELLEBAKK	1	1:21:10		01:21:10							
Stigberg, Susanne	STRÖMSTAD LK	1	1:24:34					1:24:34				
Stigen, Astrid	FREDRIKSTAD SKIKLUBB	1	1:06:52			01:06:52						
Stigen, Rolf	FREDRIKSTAD SKIKLUBB	1	1:07:21								1:07:21	
Stjern, Sondre	Romerike Ultraløperklubb	1	1:32:00		01:32:00							
Stobbe, Jan		1	1:38:28				01:38:28					
Stordal, André	CROSSFIT SARPSBORG	1	1:14:24					1:14:24				
Strangel, Bjørn -Erik	ROLVSØY	1	1:11:49		01:11:49							
Stray, Preben	OSLO	1	1:34:52		01:34:52							
Strupstad, John Henry	FIK REN-ENG	1	0:55:34								0:55:34	
Stræte, Lene	Team Heier	1	1:59:41			01:59:41						
Strøm Sandtangen, Petter		1	1:08:18				01:08:18					
Strøm, Rikke	SARPSBORG	1	1:15:54		01:15:54							
Strømnes, Maren-Sofie	MYSEN	1	2:29:58		02:29:58							
Strømnes, Stein	HAGAN	1	1:56:44		01:56:44							
Strømstad, Per Arve		1	1:35:05							1:35:05		
Stubberud Buer, Sandra	Rakkestad	1	1:32:08	01:32:08								
Sture, Jacob	FREDRIKSTAD	1	1:09:47			01:09:47						
Sture, Victor		1	1:26:06									1:26:06
Sturm, Linea	Tårnåsen	1	1:25:14	01:25:14								
Stæa Johannesen, Stian		1	1:14:13							1:14:13		
Størmer, Siri	SK VIDAR	1	1:04:40					1:04:40				
Størset, Terje		1	1:06:21							1:06:21		
Støten, Hege	RAKKESTAD SYKKELKLUBB	1	1:41:04								1:41:04	
Staal Engebretsen, Thorild Cathrine		1	1:35:17								1:35:17	

Glommaløpet 10 miles individuelt

Historikk

Suleng, Håvard	Slependen	1	1:11:32	01:11:32								
Sund, Peter	Grønn Jobb AS	1	1:26:34	01:26:34								
Sunde, Turid Holemark	PRIVAT	1	1:23:05								1:23:05	
Svae, Sara	Slitusprinterne	1	1:13:09	01:13:09								
Svandal, Jan-Erik	Kondistreninga Gran	1	1:23:01	01:23:01								
Svankil, Kristian		1	1:45:45				01:45:45					
Sveen, Malene		1	1:48:22							1:48:22		
Svello, Janne Helene		1	1:27:20								1:27:20	
Svello, Stine Marit		1	1:40:07								1:40:07	
Svendsby, Vibeke	KJØLHOLTÅSEN LANGLØPERLAG	1	1:18:52				01:18:52					
Svendsen, André		1	1:29:43									1:29:43
Svendsen, Cathrine Haneng		1	1:39:44							1:39:44		
Svendsen, Christer	Hagebrygg	1	1:28:25			01:28:25						
Svendsen, Dag Berg	YVEN IF	1	1:19:00						1:19:00			
Svendsen, Guro	GRÅLUM	1	1:50:07		01:50:07							
Svendsen, Jarle	GAMLE FREDRIKSTAD	1	1:25:39		01:25:39							
Svendsen, Linn		1	1:26:23							1:26:23		
Svendsen, Odin		1	1:15:05							1:15:05		
Svendsen, Thomas Horvath	GRESVIK IF	1	1:16:33						1:16:33			
Svenning, Astrid Engh		1	1:26:17					1:26:17				
Svensen, Morten	TRIOVING	1	1:28:41						1:28:41			
Svensen, Øyvind		1	1:31:46							1:31:46		
Svingen, Ina-Merethe		1	1:44:54					1:44:54				
Svåsand, Kai	GAMLE FREDRIKSTAD	1	1:20:53			01:20:53						
Syversen, Bernt	Afry	1	1:31:07	01:31:07								
Syversen, Karoline Elise	Fredrikstad Ballklubb	1	1:15:40	01:15:40								
Syversen, Martin	Gresvik	1	1:20:23	01:20:23								
Syversen, Tonje		1	1:23:38							1:23:38		
Syverstad, Dag Eivind	RÅDE IL	1	1:06:56						1:06:56			
Syvertsen, Knut Reidar		1	1:37:01							1:37:01		
Syvertsen, Martin Mikkeltorg		1	1:19:04							1:19:04		
Sæby Aadahl, Marte	Skotbu	1	1:37:58	01:37:58								
Sælid Nikolaisen, Josefine	Gamle Fredrikstad	1	1:56:16	01:56:16								
Sælid, Maria	Gamle Fredrikstad	1	1:56:16	01:56:16								
Sæter, Evy Kristine	NORCONTROL BIL	1	1:40:17					1:40:17				
Sætremyr, Anita		1	2:00:21								2:00:21	
Søby, Jørn		1	2:04:26									2:04:26
Søby, Leif Arne		1	1:18:35									1:18:35

Glommaløpet 10 miles individuelt

Historikk

Søgaard, Andrew		1	1:41:06								1:41:06
Sølvberg, Dag		1	1:13:56					1:13:56			
Sønsterud, Lena-Marie	SKJEBERG	1	1:59:01			01:59:01					
Sønsterud, Truls	SKJEBERG	1	1:59:01			01:59:01					
Sønsthagen, Jorunn	IL JUTUL	1	1:35:23							1:35:23	
Sørby, Anders	Fredrikstad	1	1:07:38	01:07:38							
Sørensen, Geir-Steve		1	1:19:58					1:19:58			
Sørensen, Iris Torp	OSLO	1	1:23:50		01:23:50						
Sørensen, Sven Johan	RAKKESTAD SK	1	1:22:40							1:22:40	
Sørensen, Tom	MECA B.I.L	1	1:27:50					1:27:50			
Sørum Hansen, Espen		1	1:39:07					1:39:07			
Sørtorp, Ole Petter	GLOMMA TANNKLINIKK	1	1:15:56					1:15:56			
Takelund, Morten		1	2:34:01								2:34:01
Talberg Stang, Eli Kristin		1	1:47:08			01:47:08					
Tallis, Kathrine	SENTRUM KAMPSPORTKLUBB SARPSBORG	1	1:58:43								1:58:43
Tangen, Margit		1	1:35:40							1:35:40	
Tangen, Morten		1	1:24:17					1:24:17			
Tangerud, Mina Olava		1	1:28:41								1:28:41
Tegneby, Elisabeth	BRYNILD GRUPPEN	1	1:22:39					1:22:39			
Teig, Christine	SK VIDAR	1	1:13:46							1:13:46	
Teig, Kjersti Aarum	BÅSTAD IL SKØYTER	1	1:23:01					1:23:01			
Tepelis, Juras		1	1:15:06					1:15:06			
Tharaldsen, Maria	FREDRIKSTAD	1	1:22:33		01:22:33						
Tharaldsen, Rune		1	1:27:27			01:27:27					
Thime, Anders		1	1:30:08							1:30:08	
Thingbø, Leif Ørjan	GRESSVIK	1	1:17:49		01:17:49						
Thinggaard, Håkon	BORGENHAUGEN	1	1:30:35			01:30:35					
Thirud, Edvard		1	1:34:24						1:34:24		
Thon, Camilla Krsticevic		1	1:28:27					1:28:27			
Thorbjørnsen, Rune	Oslo Kommune BIL	1	1:17:18		01:17:18						
Thoresen, Geir		1	1:33:53					1:33:53			
Thoresen, Linn	TRARA SKOLE	1	1:54:07			01:54:07					
Thoresen, Tone Camilla		1	1:35:53					1:35:53			
Thorvaldsen, Beate		1	1:40:32						1:40:32		
Thorvaldsen, Knut		1	1:32:46							1:32:46	
Thunæs, Lars Olav	LEONBERG AS	1	1:20:52					1:20:52			
Tindlund, Tobias	Afry	1	1:30:06	01:30:06							

Glommaløpet 10 miles individuelt

Historikk

Tingelholm, Finn	Gjensidige Sport Øst	1	1:31:38	01:31:38								
Tingvold, Kim	SKI	1	1:13:52		01:13:52							
Toften, Tobias Lynghaug	Mosjonistene	1	1:40:19			01:40:19						
Toftner, Per Olaf	EGEN	1	1:33:18									1:33:18
Tokerud, Hege	Fredrikstad IF	1	1:28:45								1:28:45	
Tonhauser, Laszlo		1	1:07:06				01:07:06					
Torgan Engebretsen, Tonje	KRÅKERØY	1	1:39:44		01:39:44							
Torgan, Audun	KLØFTA	1	1:37:35		01:37:35							
Torgersbråten, Kjell Ivar	PRIVAT	1	1:26:36				01:26:36					
Torgersen, Tor-Erik	Yrosvik	1	1:26:20			01:26:20						
Torgrimsby, Marianne	MULTICONSULT	1	1:22:44						1:22:44			
Torjusen, Anette	Anette Torjusen	1	2:00:11	02:00:11								
Torjusen, Henrik	Oslo	1	1:19:47	01:19:47								
Torp, Elisabeth	Sponvika	1	1:32:55	01:32:55								
Torp, Renate	DAL	1	1:39:21			01:39:21						
Torply, Lars	GREÅKER	1	1:25:26			01:25:26						
Trandem, Nina		1	1:59:22				01:59:22					
Tretvoll, Beate	BRANDBU IF	1	1:33:43						1:33:43			
Trilljårv, Timo		1	1:16:11						1:16:11			
Trondsen, Tor	SK VERKET	1	1:20:03								1:20:03	
Tryland, Joakim		1	1:47:33			01:47:33						
Trøstheim, Mikkel	Sport 1 Flå	1	1:10:16			01:10:16						
Tveit, Anders		1	1:23:32								1:23:32	
Tveter, Gry Heidi		1	1:39:13							1:39:13		
Twanabasu, Satya	OSLO	1	1:11:38			01:11:38						
Twigg, Barry		1	1:29:42									1:29:42
Tyldum, Håvard		1	1:31:25								1:31:25	
Tytlandsvik, Sigrun		1	1:20:48					1:20:48				
Tänav, Armin	SK KEREMEISTER	1	1:27:05						1:27:05			
Tølche, Marta		1	1:57:53							1:57:53		
Tømmer, Pål	MEDIAMENN AS	1	1:06:11					1:06:11				
Tønnesen, Lasse	ELIXIA	1	1:17:14									1:17:14
Tønnesen-Fiel, Frank Vidar	Bilpost IL	1	1:20:33	01:20:33								
Tørklep, Anders	Oslo	1	1:34:55	01:34:55								
Tørmoen, Jørn		1	1:35:50							1:35:50		
Tørring, Hans Are		1	1:30:18								1:30:18	
Ugland, Tom	DRAMMEN	1	1:37:56			01:37:56						
Ulfski, Ann-Christin	Fam.Ulfski	1	1:49:05			01:49:05						

Glommaløpet 10 miles individuelt

Historikk

Ulfski, Vilde	Fam. Ulfski	1	1:30:27			01:30:27						
Ulstein Holand, Tabita		1	1:41:15									1:41:15
Ulvin, Eivind Johnsen		1	1:13:33						1:13:33			
Undrum, Marius	SKJEBERG CK	1	1:13:45								1:13:45	
Unnerud, Vidar	TRACTORBOYS IL	1	1:12:27								1:12:27	
Uran, Steinar		1	1:05:38						1:05:38			
Urdal, Håkon	Team Sportsmanden	1	0:59:02			00:59:02						
Urstad, Ann Kristine	MOSS SKIKLUBB	1	1:31:06				01:31:06					
Urstad, Johanne	MOSS SKIKLUBB	1	1:31:06				01:31:06					
Urstadmyr Tønnesen, Marius	SARPSBORG SPORTSCLUB	1	1:17:14									1:17:14
Utgaard, Alexandra	TEAM SAGA	1	1:41:57				01:41:57					
Utgaard-Haugbro, Tom	Aktiv mot Kreft, Team Saga	1	1:25:03	01:25:03								
Utne, Tone		1	1:41:41						1:41:41			
Uttisrud, Erling		1	1:29:23								1:29:23	
Valenzuela, Jelithsa	Larkollen IL	1	1:31:56		01:31:56							
Valle, Amalie	TEAM EUROPRIS	1	1:22:31					1:22:31				
Vallestrand, Cathrine		1	1:33:40						1:33:40			
Valstad, Inger Marit Stark		1	1:21:27								1:21:27	
Valstad, Keino	BØLER IF FRIIDRETT	1	1:05:42								1:05:42	
Van Der Straeten, Sarah	Skiptvet	1	1:36:34	01:36:34								
Varnes, Camilla		1	1:50:18						1:50:18			
Vasquez, Claudia	Oslo	1	1:57:00	01:57:00								
Vassvik, Tor-Allan	Legs Miserables	1	1:05:42			01:05:42						
Vassås, Tor Ivar		1	1:31:47						1:31:47			
Vatvedt, Marius	IL Borgar	1	1:16:26	01:16:26								
Veberg, Karianne		1	1:38:24									1:38:24
Veby, Nina	Sportsmanden	1	1:57:55	01:57:55								
Vegsgård, Anders	RØDSMYRA SKOLE	1	1:21:01								1:21:01	
Veland, Petter	Spydeberg IL	1	1:27:54			01:27:54						
Verdu Martinez, Ruben		1	1:23:17						1:23:17			
Vidnes, Jonas	KRÅKERØY	1	1:15:15			01:15:15						
Vidsjå, Harald		1	1:17:02						1:17:02			
Viggen Olsen, Trine	Gressvik	1	2:00:23	02:00:23								
Viggen, Håkon	OSLO	1	1:31:28			01:31:28						
Vik, Arne Håkon	TFL HALDEN	1	1:12:04									1:12:04
Vikanes, Kristin	GAMLE FREDRIKSTAD	1	1:28:26			01:28:26						
Vingelsgaard, Ole		1	1:14:46						1:14:46			
Vist, Erlend Øverby	FREDRIKSTAD	1	1:17:17		01:17:17							

Glommaløpet 10 miles individuelt

Historikk

Vist, Susanne	Nordvis Mosjonsklubb	1	1:45:10			01:45:10						
Viste, Sigurd	Sigurd Viste	1	1:17:16		01:17:16							
Vister Jensen, Anders		1	1:38:34				01:38:34					
Vold, Eva	FEMIRUN	1	1:35:42					1:35:42				
Volden, Erland Per	OSLO	1	1:33:09		01:33:09							
Værnes, Hilde Christine		1	1:54:00						1:54:00			
Vågan, Torgrim	Fredrikstad	1	1:19:43	01:19:43								
Vaagaasar, Ola	TRACEGRID	1	1:33:13					1:33:13				
Vålvannet, Ann-Louise		1	1:15:41					1:15:41				
Vårum, Leif Hugo	Hø-Høy	1	1:19:32	01:19:32								
Wahlberg, Ole Martin	Team Tisler	1	1:24:04	01:24:04								
Walberg, Lena		1	1:11:14								1:11:14	
Walbom, Therese Løvås	MOSS SKIKLUBB	1	1:26:55								1:26:55	
Walther, Bernt Ludvig	ØSTSIDEN IF	1	1:26:15						1:26:15			
Walther, Lise-Merethe		1	2:04:28							2:04:28		
Wang-Johannessen, Ann Mari	TEAM ENGROSFUKT	1	1:48:30								1:48:30	
Watvedt, Jørn Sigvart		1	2:05:41							2:05:41		
Welhaven, Leif	VG	1	1:01:49				01:01:49					
Wennevold, Tore	FREDRIKSTAD	1	1:27:52		01:27:52							
Wergeland, Øyvind	Pepperstad tøy og bøy	1	1:28:09	01:28:09								
Westby, Jo	HVALSØ LØBEKLUB	1	1:24:42				01:24:42					
Westengen, Elisabeth		1	1:48:29						1:48:29			
Westgaard, Markus Johansen	Solid Entreprenør	1	1:03:51		01:03:51							
Westlie, Gunn Elisabeth		1	1:36:21						1:36:21			
Westlund, Stine		1	1:40:55					1:40:55				
Westre, Mari		1	1:23:04					1:23:04				
Wethal, Joakim	Idrottslaget i BUL	1	1:08:13	01:08:13								
Weum Johansen, Sondre		1	1:23:05									1:23:05
Weydahl, Sindre	Båstad	1	0:59:22	00:59:22								
Wiberg, Geir	Ingen	1	1:24:15		01:24:15							
Wiberg, Hilde	Dilling	1	1:39:54	01:39:54								
Wiig, Kenneth Thunshelle	Soonløp	1	1:02:12	01:02:12								
Wiig, Per Bjørnar	Sparebank 1 Østfold Akershus	1	1:08:09	01:08:09								
Wiik, Nils-Petter	DRIV I.L	1	1:16:08								1:16:08	
Wijgaerden, Lotte	Kråkerøy	1	1:43:10	01:43:10								
Wik, Elin	Yven	1	1:37:22	01:37:22								
Wik, Linn	Skjeberg	1	2:05:55	02:05:55								
Wik, Wenke	Skjeberg	1	1:51:50	01:51:50								

Glommaløpet 10 miles individuelt

Historikk

Wikestad, Torbjørn	TEAM SPORTSMANDEN	1	1:45:59				01:45:59					
Wiksen, Vicci	Vegan Runners	1	1:46:42	01:46:42								
Wilhelmsen, Petter		1	1:21:43								1:21:43	
Willassen, Andreas	GAMLE FREDRIKSTAD	1	1:29:40			01:29:40						
Wille, Anette		1	1:55:35						1:55:35			
Wille, Gwen		1	1:46:16			01:46:16						
Wille, Karoline		1	1:32:46						1:32:46			
Winther Knudsen, Espen		1	1:44:39						1:44:39			
Wisbech, Joachim		1	1:41:35			01:41:35						
Wister, Tom Ivar		1	1:40:42			01:40:42						
Wolden, Petter	OPPEGÅRD	1	1:42:00						1:42:00			
Wormdahl, Sindre	SELLEBAKK	1	1:07:08			01:07:08						
Wright, Baard		1	2:03:41								2:03:41	
Wærnes, Barbro		1	1:45:10							1:45:10		
Wærstad Hansen, Silje	INGEN	1	1:11:04					1:11:04				
Waage, Richard	GRIMSRØD KAMERATENE	1	1:22:40								1:22:40	
Waagen, Elise		1	1:16:39							1:16:39		
Zakariassen Hansen, Emilie	Aarsleff Rail AS	1	1:28:31	01:28:31								
Ziener, Martine	Fredrikstad Dyrehospital	1	1:47:08		01:47:08							
Zijerveld, Esther	ÅS	1	1:23:27	01:23:27								
Zwilmeyer, Marie	Rykkinn	1	1:47:47	01:47:47								
Øby, Nils	HANDELSHØYSKOLEN BI	1	1:28:32					1:28:32				
Øde, Lars Erik	MOFIL	1	1:06:23					1:06:23				
Øde, Selma	RYGGEJOGGEN	1	1:09:22					1:09:22				
Ødegård, Anette	Team Johansen	1	1:14:16		01:14:16							
Ødegård, Camilla	SKJEBERG	1	1:16:49		01:16:49							
Ødegaard, Henry Michael	AURSKOG-HØLAND FRIIDRETTSLAG	1	1:18:49				01:18:49					
Ødegaard, Hilde	SARPSBORG	1	1:35:30			01:35:30						
Ødegård, Jorid	TRØSKEN IL	1	1:18:33									1:18:33
Øhlckers, Petter	RWE DEA BIL	1	1:25:28									1:25:28
Øiseth, Henrik	COGNACLOSJEN	1	1:34:03								1:34:03	
Ömnehag, Mikael	BILLINGSFORS	1	1:08:31		01:08:31							
Øren, Kine	Fredrikstad IF	1	1:44:11		01:44:11							
Øren, Magnus	Fredrikstad IF	1	1:00:40		01:00:40							
Ørmen, Elin		1	1:47:24								1:47:24	
Ørseng, Kenneth	TEAM YX	1	1:33:19				01:33:19					
Østby, Erik	SFS	1	1:14:49					1:14:49				
Østensvig-Larsen, Ane	SELLEBAKK	1	1:36:51			01:36:51						

Glommaløpet 10 miles individuelt

Historikk

Østlyng, Kirsti	OSLO	1	1:38:08		01:38:08							
Øverby, Hans Kristian	Hønefoss	1	1:21:16	01:21:16								
Øverby, Margrethe	Spydeberg	1	1:39:13	01:39:13								
Øverby, Tore-Andre	Spydeberg	1	1:16:33	01:16:33								
Øversveen, Sissel	DOKKA	1	1:22:13		01:22:13							
Øveråsen, Kenneth	Team Johansen	1	1:12:49		01:12:49							
Øvrevik, Tony	Metacon	1	1:28:35	01:28:35								
Øygard, Møyfrid	Friførkjene	1	1:36:06	01:36:06								
Aadahl, Morten	Ski Bygg il	1	1:33:19	01:33:19								
Åkre, Martin	Fredrikstad	1	1:57:00	01:57:00								
Aalerud, Magnus	SKJEBERG	1	1:29:47			01:29:47						
Aambakk, Maria T.	K-REKNESKAP AS	1	2:14:58				02:14:58					
Aamodt, Even	Lommedalen I.L	1	1:09:08		01:09:08							
Aamodt, Odd Olav	24Wellness	1	1:20:35			01:20:35						
Aamot, Bjørnar	HAUGLANDSHELLA	1	1:26:56		01:26:56							
Aarek Kidd, Shani Wilhelmina		1	1:55:07							1:55:07		
Aarekol, Jakob	COWI AS	1	1:08:33						1:08:33			
Aarmo, Sverre Sigurd	Hafslundsøy	1	1:37:50	01:37:50								
Aarsbog, Svein Anders		1	1:10:14					1:10:14				
Aas, Hans Rudi		1	1:28:43							1:28:43		
Aas, Heine	Klavestadhaugen	1	1:28:02	01:28:02								
Aas, Jan Billy	Drøbak-Frogn IL / Team Sptsmanden	1	1:03:44			01:03:44						
Aas, Svein Kåre	PRIVAT	1	1:25:51								1:25:51	
Åsbø, Dag	Moss	1	1:35:14	01:35:14								
Aasen, Benjamin	SARPSBORG ORIENTERINGSKLAG	1	1:05:31						1:05:31			
Aasen, Marte Marie		1	1:40:12					1:40:12				
Antall deltatt				521	411	529	472	553	568	587	482	215